



Grayhawk Flight

April 2022

Inside:

*The Return of Grayhawk's
Most Popular Spring Events*



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Grayhawk Community Association

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7940 E. Thompson Peak Pkwy.
Suite 102
Scottsdale, AZ 85255
www.grayhawkcommunity.org

Phone
(480) 563-9708

Fax
(480) 563-9709

Talon Guardhouse/Roving Patrol
(480) 502-7685

Raptor Guardhouse
(480) 502-5078

Hours of Operation
Monday - Friday
8:00 am - 5:00 pm

GRAYHAWK STAFF



Stacey Harvey
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Richard Dearo
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rdearo@ccmcnet.com



Chantel Martin
Maintenance Assistant



Martha Castaneda
Maintenance Assistant

Manager's Corner



As the summer approaches, many of you will be spending time away from your Grayhawk home. Please be sure to have someone keeping an eye on your property. The Grayhawk Community Association (GCA) office also frequently is notified of a vacant house during the summer with an irrigation leak, monsoon damage or safety concern. Please make sure the association has accurate phone numbers or emergency contact information in our homeowner records. Homeowners occasionally change their e-mail address or get a new cell phone number but forget to notify the association office. You can update your records on the Resident Information Update Form, which is available on grayhawkcommunity.org, or by calling the office at 480-563-9708.

If you are gone this summer, please consider having a landscaping service take care of your yard. The summer months are the prime growing season in the southwest desert and yards that are not looked after can become overgrown and filled with weeds in a short period of time. Also, overgrown desert trees like the mesquite and palo verde, that are not routinely trimmed or crown thinned can become top heavy and are susceptible to being blown over during our summer monsoon storms. If a tree is blown over during a storm, the damage to the tree's roots often requires that the tree be removed.

We do our best to keep businesses from soliciting throughout Grayhawk, however, occasionally some business information is left on front or garage doors. Leaving this type of information on a door for an extended period of time can identify a house as vacant to a potential thief. By making sure someone is looking after your Grayhawk house while you are away, and by looking after each other's homes all year long, we can continue to make Grayhawk a safe and well cared for community.

On another note, I would like to thank all of you who voted in this year's Board elections and congratulate the candidates who were elected to serve on the Grayhawk Community Association and Retreat Village Association Board of Directors. I look forward to working with all of the Board members in our efforts to continue to improve this wonderful community.

Stacey Harvey
Grayhawk Community Manager

GRAYHAWK ADVERTISING

The Grayhawk Community Association (GCA) offers advertising as a service to our community and does not support or endorse the products, persons or services advertised in the Flight. GCA shall not be held liable or responsible for any misleading or incorrect advertising.

BOARD MEETINGS – APRIL 2022

Board meetings are open to residents and we encourage you to attend. Your involvement does make a difference!

Grayhawk Board of Directors

Monday, April 11 at 5:30 p.m. Call the GCA Office at 480-563-9708 for more information. grayhawk_board@grayhawkcommunity.org

Grayhawk Board of Directors Executive Session Meeting

Monday, April 11 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

Retreat Village Board of Directors

Monday, April 11 following the GCA Board meeting. Call the GCA Office at 480-563-9708 for more information. retreat_board@grayhawkcommunity.org

Retreat Village Board of Directors Executive Session Meeting

Monday, April 11 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

COMMITTEE MEETINGS

Communications Committee

Call Jennifer Sheets at 480-563-9708 for more information.

Event Planning Committee

Call Sarah Van Duyne at 480-563-9708 for more information.

Landscape Committee

Call Stacey Harvey at 480-563-9708 for more information.

Operational Review Committee

Call Stacey Harvey at 480-563-9708 for more information.

Architectural Review Committee

Tuesday, April 5 and 19 at 4:30 p.m. Call Ashley Scott at 480-563-9708 for more information.

OTHER ASSOCIATIONS

Avian Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

Cachet at Grayhawk Condominium Association Meeting

Call FirstService Residential at 480-551-4300 for details.

Crown Point Board Meeting

Call Ashley Scott at 480-563-9708 for details.

Edge Condominium Association Board Meeting

Visit www.theedgegrayhawk.com or call 480-584-4647 for details.

Encore Condominium Association Board Meeting

April 14 at 6 p.m. via Zoom. Call Amcor Property Professionals at 480-948-5860 for details.

Tesoro Condominium Association Board Meeting

Call Kinney Management at 480-820-3451 for details.

Venu Condominium Association Board Meeting

Call Vision Community Management at 480-759-4945

Village at Grayhawk Condominium Association Board Meeting

Call FirstService Residential at 480-551-4300 for details.

Vintage Condominium Association Board Meeting

Call Associated Property Management at 480-941-1077 for details.

Grayhawk Community Association Board Members

David Van Omen
President

Paul Alessio
Vice President

Richard Zielinski
Secretary

Jeanette Griswold
Treasurer

Lou Ender
Director

Derek Moore
Director

Don Morse
Director

Retreat Village Association Board Members

Arlene Smith
President

Michael Loya
Vice President

Marcia Thompson
Secretary

Don Morse
Treasurer

Steve Berk
Director

VISION

Grayhawk: a Sonoran Desert home to vibrant southwestern living with an uncommon commitment to community.

MISSION STATEMENT

Grayhawk Community Association strives to enhance quality of life and community strength through inclusion, participation and pragmatic stewardship of human, financial and environmental assets.



Grayhawk Master Association Board of Directors Meeting – March 7, 2022

Homeowner Forum

Pat Seago mentioned a water main break at Pima Rd. and Thompson Peak Pkwy. Staff noted that they were alerted to the break by the City of Scottsdale and an email went out to the community.

Tim Mouer inquired about the status of the Covenants Coordinator position that is currently open. Staff is interviewing potential candidates and hoping to fill the position soon.

Development Committee

Paul Alessio stated that Chula Seafood is scheduled to open next to Local Bistro.

Derek Moore asked what retail was going in near Cavasson. Paul Alessio responded, stating that there are four retail spaces available but nothing has been leased yet.

Don Morse commented that trees along Hualapai Rd. have been marked for removal, however there is no update on the road widening project.

Operational Review Committee

Richard Zielinski reported that a Garda representative attended the meeting. Garda is nearly fully staffed at Grayhawk.

Retreat Village street repair is needed and will move forward after the guardhouse remodel.

The GCA board previously approved the purchase of a speed-trailer from RU2 Systems for \$19,054.25. In January, management was notified the company had been acquired and was not able to fulfill our order. The committee reviewed two alternative options.

One of the systems would interface with the current ABDI gate access system, however, that system is much lighter and it would be more difficult to get service techs on property for any potential repairs. The committee is recommended Stalker, which does not interface with ABDI but does have advanced electronics. A service representative will also be in Arizona every two weeks.

Landscape Committee

Arlene Smith reported that on February 22 the committee toured the property. DLC representatives pointed out one saguaro in The Park and two in the Retreat Village that are leaning.

The committee also looked at the turf reduction and curbing installed at Firenze. The committee selected a location for a bench now that there is room.

Committee members also looked at the planting that had been done at Firenze and Los Vientos monuments.

The committee envisioned a new program in which residents can donate plant pups to the Association to use in common area. Arlene Smith and Victoria Kauzlarich recorded a video that has been shared via the Buzz. An article also ran in the Grayhawk Flight in March.

Pinnacle residents are asking for a few projects, including the installation of another pet station and tree removal.

Arlene stated that some perimeter walls are showing signs of water damage, which is primarily due to water on the residents' side of the walls. The committee will work with management and DLC to form a plan for addressing damage.

Community Enhancement Committee

Stacey Harvey reported that the committee did not meet.

Event Planning Committee

Sarah Van Duyn shared that East Coast Joe's food truck had been very successful. The owners of the truck believe they broke a record for preorders.

The Daddy Daughter Dance did move forward despite lower than usual attendance. There were just under 90 that enjoyed food, dancing and lots of fun in the greenbelt.

Curbside Bicycles started with three bike repair dates and ended up doing six dates to accommodate the demand.

Upcoming events include the Garage Sale, Easter Egg Hunt, and Family BBQ and Movie Night.

Communications Committee

Jennifer Sheets reported that the guardhouse remodel portion of the website is live. A postcard with a QR code linking to the website has been mailed to residents.



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The Plant it Forward video is on our YouTube channel and a special page has been created on the website with more information about the program.

The Meet the Candidate videos have been very well received. Candidate information has been emailed and mailed to homeowners.

The Board reviewed current Covid numbers and determined that the rooms could be reopened to rentals and groups.

Architectural Review Committee

Paul Alessio reported that there were 12 submittals for the February 15 meeting and 11 for the March 1 meeting.

The committee is still reviewing new paint colors, but is about halfway through the community.

Budget/Finance Committee

Jeanette Griswold reported that the committee did not meet.

Executive Committee

David Van Omen reported that quorum for both the GCA and RVA had been reached very quickly and there are approximately two times more votes received than in 2021. There has been a lot of positive feedback regarding electronic ballots.

New Business

LaBarre/Oksnee Insurance is the current insurer for the Grayhawk Community Association and has provided a revised renewal option for review. They are proposing the board approve the modification listed below at a cost savings of \$12,328 I 33%.

Currently, the association has a \$10MM GL limit with a \$15MM Umbrella extending the coverage, making a total of \$25MM. The underwriter proposed that for this renewal, we instead lower the GL limit to \$1MM increase the Umbrella to \$25MM. With this change, there would be significant premium savings plus the overall General Liability and D&O limits would be increasing.

A motion was made and approved to accept the 2022-2023 insurance renewal packet submitted by LaBane/ Oksnee Insurance.

A motion was made and approved to purchase a new speed trailer from Stalker for \$25,306.06 to be funded by the Community Enhancement Fund.

A motion was made and approved to accept the ZMR Custom Fabrication proposal for fence repair of five view fence panels, one exit gate panel and repainting at a cost of \$5,712.83.

DLC Resources submitted a proposal for \$4,250.00 to contract with Copperstate Engineering for opinion on the drop basin located behind the water treatment plant in the Deer Valley wash. The basin fills with silt rapidly and has standing water causing potential hazards. This basin requires pumping after each rain event to remove the standing water and will require scheduled silt removal.

A motion was made and approved for DLC Resources to contract with Copperstate Engineering at a cost of \$4,250.00.

Per the recommendation of Pavement Maintenance Information Source (PMIS) in their street maintenance report, the streets in the Pinnacle neighborhood are recommended to be crack sealed and seal coated in 2022. Management presented a proposal from Sunland Asphalt, which exceeds the amount funded through the reserve.

The Board of Directors asked management to take the proposal presented by Sunland Asphalt to negotiate a lower cost and to request a second proposal from Roadrunner Asphalt.

A motion was made and approved to move the April Board Meeting to April 11.

Treasurer's Report

Jeanette Griswold reported that she did not yet have the full financials. There is \$2,970,875 in the GCA Community Enhancement Fund. In January, there was a total contribution of \$43, 987 to the Community Enhancement Fund, an increase of 47% over this time in 2021.

Management Report

Stacey Harvey reported staff is working to fill the open position.

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floo-id YOGA in the Park

Sat., April 9 from 9 a.m. to 10 a.m.

Grayhawk Greenbelt at 78th Way and 78th Pl

Park at 7940 E. Thompson Peak Pkwy.

floo-id YOGA is a locally owned boutique yoga studio right off the 101 and Scottsdale Road, located in the same plaza as Whole Foods. They offer a wide variety of classes to accommodate all ages and skill levels to help you become a better version of yourself and has proven to aid in a healthier, physically fit and less stressful lifestyle. floo-id has been kind enough to host a class at no cost just for Grayhawk residents! This is a great way to clear your mind and social distance while exercising. Just bring your mat, a can-do attitude, and your body will do the rest. The class will take place in the narrow beginning section of the greenbelt that starts at the tunnel under the Thompson Peak Pkwy. and Hayden Rd. intersection. Walk or bike over, or park in the Offices at Grayhawk parking lot and head down to the greenbelt from there. Register in advance at www.grayhawkcommunity.org.



Food Truck Night - Mediterranean Majik

Thurs., April 14 from 5 p.m. to 7 p.m.

Grayhawk Greenbelt at 78th Way and 78th Pl, Park at 7940 E. Thompson Peak Pkwy.

Leave the cooking to the professionals and pick up dinner for the whole family from Mediterranean Majik. Walk, bike or drive down to the greenbelt to pick up loaded gyro fries, a gyro, pita, or delicious baklava. There will be no parking on the street. Please park in the offices at Grayhawk parking lot located at 7940 E. Thompson Peak Pkwy. And take the sidewalk path to the greenbelt. Then feel free to enjoy your goodies under shade trees in the greenbelt or while walking the path with family and friends. Check out the Mediterranean Majik menu ahead of time: <https://medmajikfoodtruck.com>.

Easter Egg Hunt

Sat., April 16 - Check in begins at 9:30 a.m.; Event from 10 a.m. to 12 p.m.

Grayhawk Greenbelt at 78th Place/78th Way

Dig out the baskets and Easter attire and join us for the Annual Grayhawk Easter Egg Hunt. Kids will enjoy games and music from DJ Eric, bounce houses, face painting and balloon twisting, Kona Ice, crafts, and so much more! The Easter Bunny will even make an appearance! Check-in starts at 9:30 a.m. Different from years prior, we are staggering the hunt times for our three age groups that will hopefully be best for all children and parents participating. Details will be lined out in an informative email prior to the event. Don't miss the most popular event of the year. Register at www.grayhawkcommunity.org by April 11. Cost to participate is \$10 per child and free for adults. There will not be any walk-up registrations allowed at this event. Thanks to DLC Resources, John Doering realtor with My Home Group and creator of Scottsdale Living, Impact Physical Therapy and Wellness, Nick Livingston with Sun Services USA, Jeremy Mueller with State Farm, Kathy Craig skin care consultant with Rodan + Fields, Kelly Saindon with BISHOLOGY, and Jena Ritchie- doTerra Wellness Advocate and International Leader for sponsoring this memorable event.



Spring Mingle Happy Hour

Wed., April 20 from 5 p.m. to 7 p.m.

Isabella's Kitchen

Join your friends and neighbors for a fun happy hour and spring celebration! Enjoy live music from the Austin Carthel Band, great food and drinks and beautiful spring weather. This is a great opportunity to get out and mingle with some Grayhawk neighbors you haven't seen in a while. Cost is \$15 per person and includes one drink and a limited supply of appetizers like Izzy's famous bruschetta, hand crafted pizzas, and veggies/hummus. A cash bar will be open for additional purchases for the duration of the event and you are welcome to order additional food. . Thanks to David Van Omen and Andrew Bloom of Keller Williams NorthEast Valley for sponsoring the first drink. Register at www.grayhawkcommunity.org by April 15.

Earth Day Art in the Park

Sat., April 23 from 10 a.m. to 11:30 a.m.

Greenbelt at 78th Pl. and 78th Way

Get out and enjoy earth day with our neighbors while doing something great for the environment. Register online to decorate a flower pot and plant beautiful flowers. The best part is that you will get to take the potted flower home with you! Meet in the greenbelt behind the GCA Office. All supplies are included and cold waters will also be available. Register at www.grayhawkcommunity.org by April 20.

Adopt-a-Road Clean up

Sat., April 23 from 8 a.m. to 10 a.m.

Meet at the GCA Office, 7940 E. Thompson Peak Pkwy. #102

CALLING ALL VOLUNTEERS!! In an effort to keep our community beautiful, we are looking for volunteers to help us on this clean-up day. The City of Scottsdale will provide all volunteers with gloves, trash bags, safety vests, and cold waters. We will not be in the road so all litter pick up will be on the property beyond the curb. We will meet in the GCA office at 8 am, go over some quick instruction, and then will start walking the trails along Hayden Road north of Thompson Peak Parkway. The walk will be approximately 1 mile each direction, a little over two miles in total after both sides of the road are cleaned. All volunteers 17 years of age and under must come with a guardian. This is a great way to complete community service hours for school. We are only able to accommodate the first 15 volunteers who register. All others will be encouraged to sign up for the next chosen date in the fall. Register to participate at www.grayhawkcommunity.org.

Ladies Bunco

Weds., April 27 at 6 p.m.

Talon Retreat - Peregrine Pool

Join neighbors for a night of food, drinks and Bunco! Never played before? Don't worry! It's an easy dice game- all you need to know is how to roll dice and count! We'll do a quick lesson before we get started. All you need to do is bring yourself and pay \$5 exact cash to the office by 5 p.m. on April 22. Your \$5 will go into the pot for cash prizes at the end of the night. Register at www.grayhawkcommunity.org by April 22 to save your seat. Spots are limited, so register early! Appetizers and wine will be provided by our sponsors Kathy Craig, skin care consultant with Rodan + Fields, and Kelley Carter, Realtor with KELLEYSFINEHOMES@ My Home Group.

Family BBQ & Movie Night

Fri., April 29 at 5:30 p.m.

Grayhawk Neighborhood Park, On 76th St. between

El Dorado Private School and Grayhawk Elementary School

Grayhawk Family BBQ is back in full swing! Come prepared to enjoy a night full of family fun including live music, caricature drawings, magician- John Fitzsimmons, bounce houses, crazy rides and more! Enjoy free hotdogs, chips, drinks, s'mores, and a showing of the new animated Disney movie, Encanto, on a giant 50' screen, complete with popcorn to top off the festivities. Don't forget to bring chairs or blankets to sit back, relax and enjoy the beautiful spring weather and live music. This event is free, but you must register by April 25 at www.grayhawkcommunity.org. Thanks to David Van Omen and Andrew Bloom of Keller Williams NorthEast Valley, Jeremy Mueller with State Farm, Mo Hamideh with Homeowners Financial Group, Kathy Craig- Skin Care Consultant with Rodan + Fields, Jena Ritchie- doTerra Wellness Advocate and International Leader, Impact Physical Therapy and Wellness, Nick Levingston with Sun Services USA, DLC Resources, and Sunland Asphalt for sponsoring yet another fantastic community event.



Yoga for Golfers with Tina Uphoff

Sat., April 30 from 9 a.m. to 10:15 a.m.

Grayhawk Greenbelt at 78th Way and 78th Pl, Park at 7940 E. Thompson Peak Pkwy.

Join Yoga For Golfers® Certified Instructor, Tina Uphoff, in this powerful 75-minute clinic that applies yoga-based physical and mental conditioning to the biomechanics of your golf swing to consistently create more power and distance in your game. This class is perfect for golfers of all ages and all abilities. No previous yoga experience is necessary. Just bring your yoga mat, one of your iron golf clubs and water for hydration. The clinic will take place in the narrow beginning section of the greenbelt that starts at the tunnel under the Thompson Peak Pkwy and Hayden intersection. Tina is a Grayhawk resident and certified yoga instructor and personal trainer. Please feel free to contact Tina directly for questions at 612-720-3596. Cost of the clinic is \$25 per person. Space is limited. Register at www.grayhawkcommunity.org by April 22 to reserve your spot. Class must be pre-paid via Venmo or in cash at the GCA Office. Email svanduyne@ccmcnet.com to receive Venmo handle.

SAVE THE DATE

Mother's Day Craft Kit

Craft Kit pick up day - May 4

Not sure what to get Mom for Mother's Day? We have created a fun and crafty kit for the kits to enjoy putting together and for Mom to enjoy receiving! Register for a sweet Mother's Day craft that is sure to bring smiles on her special day. Kits will be available for pick up in the GCA office on May 4 from 8 a.m.-4 p.m. and will have all supplies included. Supplies are limited and these kits are sure to go fast. Register at www.grayhawkcommunity.org by May 2 to reserve your kit.

floo-id YOGA in the Park

Sat., May 14 from 9 a.m. to 10 a.m.

Grayhawk Greenbelt at 78th Way and 78th Pl

Park at 7940 E. Thompson Peak Pkwy.

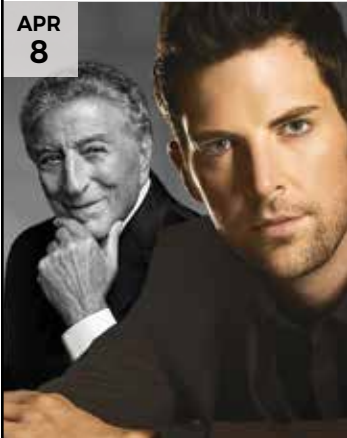
floo-id YOGA is a locally owned boutique yoga studio right off the 101 and Scottsdale Road, located in the same plaza as Whole Foods. They offer a wide variety of classes to accommodate all ages and skill levels to help you become a better version of yourself and has proven to aid in a healthier, physically fit and less stressful lifestyle. floo-id has been kind enough to host a class at no cost just for Grayhawk residents! This is a great way to clear your mind and social distance while exercising. Just bring your mat, a can-do attitude, and your body will do the rest. The class will take place in the narrow beginning section of the greenbelt that starts at the tunnel under the Thompson Peak Pkwy and Hayden intersection. Walk or bike over, or park in the Offices at Grayhawk parking lot and head down to the greenbelt from there. Please register online prior to class at www.grayhawkcommunity.org to help us coordinate with the instructors.



Arizona Musicfest

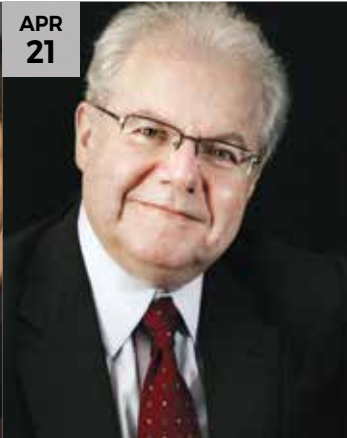
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Country Concert in the Park - Featuring: The Shari Rowe Band

Sun., May 15 from 4 p.m. to 6 p.m.

Grayhawk Greenbelt at 78th Way and 78th Pl

Park at 7940 E. Thompson Peak Pkwy.

We are thrilled to invite the Shari Rowe Band to Grayhawk for an epic Concert in the Park. Shari is an Arizona native who is quickly becoming a rising star not only in the Valley but across the country and in Nashville. She has a reputation of combining classic country with some bluegrass elements and has recently been teamed up to perform with legends like Reba McEntire, Barry Manilow, Diamond Rio, and Wynona Judd. Don't miss your chance to see her right here in your own neighborhood! Shari will be covering some fun country classics along with originals from her own album. Cost to participate is \$5 per person. Food trucks will also be on site with food available for purchase. Bring chairs, blankets, coolers, and whatever else you need to sit back, relax and enjoy the Concert in the Park. Register at www.grayhawkcommunity.org by May 11. Thank you to Kathy Craig- Skin Care Consultant with Rodan + Fields, Jena Ritchie- doTerra Wellness Advocate and International Leader, Kelley Carter, Realtor with KELLEYSFINEHOMES@ My Home Group, and Impact Physical Therapy and Wellness for supporting this event.

Lou Malnati's "Pizza By Me" Class

Thurs., May 19 from 5:30 p.m. to 7:30 p.m.

Lou Malnati's Restaurant, 17787 N Scottsdale Rd.

When life gives you tomatoes, make deep dish pizza! Considered by many the oldest family name in Chicago pizza, Lou Malnati's is as rich in history as its cuisine is in flavor. Guests will learn the art of creating the perfect deep dish and take an exclusive look behind the scenes in the kitchen at the famous restaurant. After watching your very own creation go into the oven, you will get to enjoy an assortment of Malnati's salads, bruschetta, calamari, and enjoy bottomless beer, wine and soft drinks! Beer and Wine selection will be emailed to registered participants. To make this even more tempting, the event will end with your very own chocolate chip cookie pizza dessert. Cost to participate is \$60 per person and will be paid at the end of the event with card or cash. Space is limited to 30 people. Register at www.grayhawkcommunity.org by May 16.



Grayhawk Nerf Battle

Sat., May 21 from 9:30 a.m. to 11:30 a.m.

Grayhawk Greenbelt located at 78th PL. and 78th Way

Park at 7940 E. Thompson peak Pkwy.

Kick-Off your summer with an exciting Nerf battle at the Grayhawk greenbelt! Battle it out with your friends and neighbors on one of two obstacle fields. The Nerf guns used are both safe and fun, and provide an exciting reason for kids to put down the game controllers and get outside. Kids will experience many variations of nerf games during the event. Battle Party Events will provide the latest blasters, but kids can also bring their own if they wish! Kids will be divided up into teams and we will have two separate fields for two age groups depending on number of registrations. Parents will even get the chance to battle it out with their littles during this event. Cost to participate is \$10 per child. Event is from 9:30-11 a.m and a pizza lunch will be served at the end of the event. Guests are welcome to register with residents at this event. Register at www.grayhawkcommunity.org.

Curious about the development on the northwest corner of Loop 101 and Hayden Rd.?

The 134-acre Cavasson project is anchored by Nationwide Insurance, a five-story building for Choice Hotels International's technology headquarters and a six-story parking structure. A Hilton resort-style hotel, retail and restaurants are currently underway. Learn more about the project by visiting their website at cavasson.com.



Fed wildlife is dead wildlife

By Ferney Kuykendall, Halcon Villas

In 2006, the Arizona Legislature passed a “no feeding” law for the safety of people, as well as the safety and health of wildlife. It is illegal to feed wildlife, except birds and tree squirrels in Maricopa county. **Note:** there are no tree squirrels in Maricopa county, only ground squirrels.

Wildlife encounters around your home can be enjoyable, but at times may be cause for concern. Feeding causes habituation. When fed, some animals can become a nuisance or even aggressive. If this happens, the animal must be removed at great expense and dire consequences for the animal. You can do these animals a great favor by going out of your way to discourage them. If they keep their natural fear of humans, they are less likely to

become a nuisance and more likely to live a longer and healthier life.

Habituated animals often become too comfortable around people, allowing them to get close, which can result in scratches and bites. This can result in removal by wildlife officials.

Animals may get hit by cars while crossing roads to forage at people’s homes.

Animals that eat an improper diet can suffer from obesity, malnutrition, heart disease, diabetes, kidney disease, rickets, metabolic bone disease, and much more.

Feeding wildlife can also promote spreading diseases between animals, and from animals to people and their pets.



Photos courtesy of Ferney Kuykendall



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Lyons

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Kathleen Prokopow



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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

WHO TO CALL

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GRAYHAWK ASSOCIATION (480) 563-9708

SCOTTSDALE POLICE (480) 312-5000

						1
3	4	5 ARC Mtg. 4:30 p.m. GCA Office	6	7	8	9 Yoga in the Park 9 a.m. Grayhawk Greenbelt
10	11 GCA and RVA Board Mtgs. 5:30 p.m. GCA Office	12	13	14 Food Truck Night 5 p.m. Grayhawk Greenbelt	15	16 Easter Egg Hunt 9:30 check-in Grayhawk Greenbelt
17	18	19 ARC Mtg. 4:30 p.m. GCA Office	20 Happy Hour 5 p.m. Isabella's Kitchen	21	22	23 Adopt-A-Road 8 a.m. GCA Office Earth Day Art 10 a.m. Grayhawk Greenbelt
24	25	26	27 Ladies Bunco 6 p.m. Peregrine Pool	28	29 Family BBQ & Movie Night 5:30 p.m. Neighborhood Park	30 Yoga for Golfers 9 a.m. Grayhawk Greenbelt



Trash and Recycling Reminder

Every week, Grayhawk residents roll out their trash and recycle cans to the street to be picked up by the City of Scottsdale garbage collectors. But did you know that you could be leaving your bin out in the wrong spot and breaking the law?

Many residents rely on wheelchairs to get around. Unfortunately, they sometimes run into trash and recycle bins that make it impossible to get through the neighborhood on the sidewalks. Those obstacles force anyone with a wheelchair, stroller, etc. to go into the street, which pose an obvious threat to their safety. Often times, even those simply walking down the sidewalk face the same problem. So while you may never have considered the importance of your trash and recycle bin placement, it has become a safety issue for many of our neighbors.

Please observe the City of Scottsdale guidelines regarding trash/recycle collection as outlined below:

- **Place your container on the street with wheels against the curb by 5:00 a.m. on collection days and remove it the same day**
- Keep your container at least four feet from parked cars, mailboxes and other obstacles that may prevent city crews from picking it up
- Don't overfill your container – the lid must close per Maricopa County Health Department standards
- If your city-owned container needs repair, please call 480-312-5600 or email Scottsdale Solid Waste



FAMILY BBQ AND MOVIE NIGHT

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Grayhawk Resident Volunteer Committees

Grayhawk has various resident volunteer committees that help facilitate processes, programs, and more within the community. All are incredibly vital in our work together to make Grayhawk a great place to live. Learn more about the committees below and how you can get involved.



Architectural Review Committee

Meets the first and third Tuesday at 4:30 p.m.

This committee is governed by the guidelines and standards set forth in the CC&Rs. The committee is responsible for reviewing and approving architectural submittals for exterior modifications to the properties in Grayhawk. For more information, contact Ashley Scott at ascott@ccmcnet.com.

Budget Finance Committee

Meets quarterly

This committee works with management staff to review the financial status of the GCA and RVA and recommend the budget for the coming year. The committee also advises the Board of Directors on the investment of association funds, oversees the annual audit and assures that the financial procedures and processes enacted by the on-site management team and CCMC are correct. For more information, contact Stacey Harvey at sharvey@ccmcnet.com.

Communications Committee

Meets the second Tuesday at 2:30 p.m.

This committee assists the Board of Directors in informing residents of the purpose of the Grayhawk Community Association, its activities and events toward the larger goal of community building. The committee plans and reviews ongoing communications efforts, including the website, magazine, email newsletters, and social media. For more information, contact Jennifer Sheets at jsheets@ccmcnet.com.

Community Enhancement Committee

Meets on an Ad Hoc basis

This committee identifies, reviews and recommends potential community enhancement projects to the Board of Directors. The committee also oversees the Condominium Community Enhancement project. For more information, contact Ashley Scott at ascott@ccmcnet.com.

Development Committee

Meets on an Ad Hoc basis

The purpose of this committee is to help the Board of Directors and residents stay informed about new development in and around Grayhawk. For more information, contact Stacey Harvey at sharvey@ccmcnet.com.

Event Planning Committee

Meets the second Monday at 3:00 p.m.

This committee assists the Lifestyle Director with developing the community's social program, implementing and evaluating events and activities, and acting as an organized volunteer force to produce and facilitate events, programs and activities. For more information, contact Sarah Van Duyne at svanduyne@ccmcnet.com.

Landscape Committee

Meets quarterly

The committee works to ensure that the GCA and RVA are meeting landscape responsibilities in common areas as outlined in the governing documents. The committee monitors DLC Resources' work, making recommendations for improvements to the Board of Directors. For more information, contact Ashley Scott at ascott@ccmcnet.com.

Honoring High School Seniors



We want to show your high school senior some Grayhawk love.

We will be featuring a "Grayhawk High" section in the May issue of the Grayhawk Flight. If you have a senior, send a recent photo and brief bio (no more than 120 words) to Jenn at jsheets@ccmcnet.com by no later than April 8. We'd love to share their story with their neighbors!



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Our Desert, Our Home: Potting Resilience

By Victoria Kauzlarich, Volare

It makes me sad to see potted annuals struggling to survive in our desert climate. Their thread-like roots just don't stand a chance here.

It's true that they're able to survive for awhile in the winter. But why go through the effort to keep them alive when desert plants are easier, grow year round and are way more rewarding - like these blue Agave in their brown pots?

None of our local conditions favor annual flowers in pots. At least, not for long.



Agaves Make Ideal Potted Plants

Why Potted Plants Die

Many plants that are widely available here are ill-suited to our climate. You can get around this for awhile by watering the heck out of such plants, but it will always get too hot for them to survive.

Annuals have delicate root systems that require lots of water and, in the desert, they require more water than ever because they often have larger leaves (I'm talkin' to you, Geraniums!). Leaves with large surface areas release a LOT of moisture - all the time.

Remember our old friend evapotranspiration? You'll recall that people perspire and plants transpire. The evaporation part of this expression spells doom for dirt. Our hot temps and low humidity cause dirt in pots to dry out quickly.

Another reason for premature plant death is the size of the pot. If the pot is small, the soil will quickly evaporate and, if that weren't enough, the soil will get cooking-temperature hot as soon as spring. A delicate annual in a pot too small doesn't stand a chance.

Let's flip the script. How can we ensure success for us and for our plants?

Right Plant

Take a cue from your landscape or the plants in our common areas. What does well here? Agave and Aloe are good places to start.

So is the Pencil Cactus pictured here; give this one a bit of shade and it will be happy for a long time to come.

When making your choices, stick to native or desert-adapted plants. These are often labeled as "water-wise" in garden centers. Look again at how lovely the blue hue of the agave look against those brown pots, above. This is a perfect year-round combination that will never let you down.

The Blue Elf Aloe is also another good choice. It readily produces off-sets or pups and will fill an area, leaving you with many opportunities to plant some in pots. Give these as gifts to friends or, better yet, give them to Grayhawk's landscaper, DLC.



Tall Pencil Cactus, Tall Pot

The Right Dirt

It's time to come clean about dirt. I don't like cactus mixes because they don't retain moisture. That doesn't sound right, does it?

Desert plants prefer to be deluged with water followed by a period that lets them dry out. The dirt involved in this process needs to keep the roots at a "damp-sponge" level of moisture. Most cactus mixes include too much peat moss which prevents moisture retention. The solution? Mix your own dirt.

Now, now. Come back and sit down. This is easy.

Buy a bag of perlite and a bag of regular potting soil (with no added fertilizer) and mix them to roughly 1/3 perlite and 2/3 potting soil.

You're not baking a cake, so the measurements needn't be exact. When you're done mixing, the soil should feel, well, fluffy. This fluffiness allows the water to go right through it. The plant's roots will catch the water they need as it goes rushing by. The residual moisture will produce that "damp sponge" effect that desert plants love.

The Right Pot

Desert plants require pots to be bigger than you might think. The pot needs to hold enough dirt so that the plant's roots are insulated from the heat.

Better too big than too small. Desert plants have chunky root systems that need a lot of dirt around them. If you don't prune back their roots occasionally, they can easily outgrow their pots.

Is this Agave planning an escape?

Plants struggle to survive in pots for all kinds of reasons but mostly because of the choices we humans make. Make different choices. You'll be happier and so will your plants.

ICYMI

Did you see the GCA video on how to propagate desert plants? In case you missed it, here's the YouTube link:

<https://bit.ly/3HqkkmO>

Or, if you prefer, go to YouTube and type "Plant it Forward: Propagating" in the search box.



Blue Elf Aloe





HEALTHY HINTS: The Benefits of Yoga for Your Golf Game

By Tina Uphoff, Grayhawk resident, Certified Personal Trainer, Yoga Teacher, Yoga for Golfers Instructor & Health Coach

Yoga has become one of my most efficient and effective workouts over the years for improving my overall strength and fitness level. Since then, I have become more mindful, and I have cultivated a greater sense of calm in today's busy world. I recently finalized two yoga certifications including my 200-hour yoga teacher trainer and a yoga certification specific to golfers. I'm a firm believer in the benefits of doing yoga and am passionate about sharing the practice with others. However, there are many barriers to starting to practice yoga, so I have highlighted some key benefits and misconceptions of yoga, as well as common types of yoga to get you started.

Last month, I focused on the key benefits and misconceptions of yoga. This month's article is an extension of the yoga topic but focuses on golfers, especially since this is such a popular sport within the Grayhawk community. As we age, we lose muscle and flexibility, which often results in injuries and loss of mobility. As a golfer, the primary goal of adding yoga to your fitness routine is to improve your game and continue to play longer.

Living with an avid golfer, and golfing myself, I have developed an appreciation of the common strains that golf can place on the body. More specifically, during a golf swing, a golfer is required to execute an explosive movement from a static position in under two seconds. Therefore, having the proper warm-up, as well as the proper level of strength and flexibility, is important.

With the proper yoga sequence and poses, yoga for golfers is targeted to:

- Quiet the mind with proper breathing techniques to achieve focus and relaxation.
- Achieve body symmetry, balance, and alignment through the golf swing to increase power.
- Enhance flexibility and core development to improve mobility, strength, power, and endurance.

The most commonly injured area for a golfer is the lower back. One key way to minimize the risk of an injured back during golf is to strengthen the core muscles. Therefore, I have provided a couple of key yoga poses pulled from Katherine Roberts' *Yoga for Golfers* book¹ that focus on core strength.

Please take note of the following prior to doing the exercises:

- Be sure to consult with your physician that you are able to do exercise, especially if you have an existing injury.
- Before you begin any core exercises, be sure to draw the naval toward the spine and engage the buttocks as this will help support the lower back.
- Be sure to take these exercises slowly to prevent possible injury.

EXTENDED TABLE

Instructions

1. Begin on all fours and draw the navel toward the spine, providing additional support for the back.
2. Inhale and begin by lifting the right leg up, hip pointing toward the floor.
3. Exhale and slowly lift the left arm, extending through the hand.
4. For more challenge, add a crunch by bending the left arm and the right leg and bring them together under the body. (Demonstrated in this photo.)



ARTICULATING BRIDGE

Instructions

1. Bend the knees until the feet are approximately one foot from the glutes. Inhale as you press the lumbar spine towards the floor and engage the glutes.
2. Exhale as you lift the hips off the floor one vertebra at a time. Reverse the movement as you lower the glutes back to the floor.



Most golfers want to play better, stronger, and longer. Having a regular yoga practice has proven to provide so many positive benefits for a golfer to move toward those goals. Now is a great time to give yoga a try.

Have a great April,

Tina

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WINDOW REPLACEMENTS

The Grayhawk Architectural Review Committee is comprised of homeowners and consultants. They meet twice a month to review and vote on all submittals for exterior modifications to properties within Grayhawk. The committee reviews applications for everything from exterior paint to front yard landscaping, home additions to new garage lighting fixtures.

As the community has aged, the committee has started to see an influx of similar submittals, including window replacements. Window replacements can be difficult, because there are lots of options and vendors do not always understand the requirements of the community. For this reason, it's important to remember that homeowners are required to submit an application to the committee prior to any modifications. It prevents any potential issues down the road when a modification is not approved and has to be replaced.

The main goal of the Grayhawk Architectural Review Committee is for the new windows being installed to match the existing profile as much as possible. All doors and windows in Grayhawk should be recessed and not flush with the exterior wall. In addition, the window frame should be 2" or less with a stucco return.

Submittals for window replacements should include:

- Photo of exterior of the current home
- Cut sheet of the window frame from the manufacturer, including frame color
- Confirmation of window style and installation method
- Photos of similar installations with the same product

Homeowners beginning any exterior modification can visit grayhawkcommunity.org/266/Design-Review for more information on the application process. Questions can be sent to Ashley Scott at ascott@ccmcnet.com.



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Finding the Best Food Near Us

By Rob Yedor, Peregrine Vistas

My wife Tammie and I have lived in the area since moving from Chicago 22 years ago. I hope that my love of great comfort food will help you discover the best of the best dishes that are in close proximity to us and/or can be delivered to your door. Our first in a series of *Finding the Best* will focus on **Pizza**.

There are all types of pizza from deep-dish, to thin crust and a variety of spin-offs that include calzones and panzerotti's. But I'll just focus on pizza for this month's edition.

Deep-Dish

Most people think that deep-dish pizza is a Chicago exclusive, but the Detroit style deep-dish is a fabulous alternative. The best Detroit style deep-dish we've had locally came from Culinary Dropout located in the Scottsdale Quarter on the southeast corner of Scottsdale Rd, and the Greenway Hayden Loop. This is served in the shape of a rectangle and has a fairly thick, soft and chewy dough. The cheese not only goes on top of the pie, they rim the sides of the pan with mozzarella that results in a super delicious outer crust.

When it comes to the Chicago deep-dish, many pizza joints try to imitate that pie by adding a ton more dough. But the real Chicago deep-dish crust (the good ones anyway) have a thickness of less than 1/4". The term deep-dish came from the generous portions of cheese and toppings.

Our favorite without any hesitation is that from Lou Malnati's off of Scottsdale Rd. just south of Loop 101. I used to play golf in Chicago with Marc Malnati, the son of Lou Malnati, who continues to run the business with his brother. After we moved out to Arizona, myself and probably thousands of other Midwestern transplants kept after the Malnati family to expand beyond the Chicago area and come west to Arizona. Marc wouldn't budge as he told me he was concerned about quality control, being so far away. One day when one of his staff walked into his office and



showed Marc the sales figures for their frozen pizzas. It wasn't the sheer volume that impressed Marc, it was the shock of what percentage of them were being shipped to Arizona. That's when he gave his team the green light to open their first place in downtown Phoenix. We now have six locations in the valley, four of which are takeout and delivery only. The other two, including the one just down the road from Grayhawk, are full-service bar sit-down restaurants.

While they have several great appetizers, salads, a thin-crust pizza and desserts, I recommend the "Buttercrust" deep-dish pizza with whatever toppings you like. Here is a hint for delivery to your home: order the pizza half-baked and uncut so you can finish it off in your own oven and serve it fresh like you were at the restaurant. Our fave is the Chicago Classic that comes with the Buttercrust, extra cheese and Italian sausage.



Thin-Crust

Let's talk about thin-crust pizza. While there are lots of regional varieties (like California, where they use lots of fresh non-traditional toppings), I will focus on New York and Chicago thin-crust.

While Chicago is known for the deep-dish pizza, the Chicago style thin-crust pizza, when made properly, is an incredible experience. In my opinion, it's just as delicious as a good New York style pizza. So, what's the difference?

A Chicago thin-crust differs from the New York style because the Chicago pizza ingredients go all the way out to the edge of the pie. Most ingredients are under, not on top of the cheese, and the pizza is cut in squares, not pie shape. The New York slice is crispy on the edges and softer under the toppings, making it foldable. Chicago thin-crust is typically a little crispier and, because of the square cut, typically not folded. Chicago pie utilizes cheese that is a part skim, low moisture mozzarella versus whole milk buffalo style cheese used on many New York pizzas. You'll notice that the cheese on a Chicago thin-crust pie is cooked golden brown, unlike the New York pie that the cheese remains soft and gooey.

So, who's got the best in our neck of the woods? Hands down, we think Grimaldi's Pizzeria in DC Ranch has the best New York style pizza. My only disappointment with their pizza is that it doesn't travel as well as most other pies. Served fresh, it's out of this world at the restaurant, but we overcame the delivery problem by getting ourselves a pizza stone for our oven and order the pizza partially baked and uncut. We toss it in our 450-degree oven for 3-4 minutes and it's perfect. If you like pepperoni, Grimaldi's has the very best we've ever had on any pizza. Their top bananas Joey Ciolli and Eric Greenwald keep their source for pepperoni such a secret. I think they truck it in at 3 a.m. when nobody's looking.

As far as Chicago-style thin crust goes, the pies from northern Illinois, St. Louis and parts of Ohio make some of the most incredible pizzas you'll ever have. The crust is thin, but sturdy enough to hold all the toppings. My favorite near Grayhawk is the new Rosati's pizza in the Fry's Marketplace shopping center. They recently took over the old Papa Murphy's place and they are making them the way old man Rosati would have approved. I know because I worked for him and his son Rick when I was 16 years old in Mt. Prospect, Illinois. Admittedly, many of the Rosati franchisees are hit or miss. The difference between one location and another can be frustrating. But this one makes them just right. They are cooked to perfection and the ingredients are fresh and delicious.



Rob created a line of gourmet pasta sauces that sold in over 100 grocery stores across the country and appeared on local TV for 15 years as Chef Dad. If you have any questions, suggestions or input, you can reach him at Robgolfnut@cox.net.



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Important Contact Numbers

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Grayhawk Community Patrol	480-502-5078
Talon Guardhouse	480-502-7685
Raptor Guardhouse	480-502-5078
After Hours Answering Service	602-234-9288

UTILITIES

Southwest Gas	877-860-6020
City of Scottsdale Water	480-312-5650
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Fire Department Main Phone	480-312-8000
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El Dorado Private School	480-502-6878

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Arabian	480-312-6250
Mustang	480-312-6050

Grayhawk Golf Club	480-502-1800
Boys and Girls Club, Thunderbirds	480-538-9547
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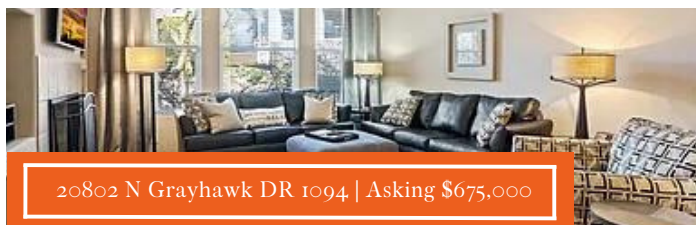


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