

Grayhawk Flight

August 2021

Inside:

*Father's Day
Contest Winners*

*Grayhawk Elementary
welcomes new Principal*

**WE HAVE
CASH
BUYERS
PAYING
TOP PRICE**

GRAYHAWK'S TOP 10

JUNE 2021 TOP 10 GRAYHAWK HOME SALES

ADDRESS	PRICE	BD	BA	SF	\$/SQFT
21688 N 81st Street Scottsdale AZ 85255	\$2,900,000	4	5	5,797	\$500.26
7502 E Nestling Way Scottsdale AZ 85255	\$1,300,000	5	2.5	3,705	\$350.87
7646 E Rose Garden Lane Scottsdale AZ 85255	\$979,000	4	2.5	3,081	\$317.75
7928 E Quill Lane Scottsdale AZ 85255	\$950,000	3	3	2,715	\$349.91
21136 N 74th Place Scottsdale AZ 85255	\$950,000	3	2.5	2,677	\$354.87
7325 E Gallego Lane Scottsdale AZ 85255	\$850,000	4	4	2,483	\$345.10
7435 E Rustling Pass Scottsdale AZ 85255	\$785,000	3	2	1,804	\$435.14
20750 02 N 87TH Street Unit 2125 Scottsdale AZ 85255	\$750,000	3	2	1,825	\$410.95
20750 02 N 87TH Street Unit 2125 Scottsdale AZ 85255	\$725,000	3	2	2,101	\$345.07
20750 02 N 87TH Street Unit 2125 Scottsdale AZ 85255	\$715,000	3	2	1,825	\$391.89

Market Update compiled with ARMLS data 6/1/2021-6/30/2021

**THE MARKET IS HOT!! WE HAVE BUYERS FOR YOUR HOME NOW!!
CALL US TODAY AT 480-999-3238**



7435 E Rustling Pass Scottsdale AZ 85255
3 Bed | 2 Bath | 1,804 Sqft | Grayhawk | Owner Agent
SOLD FOR \$785,000



19777 N 76th Street Unit 1349 Scottsdale AZ 85255
2 Bedroom | 2.5 Bath | 1,273 Sqft | Venu at Grayhawk Condominium
SOLD FOR \$328,000



Austin Bloom
Director of Expansion,
REALTOR®



David Van Omen
Associate Broker,
Senior Partner



480-999-3238 | www.BVOLuxuryGroup.com

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Our Home

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Grayhawk Community Association

Professionally Managed By



7940 E. Thompson Peak Pkwy.
Suite 102
Scottsdale, AZ 85255
www.grayhawkcommunity.org

Phone
(480) 563-9708

Fax
(480) 563-9709

Talon Guardhouse/Roving Patrol
(480) 502-7685

Raptor Guardhouse
(480) 502-5078

Hours of Operation
Monday - Friday
8:00 am - 5:00 pm

GRAYHAWK STAFF



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Chantel Martin
Maintenance Assistant



Martha Castaneda
Maintenance Assistant

Manager's Corner



With the 2022 budget season approaching the Budget/Finance Committee will begin the challenge of trying to keep the assessments from increasing (or increasing a minimal amount) while still providing the services and amenities that all of you have come to enjoy living in Grayhawk. In 2021, the Grayhawk Community Association (GCA) and Retreat Village Association (RVA) annual budgets were approved with minor increases in assessments.

This month I thought I would write about what your monthly assessments pay for and the services provided by the GCA, as well as some of the challenges the association will be facing in developing this year's budget, as well as future budgets.

Your monthly GCA assessments cover, among other items, the following:

- Landscape maintenance of the common areas – this includes the maintenance of the greenbelts, pocket parks located in many of the neighborhoods, the landscaping along the residential streets and main roadways (Thompson Peak Parkway, Grayhawk Drive, Hayden Road, 76th Street, and parts of Scottsdale Road and Pima Road), the medians on Thompson Peak Parkway and Hayden Road north of Thompson Peak Parkway, the Deer Valley channel and the 30 mile trail system, among other areas.
- Two 24-hour community patrols throughout the entire community.
- GCA office staff salaries for nine full-time employees.
- Repair and maintenance of the common area walls and fences, mailbox structures, monument signs, irrigation system, and landscape lighting.
- Insurance of the association's property, general liability insurance, Director's and Officer's (D&O) insurance, worker's comp insurance, and fidelity insurance.

- Utilities including water and electricity expenses.
- Professional fees including auditor, design review, and attorney/legal expenses.
- Capital reserve funding for future replacement of association assets and common elements.
- Social events including some expenses for community events and programs.
- Publication of the *Grayhawk Flight* news magazine.
- Office operating expenses including office supplies, telephone and data lines, office equipment, and the monthly lease for the GCA office space.

One of the challenges facing the Grayhawk Community Association and the Retreat Village Association in drafting the 2022 operating budgets is to continue funding the capital reserve accounts at the level recommended by Grayhawk's reserve analyst. Both the GCA and RVA reserve accounts are currently funded very near the 70% funded level, which is considered a strong reserve funding position. To continue at a strong percentage funded level, the contribution to the reserve fund increases annually which results in an additional expense for both the GCA and the RVA. The Budget/Finance Committee has recommended to the Board of Directors that both associations strive to remain in the 70% funded range. To accomplish this goal, the GCA and RVA will need to continue to increase the reserve funding levels each year.

As you can see, the Budget/Finance Committee and the GCA and RVA Board of Directors has its work cut out for them in drafting the 2022 budgets and future budgets. Your assessments are used to pay for a wide range of services and expenses necessary to successfully run the Grayhawk Community Association the Retreat Village Association. Difficult decisions may need to be made in the future but you can be assured that the GCA and RVA Board of Directors are committed to keeping Grayhawk as one of the Valley's premier communities.

Stacey Harvey

Grayhawk Community Manager

GRAYHAWK ADVERTISING: The Grayhawk Community Association (GCA) offers advertising as a service to our community and does not support or endorse the products, persons or services advertised in the Flight. GCA shall not be held liable or responsible for any misleading or incorrect advertising.

BOARD MEETINGS – AUGUST 2021

Board meetings are open to residents and we encourage you to attend.
Your involvement does make a difference!

Grayhawk Board of Directors

Monday, August 2 at 5:30 p.m.
Call the GCA Office at 480-563-9708
for more information.
grayhawk_board@grayhawkcommunity.org

Grayhawk Board of Directors Executive Session Meeting

Monday, August 2 at 5 p.m. The Board of
Directors will be meeting in Executive Session
pursuant to A.R.S. Section 33-1804 (A)(3).

Retreat Village Board of Directors

Monday, August 2 following the GCA
Board meeting. Call the GCA Office at
480-563-9708 for more information.
retreat_board@grayhawkcommunity.org

Retreat Village Board of Directors Executive Session Meeting

Monday, August 2 at 5 p.m. The Board of
Directors will be meeting in Executive Session
pursuant to A.R.S. Section 33-1804 (A)(3).

COMMITTEE MEETINGS

Communications Committee

Call Jennifer Sheets at 480-563-9708
for more information.

Event Planning Committee

Call Sarah Van Duyne at 480-563-9708
for more information.

Landscape Committee

Call Stacey Harvey at 480-563-9708
for more information.

Operational Review Committee

Call Stacey Harvey at 480-563-9708
for more information.

Architectural Review Committee

Tuesday, August 3 and 17 4:30 p.m.
Call Ashley Scott at 480-563-9708
for more information.

OTHER ASSOCIATIONS

Avian Condominium Association Board Meeting

Call Associated Property Management
480-941-1077 for details.

Cachet at Grayhawk Condominium Association Meeting

Call FirstService Residential at
480-551-4300 for details.

Crown Point Board Meeting

Call Ashley Scott at 480-563-9708
for details.

Edge Condominium Association Board Meeting

Visit www.theedgegrayhawk.com or call
480-584-4647 for details.

Encore Condominium Association Board Meeting

August 12 at 6 p.m. via Zoom.
Call Amcor Property Professionals at
480-948-5860 for details.

Tesoro Condominium Association Board Meeting

Call Kinney Management at 480-820-3451
for details.

Venu Condominium Association Board Meeting

Call Vision Community Management at
480-759-4945.

Village at Grayhawk Condominium Association Board Meeting

Call FirstService Residential at
480-551-4300 for details.

Vintage Condominium Association Board Meeting

Call Associated Property
Management at 480-941-1077
for details.

Grayhawk Community Association Board Members

David Van Omen
President

Paul Alessio
Vice President

Richard Zielinski
Secretary

Jeanette Griswold
Treasurer

Lou Ender
Director

Derek Moore
Director

Don Morse
Director

Retreat Village Association Board Members

Arlene Smith
President

Michael Loya
Vice President

Marcia Thompson
Secretary

Don Morse
Treasurer

Steve Berk
Director

VISION

Grayhawk: a Sonoran Desert
home to vibrant southwestern
living with an uncommon
commitment to community.

MISSION STATEMENT

Grayhawk Community
Association strives to enhance
quality of life and community
strength through inclusion,
participation and pragmatic
stewardship of human,
financial and environmental
assets.



Protect your family with a water safety plan

City of Scottsdale Fire Department



Drowning is a quick and silent killer. In the time it takes to answer the phone, tragedy can occur. Multiple layers of protection are the key to a water safety plan. Protect your family with the following safety tips.

- Supervise children wherever they could find water. Children can drown in as little as an inch of water.
- No one should swim alone. This includes grown-ups!
- Designate an adult to be responsible for watching children in pools during parties, and rotate shifts.
- Install a pool fence or other approved barrier around the pool perimeter.
- Ensure pool access gates are self-closing and self-latching. Check regularly to keep in good working order.

- Secure doors, gates and pet doors that lead to pool area. Secure spas with childproof covers.
- Keep a phone by the pool to call 911 in case of an emergency.
- Take CPR classes at least every two years, and practice in between to keep your skills sharp.
- Children and adults should learn how to swim.
- Keep toys and objects away from pool or spa area.
- Move furniture inside of the fenced area and away from fences so children can't use them for climbing.
- Empty inflatable pools, ice chests and buckets when not in use.
- Keep bathroom doors closed. Consider using a toilet latch during toddler years
- If an accident happens, act immediately.

If a child is missing, always check the pool or spa first.

- Yell for help.
- Dial 911.
- Start CPR.
- Teach your children to be water safe!
- Tell children to yell for an adult and throw a flotation device if they find someone in trouble in the water.
- Encourage children to tell an adult right away if the pool gate is left open or the cover is left off the spa.
- Teach them to dial 911 in case of an emergency.

For more information, visit <https://www.scottsdaleaz.gov/fire/pool-safety>

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Automatic Payment Options

Remembering to pay your assessment once a quarter can be a challenge, which is why we provide plenty of payment options to you as a Grayhawk homeowner. Automatic payments are a great way to help you stay on track. Currently, there are two options for automatic payments offered through CCMC:

DIRECT DEBIT

This is the method that we recommend to homeowners, as it is the most hassle free payment option. Direct Debit gives CCMC authorization to pull quarterly assessments from your account the first week of each quarter.

When you select this option, your payments are made year-to-year without interruption until you tell us to cancel your Direct Debit, which can be done at any time. If you sell your property, the Direct Debit will be cancelled as part of the transition process to the new owner. Payments will also adjust automatically if assessments change without any action on your part. To enroll in Direct Debit, you will need to email or fax a completed form and attach a voided check to the CCMC. The form and instructions can be found at www.grayhawkcommunity.org, under the Resident Services tabby navigating to Assessments/Pay Your Assessments.

AUTOMATIC PAYMENTS THROUGH UNION BANK

You can also set up automatic payments through Union Bank, CCMC's third party payment processor. Payments can be set to be made quarterly or monthly, which some owners find to be easier to manage.

The drawback to automatic payments through Union Bank is that it expires annually, which means that you have to remember to renew. In addition, if assessments change you need to make the change manually through Union Bank and if you sell your property you are responsible for cancelling the automatic payments.

You can also set up auto pay through your bank, mail a check to the address provided on your statement or drop a check by the GCA Office at 7940 E. Thompson Peak Pkwy., Ste. 102 during regular business hours M-F from 8 a.m.-5 p.m. For more billing and payment options, visit our website at www.grayhawkcommunity.org. Click the Resident Services tab, then Assessments/Pay Your Assessments.

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Call today to schedule your next appointment.



Treats and Tie Dye

Thurs., August 12 from 4:30 p.m. to 6 p.m.

Event Greenbelt located at 78th PL and 78th Way

Join us to celebrate the school year with tasty treats and tie dye activities! Kona Ice will be on site and we're giving free cups to the first 50 kids registered. We will provide the tie dye supplies; you will just need to bring a white item to dye. We recommend bringing a white t-shirt, pillowcase, or socks for best coloring results. Register online at www.grayhawkcommunity.org by Tuesday, August 10.

The Craftsman Charcuterie and Wine Pairing Class

Weds., August 18 from 6 p.m. to 7:30 p.m

**The Craftsman Cocktails + Kitchen
20469 N Hayden Rd.**

Cool off with friends and neighbors at The Craftsman Cocktails + Kitchen this month to learn about creating a mini charcuterie board and some great wines to pair with it. The wines will consist of a little white, a little red and something sparkling! Cost to participate is \$50 per person and will include the wine tastings, a mini charcuterie board to enjoy and a \$10 Craftsman Cash Card that you can use on a future visit. Payments will be taken at the event with card or cash. Register online at www.grayhawkcommunity.org to save your seat,



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National Lemonade Day

Fri., August 20 from 4 p.m. to 5 p.m

Monterey at the Park tot lot

(the RED Playground)

Corner of 73rd Way and Whistling Wind Way

Fall may be approaching soon, but here in Arizona it is still HOT, HOT, HOT! Join the Grayhawk staff to cool off and receive a refreshing cup of lemonade and a cookie! We will be under the Ramada at the RED tot lot in Monterey at the Park from 4-5 p.m. or while supplies last. Drive up, walk up, or bike up, it doesn't matter how you get there. If you notice the staff and signs are gone, then supplies are all gone as well.

Ladies Bunco

Tues., August 24 at 6 p.m.

GCA Talon Room

7940 E. Thompson Peak Pkwy.

Join neighbors for a night of food, drinks and Bunco! Never played before? Don't worry! It's an easy dice game- all you need to know is how to roll dice and count. We'll do a quick lesson before we get started. All you need to do is bring yourself and pay \$5 exact cash to the office by 5 p.m. on Friday, August 20. Your \$5 will go into the pot for cash prizes at the end of the night. RSVP online at www.grayhawkcommunity.org by Friday, August 20 to save your seat. Spots are limited, so register early! Appetizers and wine will be provided by our sponsors Kathy Craig, skin care consultant with Rodan + Fields, and Kelley Carter, Realtor with KELLEYSFINEHOMES@ My Home Group.



Food Truck Night - Burgers Amore

Thurs., August 26 from 5 p.m. to 7 p.m.

Grayhawk Greenbelt at 78th Way and 78th Pl

Park at 7940 E. Thompson Peak Pkwy.

Leave the cooking to the professionals and pick up dinner for the whole family from Burgers Amore. Walk, bike, or drive down to the greenbelt to pick up some super savory burgers that everyone can enjoy. There will be no parking on the street, please park in the offices at Grayhawk parking lot located at 7940 E. Thompson Peak Pkwy. and take the sidewalk path to the greenbelt. Feel free to bring chairs or blankets to enjoy your goodies under shade trees in the greenbelt or while walking the path with family and friends.



New Resident Orientation

Wed., September 15 from 5:30 p.m. to 6:30 p.m.

Talon Room, GCA Office

7940 E. Thompson Peak Pkwy. Ste. 102

Join us in person or via Zoom to learn more about your new community and all it has to offer. Meet your neighbors, learn a bit about the association and win prizes! Just for joining you will be entered into a raffle for a \$50 Amazon gift card, and if you answer one of our trivia questions at the end of the presentation correct you will be able to win additional prizes. Register online at www.grayhawkcommunity.org by Mon., Sept. 13. The zoom link will be emailed to those who request it.

CONGRATULATIONS to Lily Jokerst and Isabella Delgado, the winners of our Father's Day Poem and Essay Contest.

I love my dad
He's not so bad
He thinks that pud
Is really good
He is the best
With his fishing vest
He is so kind
In my mind
He can fix anything
Even when we're camping



He loves to play
With us all day
He loves our dog
And he hates smog
He loves butterflies
And to eat rhubarb pies
He likes to play
Piano all day
He likes to teach
Even at the beach
I think I'm done
But this was fun
Happy Father's Day, Dad!

Lily Jokerst
Age 9



My dad is the best dad ever
Of our family, he is the anchor
My dad is the father of four young girls
He is surrounded by pink and curls
But he loves us more than we can fathom
He teaches us about life and gives us wisdom
My dad is kind and loving to us
He is smart and he is practically a genius
He encourages us
and cheers us on
Whatever our
interest falls upon
This Father's Day,
I want to give him
something special
Something for a dad
who is essential

Isabella Delgado
Age 12



Thanks to everyone that submitted a poem, letter or essay about their dad. They were all fantastic!



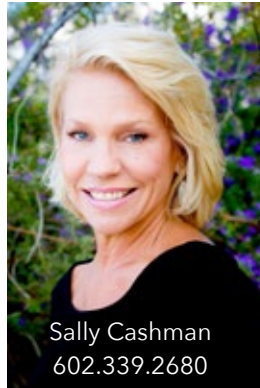
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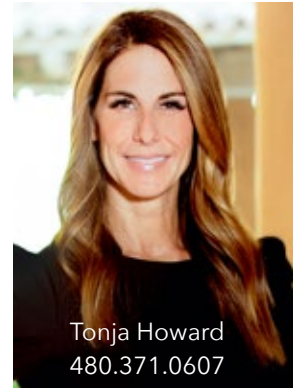
Scottsdale



Sally Cashman
602.339.2680



Kathleen Prokopow
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Tonja Howard
480.371.0607

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Rosewood at DC Ranch



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*North Scottsdale
5 Acres*



10232 East Cinder Cone Trail
SOLD AT \$4.2M

*Talus at
Troon North*



12801 East Gold Dust Ave
LISTING SOLD \$1.675M

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 GCA and RVA Board Mtgs. 5:30 p.m. Talon Room	3 ARC Mtg. 4:30 p.m. GCA Office	4	5	6	7
8	9	10	11	12 Treats and Tie Dye 4:30 p.m. Event Greenbelt Encore Board Mtg. 6 p.m. Via Zoom	13	14
15	16	17 ARC Mtg. 4:30 p.m. GCA Office	18 Charcuterie and Wine 6 p.m. The Craftman	19	20 Lemonade Day 4 p.m. Monterey Park Tot Lot	21
22	23	24 Ladies Bunco 6 p.m. Talon Room	25	26 Food Truck Night 5 p.m. Event Greenbelt	27	28
29	30	31	WHO TO CALL ROVING PATROL (480) 502-7685 GRAYHAWK ASSOCIATION (480) 563-9708 SCOTTSDALE POLICE (480) 312-5000			



HEALTHY HINTS: Health Benefits of Decluttering

By Tina Uphoff, Grayhawk resident,
Certified Health Coach and Fitness Trainer



Decluttering is top of mind as my husband and I will be downsizing to a villa as our primary Minnesota residence this fall. This provides an excellent opportunity to minimize our belongings to avoid packing and moving things we no longer need or want. After being in our current home for 21 years, it's simply amazing to me all the things we have accumulated!

The act of decluttering has many health benefits that can improve emotional, mental, and physical well-being. Below are key benefits provided by Angela Grace in her article "5 Benefits of Decluttering."¹

1. Alleviates Anxiety and Depression
2. Helps You Sleep Better
3. Lessens Allergens
4. Cultivates a Happy Environment
5. Gets You Moving

Much to my surprise, I'm enjoying the process. It may be because I have discovered some great resources as listed below. Or, perhaps because it feels good to "lighten the load" from both a physical and mental perspective. Knowing that we had a potential house move coming up, I utilized some of my downtime during the pandemic to explore the following decluttering resources.

Declutter Resources/References

- Podcast: *Decluttering by Design* by Kelly Jayne McCann, a clutter coach
- Book: *The Life-Changing Magic of Tidying Up* by Marie Kondo
- Netflix Series:
 - *Tidying Up with Marie Kondo*
 - *Get Organized with the Home Edit*

I also came across an online article "The 27 Greatest Decluttering Tips of All Time" by Shifrah Combiths and am sharing the top 5 tips that resonated with me.²

1. Realize that what you keep costs you a lot.

The cost includes the physical space, as well as the time to organize it, find it, and store it again. You need to make sure the item is worth the time and effort to hold onto it and that it truly has a purpose.

2. Ask yourself if it sparks joy.

This methodology was developed by Marie Kondo who wrote the book, "The Life-Changing Magic of Tidying Up." I have found this to be a helpful way to cut some of my clutter.

3. Ask yourself if you'd buy it now.

This is a fair question and was new to my thought process. If an item no longer fits you or your home, or serves a purpose for you, let it go.

4. Declutter by area.

Choosing a specific area to declutter and seeing the benefits quickly may help build inspiration to continue to other areas of your home.

5. Do a little bit at a time.

Decluttering can become very overwhelming, especially if you have an entire home to declutter. Breaking the effort into smaller bit-sized pieces can make the process more manageable.

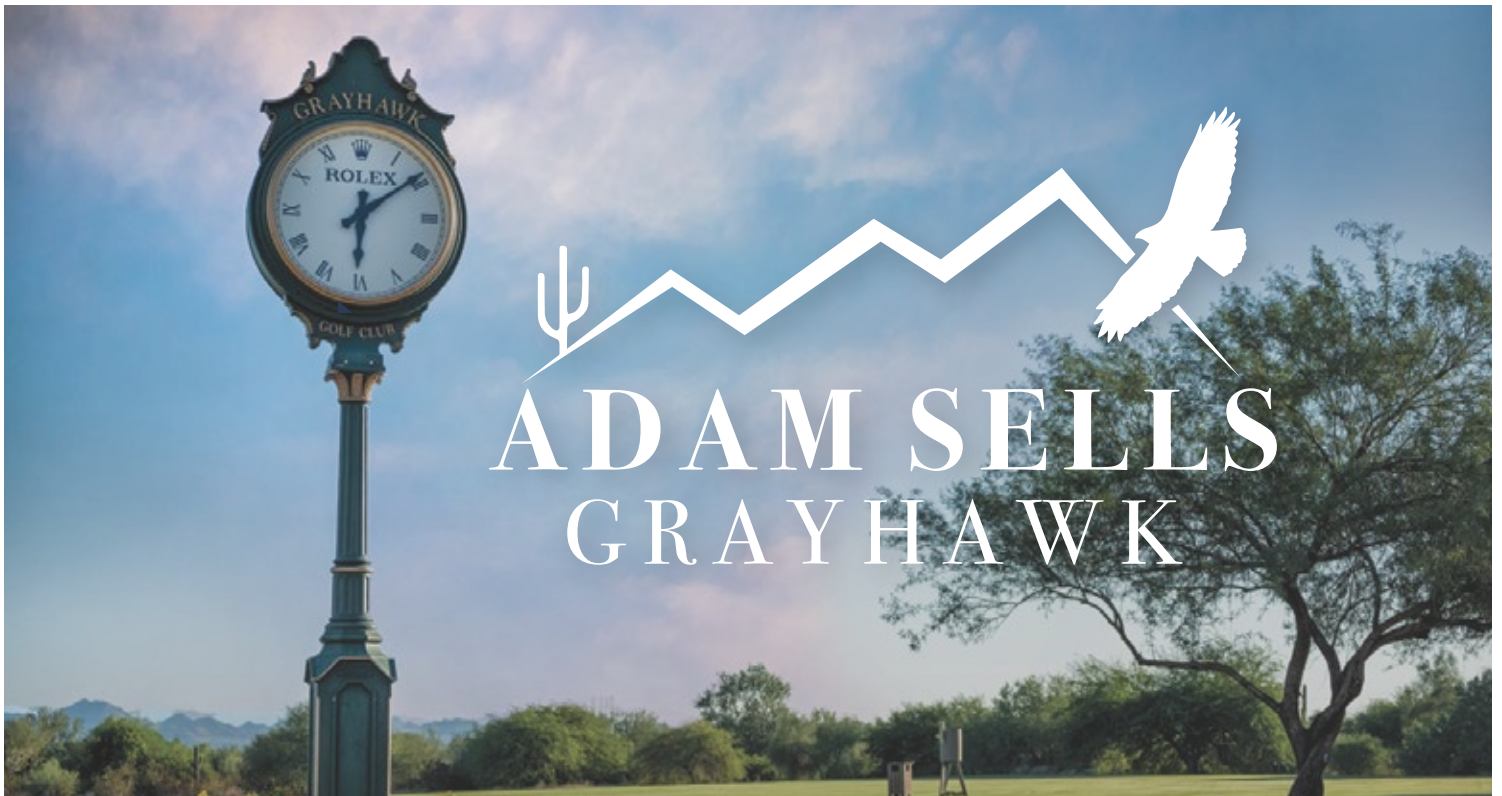
There are many different decluttering theories. To increase your chances of success, choose a methodology that most resonates with you. As you let go of the excess, you have the opportunity to decide what really matters. Ultimately, it's about creating more physical and mental space.

Feel free to contact me at tina@tinahealthcoach.com or my cell 612.720.3596.

Sources

¹ Angela Grace (February 3, 2020). 5 Benefits of Decluttering. <https://makespace.com/blog/posts/5-health-benefits-of-decluttering/>

² Shifrah Combiths (June 15, 2020). The 27 Greatest Decluttering Tips of All Time. <https://www.apartmenttherapy.com/decluttering-tips-36704986>



ADAM SELLS GRAYHAWK



THIS IS WHY WE LIVE HERE

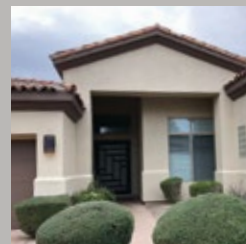
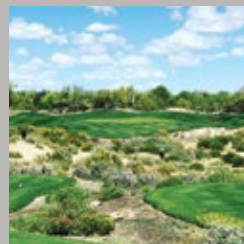
YOUR GRAYHAWK REALTOR, FOR THE GRAYHAWK LIFESTYLE

As a resident of Grayhawk, I know the special appeal of the neighborhood and can't wait to find a buyer for your home that will love it just as much as you did.

With inventory at all time lows I have clients ready to buy your home today!

As a Scottsdale, AZ native with over 20 years of real estate experience, I take great pride in the relationships formed and the community I serve.

Feel free to stop by and say hi as you see us at some of your favorite local Grayhawk spots!



P: 480.748.0016

E : adam@adamsellsaz.com

@adamsellsgrayhawk

www.adamsellsgrayhawk.com



Our Desert, Our Home: An Ounce of Prevention

By Victoria Kauzlarich, Volare

Welcome to Monsoon season. We've been craving rain (and so have our plants) since LAST summer. And, while the rain is welcome, Monsoon damage is not. Can some of this damage be prevented? Yes, it can.

To the uninitiated, desert trees seem to be especially vulnerable to storm damage. That apparent vulnerability often comes from a combination of poor maintenance and aging trees.

Let's be clear. High winds can and do take down trees. But if we humans can better understand our role in keeping our trees healthier, we can extend their lifespans.

The first major Monsoon storm of the season arrived on July 5th. Grayhawk lost 60 trees. In the banner photo above, this Grayhawk tree fell on another planted nearer the street; you can see the branching of the second tree leaning to the right. This homeowner lost all of the shade in the front yard.

Before we launch into maintaining your trees for optimal health, there are a few things that are helpful to know.

Elderly at 30?

The first and perhaps most important thing to know is that many of our trees don't have particularly long life spans - about 30 years on average. In this mix are most of the Palo Verde species and many Mesquites. Grayhawk is not quite 25. You can do the math.

One of the ironies of desert trees is that they often have rapid growth rates. Newly planted trees need a lot of water for root development but if we continue watering them at that getting-started rate, they will grow too quickly which weakens the overall structure of the tree.

The other down side of fast growth is overly rapid root development. Understanding this part is especially important when buying a tree.

When selecting a tree at a nursery, ask how long that tree might have been in its pot or box. You'll probably get a shoulder shrug in

response. Ask to have someone dig into the dirt to see if there are circling roots. These can be close to the surface and if you're willing to get your hands dirty, you can look for yourself. Is the tree in a box? Look in the corners. If the roots are circling, you'll find them there.

Circling roots can be mitigated by a knowledgeable landscaper or arborist. At least some of these roots can be pruned to ensure proper future development. If they can't, the tree should be returned to the nursery.

Pruning

We covered pruning in April but I need to restate something that is easily overlooked: your landscapers are NOT arborists. They typically know little to nothing about pruning trees. Put a pair of clippers or loppers in their hands and they can hack. Their hacking often causes overly rapid growth. They can't prune. And, proper pruning is a key to tree health.

Proper pruning helps prevent wind damage and may in fact save your tree from being uprooted in a storm. How is that possible? Simple physics and proper cutting.

Leaves Play an Important Role

Think of leaves as sails. The larger the leaf, the greater resistance to wind. Desert trees have adapted to have small leaves. So, the wind blows through them pretty well. But, when trees are improperly pruned, a LOT of damage can result. Here are a couple of examples.

Exposing the Structure

It is easy to love the gravity-defying nature of Mesquite branches. When you see a Mesquite that looks like this one, you may think, "How cool!" When I see a Mesquite that looks like this, my heart breaks.



I see a tree all-too-vulnerable to storm damage. It has been pruned within an inch of its life and the branches are bearing too much weight at their tips. All of the wind resistance is at the top of the tree.

Just visualize the wind moving the top of this tree, bending it at the trunk and the result would be much like the banner photo above.

That said, if this tree can withstand coming storms for awhile longer, a good arborist can restore it to health. Here is an example of such a restoration.

A Tree That Was Near Doom

The tree pictured here is across the street from me. It once looked more like the Mesquite, above - except bigger - way bigger. And, it was dramatically leaning toward the house; a disaster waiting to happen.

This tree has now been pruned by an arborist for two years. Because it had been over-pruned and improperly pruned for most of its life, the arborist did two things to stabilize it.

First, the arborist created three-way triangular cabling to pull the interior of the tree together. Then, a crutch was added under the largest branch that was also stretching toward the house. Between the professional pruning, the cabling and additional support, this tree looks healthier than ever. Even more important? This tree IS healthier than ever. It still has a ways to go before the overall structure can be fully restored because even aggressive pruning should not remove more than 25-30% of a tree's mass at any one time. It's easy to see why a restoration of this sort would take years.

But, it can be done. Think of this as "pay me now or pay me later". Investing in an arborist is an investment in your trees. Your trees will reward you by remaining upright. They'll give you years of valuable shade and continue to enhance the value of your home for as long as you invest in them. Oh, and if you want a tree for the long haul, get an Ironwood. They've got lifespans of about 500 years.

Up next month:

Watering your trees for optimal health.



Grayhawk Elementary School is excited to welcome their new Principal Mr. Eli Hubbell.

Mr. Hubbell is new to Grayhawk, but not new to the PV School District or education. Mr. Hubbell is coming to us from Pinnacle Peak Elementary, where he has taught and served as the Assistant Principal. Prior to Pinnacle, Mr. Hubbell taught in the Chicago Public School District. Mr. Hubbell has taught K-8, coached school teams, worked in both Special Education and Gifted classrooms. He has a passion for teaching and is dedicated to building a strong school community. Mr. Hubbell is excited and honored to be in his new position and looks forward to focusing on supporting our students enabling them to reach their full potential. If you have not yet had the opportunity to meet him, feel free to stop in and say "hello"!



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Back-to-School Snacks: Energy Balls

Back-to-School means back to packing lunches and having afterschool snacks on hand to feed hungry mouths. Energy balls are a fantastic snack because they are a nutritious, delicious, no-bake and easy to make with ingredients that you may already have on hand. Bonus: your kids can help whip them up!

Cookie Dough

INGREDIENTS

- 2 cups rolled oats
- 2 cups flaked unsweetened coconut
- ½ cup peanut butter
- ½ cup honey
- ¼ cup chia seeds
- ½ teaspoon salt
- ½ teaspoon vanilla
- ½ cup chocolate chips

INSTRUCTIONS

1. Pulse the oats and coconut until coarsely ground.
2. Add peanut butter, honey, chia seeds, salt, vanilla and chocolate chips. Pulse again until mixed and the chocolate chips are cut into smaller pieces.
3. Roll into balls. Add more honey and/or peanut butter if the mix is too dry.
4. Freeze until solid. Then store in the freezer or refrigerator.

Chocolate Chip Peanut Butter

INGREDIENTS

- 1 cup (dry) oatmeal
- 2/3 cup toasted unsweetened coconut flakes
- 1/2 cup peanut butter
- 1/2 cup ground flax seed
- 1/3 cup honey
- 1/4 cup unsweetened cocoa powder
- 1 tablespoon chia seeds
- 1 teaspoon vanilla extract

INSTRUCTIONS

1. Stir all ingredients together in a medium bowl until thoroughly mixed. Add more honey and/or peanut butter if the mix is too dry.
2. Cover and chill in the refrigerator for at least half an hour.
3. Once chilled, roll into 1" balls. Store in an airtight container and keep refrigerated for up to 1 week.



Sip and Tell

By Sue Lukenbill, Encore Resident

Welcome to August! The end of summer feels so far away and the end of the relentless heat feels like only a dream. I know we will eventually get some relief, and for now, I'll just keep myself occupied with indoor activities. My husband and I have been able to sneak away here and there to escape the heat this summer, which was a welcome change from the summer of 2020 when even going to the grocery store seemed like an adventure.

I have continued to enjoy dining out this summer because, well, restaurants have air conditioning. For my review this month, Grayhawk Director of Communications Jennifer Sheets and I visited and ate at **Teriyaki Madness** near Raintree Dr. and Pima Rd. **Teriyaki Madness** is a fast-casual Asian restaurant concept featuring made-to-order teriyaki dishes prepared with all natural, fresh ingredients. The chain was founded in 2003 and currently has franchises in almost 150 locations in the U.S.

When I first took a peek at the menu I was seriously confused by the phrase "Seattle Teriyaki". I had never heard that before and had to find out exactly what it meant. Apparently, in 1976 a restaurant **Toshi's Teriyaki** was opened by Toshi Kasahara, a wrestler from a rural farming town in Japan. Today, the style of teriyaki served by Toshi is referred to by many as Seattle style teriyaki. Seattle teriyaki varies slightly from the traditional Japanese method as fresh ginger and garlic is blended in the teriyaki sauce, which is then used as a marinade to soak meat overnight. The marinated meat is grilled over gas or charcoal and finished with a drizzle of teriyaki sauce. Teriyaki to Seattle is like a hot dog in Chicago or a pizza in New York. Seattle Teriyaki!



Teriyaki Madness was what you would expect from a fast casual restaurant. The inside was simple, clean and....casual. The staff were very engaging, especially the owner who joked with us and gave us some interesting life advice. We got there just a bit before the lunch rush and we were the only two in the place. By the time we left, however, it was packed! They also seemed to have a lot of takeout and had what appeared to be a pretty regular following.

I chose the **Salmon Teriyaki** bowl with pan-seared salmon, house-made teriyaki sauce, stir fried veggies and a choice of white rice, brown rice, fried rice or noodles. I got the the fried rice, but think next time I will have the bowl with the Yakisoba noodles. Jenn ordered the **Spicy Chicken**, which appears to be a customer favorite. Thee chicken is stir-fried in their signature house-made spicy sauce and served with vegetables over one of the same options offered above (she ordered the brown rice). We both thoroughly enjoyed our lunches. I ate all my salmon and took my leftover rice and veggies home for my husband Bill, who liked it so much that he did takeout a couple of days later.

I highly recommend that you try their take out for dinner to give yourself a break and not cook in this heat. You won't be disappointed. In addition to the bowls, they have appetizers and sides.

Until next month, stay cool and hydrated!

Teriyaki Madness

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Raptor Guardhouse	480-502-5078
After Hours Answering Service	602-234-9288

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SCHOOLS

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Mountain Trail Middle School	602-449-4600
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El Dorado Private School	480-502-6878

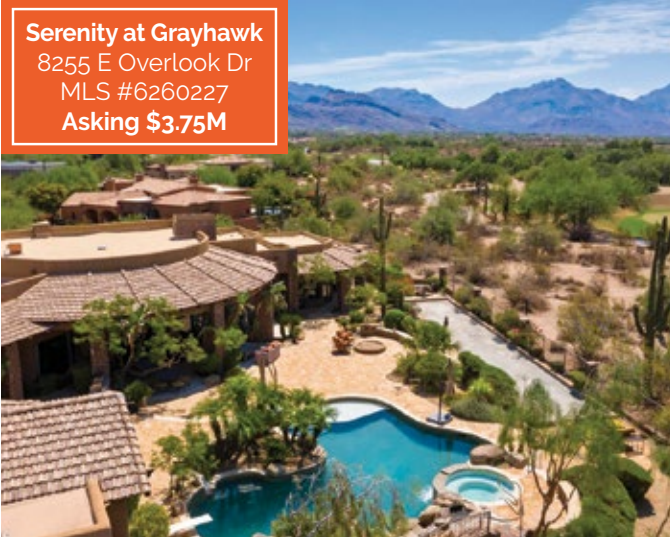
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