

# Grayhawk Flight

August 2022



**SCHOOL BUS**  
EMERGENCY EXIT

**Inside:**

*Community  
Updates*

*Back-to-School  
Safety Tips*



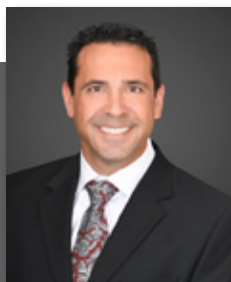


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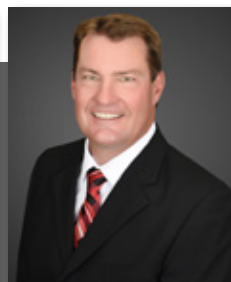
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# Features



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## Grayhawk Community Association

Professionally Managed By



7940 E. Thompson Peak Pkwy.  
Suite 102  
Scottsdale, AZ 85255

[www.grayhawkcommunity.org](http://www.grayhawkcommunity.org)

Phone (480) 563-9708

Fax (480) 563-9709

Talon Guardhouse/Roving Patrol  
(480) 502-7685

Raptor Guardhouse  
(480) 502-5078

Hours of Operation  
Monday - Friday  
8:00 am - 5:00 pm

## GRAYHAWK STAFF



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**Chantel Martin**  
Maintenance Assistant



**Martha Castaneda**  
Maintenance Assistant





# Manager's Corner



With the 2023 budget season approaching the Budget/Finance Committee will begin the challenge of trying to keep the assessments from increasing (or increasing a minimal amount) while still providing the services and amenities that all of you have come to enjoy living in Grayhawk. In 2022, the Grayhawk Community Association (GCA) and Retreat Village Association (RVA) annual budgets were approved with minor increases in assessments.

This month I thought I would write about what your monthly assessments pay for and the services provided by the GCA, as well as some of the challenges the association will be facing in developing this year's budget, as well as future budgets.

Your monthly GCA assessments cover, among other items, the following:

- Landscape maintenance of the common areas – this includes the maintenance of the greenbelts, pocket parks located in many of the neighborhoods, the landscaping along the residential streets and main roadways (Thompson Peak Parkway, Grayhawk Drive, Hayden Road, 76th Street, and parts of Scottsdale Road and Pima Road), the medians on Thompson Peak Parkway and Hayden Road north of Thompson Peak Parkway, the Deer Valley channel and the 30 mile trail system, among other areas.
- Two 24-hour community patrols throughout the entire community.
- GCA office staff salaries for nine full-time employees.
- Repair and maintenance of the common area walls and fences, mailbox structures, monument signs, irrigation system, and landscape lighting.
- Insurance of the association's property, general liability insurance, Director's and Officer's (D&O) insurance, worker's comp insurance, and fidelity insurance.

- Utilities including water and electricity expenses.
- Professional fees including auditor, design review, and attorney/legal expenses.
- Capital reserve funding for future replacement of association assets and common elements.
- Social events including some expenses for community events and programs.
- Publication of the Grayhawk Flight news magazine.
- Office operating expenses including office supplies, telephone and data lines, office equipment, and the monthly lease for the GCA office space.

One of the challenges facing the Grayhawk Community Association and the Retreat Village Association in drafting the 2023 operating budgets is to continue funding the capital reserve accounts at the level recommended by Grayhawk's reserve analyst. Both the GCA and RVA reserve accounts are currently funded below the 70% reserve funded level, which is considered a strong reserve funded position. To obtain a strong percentage funded level, the contribution to the reserve fund must increase annually, which will result in additional expense for both the GCA and the RVA. The Budget/Finance Committee has recommended to the Board of Directors that both associations strive to remain in the 70% funded range. To accomplish this goal, the GCA and RVA will need to continue to increase the reserve funding levels each year.

As you can see, the Budget/Finance Committee and the GCA and RVA Board of Directors has its work cut out for them in drafting the 2023 budgets and future budgets. Your assessments are used to pay for a wide range of services and expenses necessary to successfully run the Grayhawk Community Association the Retreat Village Association. Difficult decisions may need to be made in the future but you can be assured that the GCA and RVA Board of Directors are committed to keeping Grayhawk as one of the Valley's premier communities.

*Stacey Harvey*

Grayhawk Community Manager

## GRAYHAWK ADVERTISING

The Grayhawk Community Association (GCA) offers advertising as a service to our community and does not support or endorse the products, persons or services advertised in the Flight. GCA shall not be held liable or responsible for any misleading or incorrect advertising.

## BOARD MEETINGS – AUGUST 2022

Board meetings are open to residents and we encourage you to attend. Your involvement does make a difference!

### Grayhawk Board of Directors

Monday, August 1 at 5:30 p.m. Call the GCA Office at 480-563-9708 for more information. [grayhawk\\_board@grayhawkcommunity.org](mailto:grayhawk_board@grayhawkcommunity.org)

### Grayhawk Board of Directors Executive Session Meeting

Monday, August 1 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

### Retreat Village Board of Directors

Monday, August 1 following the GCA Board meeting. Call the GCA Office at 480-563-9708 for more information. [retreat\\_board@grayhawkcommunity.org](mailto:retreat_board@grayhawkcommunity.org)

### Retreat Village Board of Directors Executive Session Meeting

Monday, August 1 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

## COMMITTEE MEETINGS

### Communications Committee

Call Jennifer Sheets at 480-563-9708 for more information.

### Event Planning Committee

Call Sarah Van Duyne at 480-563-9708 for more information.

### Landscape Committee

Call Stacey Harvey at 480-563-9708 for more information.

### Operational Review Committee

Call Stacey Harvey at 480-563-9708 for more information.

### Architectural Review Committee

Tuesday, August 2 and 16 at 4:30 p.m. Call Ashley Scott at 480-563-9708 for more information.

## OTHER ASSOCIATIONS

### Avian Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

### Cachet at Grayhawk Condominium Association Meeting

Call FirstService Residential at 480-551-4300 for details.

### Crown Point Board Meeting

Call Ashley Scott at 480-563-9708 for details.

### Edge Condominium Association Board Meeting

Visit [www.theedgegrayhawk.com](http://www.theedgegrayhawk.com) or call 480-584-4647 for details.

### Encore Condominium Association Board Meeting

August 15 at 6 p.m. via Zoom. Call Associated Property Management 480-941-1077 for details.

### Tesoro Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

### Venu Condominium Association Board Meeting

Call Vision Community Management at 480-759-4945

### Village at Grayhawk Condominium Association Board Meeting

Call FirstService Residential at 480-551-4300 for details.

### Vintage Condominium Association Board Meeting

Call Associated Property Management at 480-941-1077 for details.

## 2022-2023 Grayhawk Community Association

David Van Omen  
*President*

Paul Alessio  
*Vice President*

Derek Moore  
*Treasurer*

Richard Zielinski  
*Secretary*

Randy Brown  
*Director*

Lou Ender  
*Director*

Don Morse  
*Director*

## 2022-2023 Retreat Village Association

Michael Loya  
*President*

Don Morse  
*Vice President*

Richard Fowler  
*Treasurer*

Steve Berk  
*Secretary*

Jim Ball  
*Director*

## VISION

Grayhawk: a Sonoran Desert home to vibrant southwestern living with an uncommon commitment to community.

## MISSION STATEMENT

Grayhawk Community Association strives to enhance quality of life and community strength through inclusion, participation and pragmatic stewardship of human, financial and environmental assets.

# Community Updates

The Grayhawk management team and vendors have been busy behind the scenes this summer keeping the community running smoothly. Projects both small and large are helping ensure that the community stays in tip top shape.

## Guardhouse Construction Project

The Raptor and Talon Guardhouse construction project is moving along. Vegetation and trees have been relocated, parts of the original guardhouse structure have been demolished and construction fencing has been placed to designate the future build sites. Soon, underground plumbing will be inspected and foundation rebar will be installed.

The Raptor Guardhouse will fall behind Talon on the construction timeline by about a month due to the discovery of unmarked utility lines that will need to be relocated or removed by various utility engineers prior to moving forward with construction. More about the Guardhouse Construction Project can be found on the Grayhawk website at <https://bit.ly/GrayhawkGuardhouse>.



## Pools

In continuing efforts to maintain and enhance the community, various Retreat Village board approved pool projects are underway this summer.

- At the Peregrine pool area, the tile on the flooring under the ramadas and in the bathrooms was replaced as well as the bathroom fixtures. Updated surface was applied to the countertop and surrounding structure.
- The cool deck at the Crown Point Norte/Volare and Avante/Renaissance pools is being repaired and resealed.
- All of the pool furniture at the Avante/Renaissance and Monterey Retreat pools are having new slings installed.



## Tot Lots

Sof'Fall (engineered wood fiber ground cover) was added at the 74th Way and Tailspin Lane tot lots in Coventry at Grayhawk, as well as one of the two tot lots in Featherwind. The remaining tot lots will have Sof'Fall added over three dates in September.

## Street Sealing

Street sealing was completed in the Pinnacle community, as well as Los Vientos, Firenze and Serenity in the Retreat Village. The street sealing process is never convenient and we thank residents for your patience during the process.





## General Maintenance

The Grayhawk maintenance team takes care of everything from landscape lighting to keeping tot lots and pool areas clean. This summer the team has been busy:

- Installing new pet waste stations throughout the community.
- Cleaning light fixtures and mailbox areas in the Park.
- Cleaning cobb webs and dust off of bulletin boards, monuments and mailbox fronts, as well as sweeping areas around mailboxes and other amenities.
- Reporting street lights that are out through the City of Scottsdale and/or APS, with an average of about six lights being reported per month.
- Reinstalling or replacing street signs as needed, most recently at the corner of Rose Garden Lane and 74th Place.
- Installed a new basketball net at the Talon Point basketball hoop.
- Cleaning of seven pool areas including restrooms, decking and furniture
- Electrical repairs to irrigation control boxes and lights
- Common area wall painting in Coventry Park, Windsong, Coventry Grayhawk and Renaissance homes.

## Landscaping

Summer is always a busy time for DLC crews as they balance routing maintenance, seasonal special projects and storm cleanup. This summer, DLC has:

- Completed seasonal tree trimming throughout the entire community.
- Completed a fire mitigation clearing in the area just to the west of the Raptor guardhouse, bordering the Avian entrance gate.
- Started the Board approved Pinnacle turf conversion project to help improve the aesthetic in that area as both shade and regular foot traffic have caused significant turf damage.
- Continued the Board approved monument enhancement in the Talon Retreat.
- Cleaned both GCA and RVA culverts.
- Started the board-approved installation of five new park bench pad locations.



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# In & Around Grayhawk

## Drive-up Breakfast

**Fri., Aug. 12 from 7:15 a.m. to 9 a.m.**

**Grayhawk Neighborhood Park Parking Lot, 20726 N 76th St.**

We want to celebrate a successful first week of school by bringing breakfast to the wonderful teachers and families of Grayhawk. The first 100 to show up will receive a breakfast chicken biscuit from Chick-fil-A! We will be in the Grayhawk Neighborhood Park near the large parking lot between Grayhawk Elementary and Guidepost Montessori handing out goodies to all the early birds until supplies run out. Thank you to Chick-fil-A at Scottsdale 101 for sponsoring breakfast for the families of Grayhawk!



## Pinspiration Coaster Craft Night

**Weds., Aug. 17 from 6 p.m. to 8 p.m.**

**Talon Room, GCA Office, 7940 E. Thompson Peak Pkwy. Ste. 102**

Join Pinspiration to make a set of four beautiful coasters with alcohol ink and create a FUN-ctional craft for your home. Pinspiration is offering this class at a discounted rate of \$40 per perso. Enjoy tasty appetizers, sweets and water while you create. Participants are encouraged to bring their favorite beverage to share. Register and pay at <https://pinspirationphoenix.square.site/by> by August 15. We must have 10 people to hold this class. Feel free to invite friends!

## floo-id YOGA in the Park

**Sat., August 20 from 9 a.m. to 10 a.m.**

**Grayhawk Greenbelt at 78th Way & 78th Pl., Park at 7940 E. Thompson Peak Pkwy.**

floo-id YOGA is a locally owned boutique yoga studio right off the 101 and Scottsdale Road, located in the same plaza as Whole Foods. They offer a wide variety of classes to accommodate all ages and skill levels to help you become a better version of yourself and has proven to aid in a healthier, physically fit and less stressful lifestyle. floo-id has been kind enough to host a class at no cost just for Grayhawk residents! This is a great way to clear your mind and social distance while exercising. Just bring your mat, a can-do attitude, and your body will do the rest. The class will take place in the narrow beginning section of the greenbelt that starts at the tunnel under the Thompson Peak Pkwy and Hayden intersection. Walk or ride over, or park in the Offices at Grayhawk Parking Lot and head down to the greenbelt from there. Register prior to class at [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org) to help us coordinate with the instructors!

## Tuesday Trivia

**Tues., August 23 from 6 p.m. to 7 p.m.**

**Virtual via Zoom**

**Featuring Gamenighttrivia.com**

Bar Trivia gone virtual! New York City's longest running pub quiz company is bringing their authentic NYC bar trivia experience right in your own home! Gamenighttrivia.com will have a live host directing our trivia night. The trivia will be randomly chosen for our group and will have some questions for all skill and knowledge levels. We are limited to 30 participants, so register soon to save your spot! Register at [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org). The zoom link will be emailed to participants two days prior to the event. Questions? Email Sarah at [svanduyne@ccmcnet.com](mailto:svanduyne@ccmcnet.com).

## Coffee with a Cop

**Sat., August 27 from 9 a.m. to 10 a.m.**

**Talon Room, GCA Office, 7940 E. Thompson Peak Pkwy. Ste. 102**

Come enjoy coffee and pastries while meeting your local Crime Prevention officers here at the Grayhawk office. We are thrilled to have Officers Sherri Hawkinson and Robert Kataroff visiting our community to discuss the role of the Crime Prevention Unit, general crime trends, and some topics relevant to our area. They will be giving a short presentation then will be available for some Q & A with guests. Plan to fill up on tasty pastries and caffeine and bring any questions you may have for our local law enforcement. Space is limited, so register online by August 25 at [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org) to save your seat.





## SAVE THE DATE

### Ladies Bunco

**Wed., September 14 at 6 p.m.**

**Raptor Room, GCA Office, 7940 E. Thompson Peak Pkwy. Ste. 102**

Join neighbors for a night of food, drinks and Bunco! Never played before? Don't worry! It's an easy dice game- all you need to know is how to roll dice and count! We'll do a quick lesson before we get started. All you need to do is bring yourself and pay \$5 exact cash to the office by 5 pm on Friday, September 10. Your \$5 will go into the pot for cash prizes at the end of the night. Register at [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org) by September 10 to save your seat. Spots are limited, so register early! Appetizers and wine will be provided by our sponsors: Kathy Craig, skin care consultant with Rodan + Fields, and Kelley Carter, Realtor with KELLEYSFINEHOMES@ My Home Group.

### floo-id YOGA in the Park

**Sat., September 17 from 9 a.m. to 10 a.m.**

**Grayhawk Greenbelt at 78th Way & 78th Pl.**

**Park at 7940 E. Thompson Peak Pkwy.**

floo-id YOGA is a locally owned boutique yoga studio right off the 101 and Scottsdale Road, located in the same plaza as Whole Foods. They offer a wide variety of classes to accommodate all ages and skill levels to help you become a better version of yourself and has proven to aid in a healthier, physically fit and less stressful lifestyle. floo-id has been kind enough to host a class at no cost just for Grayhawk residents! This is a great way to clear your mind and social distance while exercising. Just bring your mat, a can-do attitude, and your body will do the rest. The class will take place in the narrow beginning section of the greenbelt that starts at the tunnel under the Thompson Peak Pkwy and Hayden intersection. Walk down, ride bikes over, or park in the Offices at Grayhawk Parking Lot and head down to the greenbelt from there. Register prior to class at [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org) to help us coordinate with the instructors!



### Grayhawk Single Sippers Club

**Wed., September 14 at 5 p.m.**

**Sophia's Kitchen, 17050 N. Thompson Peak Pkwy. Ste. 125**

If you are a single looking for casual conversation, a friend, or just to meet some other singles in your neighborhood, then this event is for you! Come grab yourself a light bite to eat and a drink on the beautiful patio at Sophia's Kitchen while meeting some new people. This is a great way to broaden your circle of friends and to try something new. We must give the restaurant our final count of attendees by September 16. Register at [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org).

### Food Truck Night - Queen Bee Tacos & Fry Bread

**Thur., Sept. 22 from 5p.m. to 7 p.m.**

**Grayhawk Greenbelt at 78th Way & 78th Pl., Park at 7940 E. Thompson Peak Pkwy.**

Leave the cooking to the professionals and pick up dinner for the whole family from this month's food truck. Walk, bike, or drive down to the greenbelt and support this local business! There will be no parking on the street, please park in the offices at Grayhawk parking lot located at 7940 E. Thompson Peak Pkwy. And take the sidewalk path to the greenbelt. Then feel free to enjoy your goodies under shade trees in the greenbelt or while walking the path with family and friends. We look forward to seeing you there!

### Mimi's Paper Flower Art Class

**Tues., Sept. 27 from 5:30 p.m. to 7:30 p.m.**

**Raptor Room, GCA Office, 7940 E. Thompson Peak Pkwy. Ste. 102**

Learn how to construct a beautiful elegant giant paper flower that you can display on its own or as a part of a flower wall. Mimi will teach us using only card stock and a glue gun so you can take your new skills home to create even more! Bring your favorite beverage to share and have your friends join you for a fun craft night out. Class is \$45 per person and includes all the supplies, instruction, and light snacks. Register at [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org) by September 23 to save your seat. Payments will be made via Venmo to Mimi prior to the class. The Venmo handle will be emailed to all registered participants prior to the class date.

# In & Around Grayhawk

## Debs Dragons Wildlife Encounters

**Thur., Sept. 29 from 5 p.m. to 5:45 p.m.**

**Talon Room , GCA Office, 7940 E. Thompson Peak Pkwy. Ste. 102**

Join neighbors to learn about misunderstood creatures from all over the world. You will get the opportunity to touch some slithering snakes, licking lizards, and hissing cockroaches! Or feel free to sit back, watch, and enjoy watching everyone else squirm. Deb will be bringing a variety of her creatures which may include bearded dragons, blue tongue skinks, pythons from Africa, and some different bug species. She will also be going over fun facts on each animal for those interested in getting to know these creatures. This fun and educational adventure is for all ages. Bring some bravery, and don't forget your camera! Space is limited. Register at [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org) by September 27.

## Debs Dragons Teen Fear Factor

**Thurs., Sept. 29 from 6 p.m. to 7:30 p.m.**

**Talon Room, GCA Office, 7940 E. Thompson Peak Pkwy. Ste. 102**

Do you think you're brave enough to let a Tarantula crawl on your head? Or, would you dare stick your hand into a bucket of snakes? If you think you have what it takes to win Grayhawk Fear Factor, then sign up today and start preparing for a spooktacular evening with other teens and pre-teens in the neighborhood! This event is suggested for kids aged 10 and older. This party is fast-paced and exciting with lots of team based games/ and creepy critter initiatives. Teams have the opportunity to win prizes like Amazon, Target, and iTunes gift cards! Register today [www.grayhawkcommunity.org](http://www.grayhawkcommunity.org) to save your seat as space is limited. Grayhawk residents are allowed to bring a non-resident guest if they register by September 24. Cost to participate is \$5 per child and will include a hot pizza dinner!

## Political Signage

With every election come questions regarding the use of political signage in the community. Although Grayhawk does have a community signage policy, the state of Arizona has clear laws that regulate the use of political signage in an HOA community.

### ACCORDING TO THE A.R.S. SECTION 33-1808:

Notwithstanding any provision in the community documents, an association shall not prohibit the indoor or outdoor display of a political sign by an association member on that member's property, except that an association may prohibit the display of political signs as follows:

1. Earlier than seventy-one days before the day of a primary election.
2. Later than fifteen days after the day of the general election.
3. For a sign for a candidate in a primary election who does not advance to the general election, later than fifteen days after the primary election.

Essentially, the Association must permit signage, but within certain timeline boundaries (seventy-one days before the primary and up to fifteen days after the general election). In addition, if the city, town or county in which the property is located does not regulate the size and number of political signs on residential property, the association shall not limit the number of political signs, except that the maximum aggregate total dimensions of all political signs on a member's property shall not exceed nine square feet.





# Scottsdale EZ is Here to Assist You

Whether it's a short-term rental complaint, a fresh pothole or a broken trash can, the City of Scottsdale has an online service that makes it easier for residents to report problems with city facilities or services.

Scottsdale EZ is a single, mobile-optimized system that lets you quickly report issues and provides the city with a consolidated tracking and reporting system.

To report an issue using Scottsdale EZ:

- Visit [ScottsdaleAZ.gov/EZ](http://ScottsdaleAZ.gov/EZ) on your desktop or mobile device, or search online for “Scottsdale EZ” to find the application link
- Enter the request or issue in the search bar, select a top request or browse by category
- Choose an address related to the request, or use your device's GPS to pinpoint the location of the issue - Provide details and submit a photo, if applicable
- Review your information and submit it
- City staff will get back to you to confirm they've received your request

The more accurate the information you provide when submitting a request, the more quickly it can be assigned to staff and resolved.

Next time you notice something the city needs to take a look at or fix, don't hesitate -- Scottsdale EZ makes it simple to report those issues and get them taken care of.

The screenshot shows the Scottsdale EZ eServices website. At the top, there's a banner with the City of Scottsdale logo and the text "eServices". Below the banner is a navigation bar with links: "Home Page / ScottsdaleEZ / Submit Request". The main content area features a search bar with the placeholder text "What is your request?" and a "Reset" button. Below the search bar is a section titled "Top Requests" which contains eight categories of requests, each with an icon and a label: "Collection Issue" (trash can icon), "General Water Issues" (water tap icon), "Meters" (circular arrow icon), "Property Maintenance" (house icon), "Residential Container Repair" (trash can icon), "Short-Term Rental - Complaint" (house icon), "Short-term Rental - New Registration" (house icon), and "Water Leaks" (wrench icon).



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 GCA & RVA Board Mtgs. 5:30 p.m. Talon Room	2 ARC Mtg. 4:30 p.m. GCA Office	3	4	5	6
7	8	9	10	11	12 Drive-Up Breakfast 7:15 a.m. Neighborhood Park	13
14	15 Encore Board Mtg. 6 p.m. Via Zoom	16 ARC Mtg. 4:30 p.m. GCA Office	17 Coaster Crafts 6 p.m. Talon Room	18	19	20 Yoga in the Park 9 a.m. Grayhawk Greenbelt
21	22	23 Trivia Night 6 p.m. Via Zoom	24	25	26	27 Coffee with a Cop 9 a.m. Talon Room
28	29	30	31	<b>WHO TO CALL</b>  ROVING PATROL (480) 502-7685 GRAYHAWK ASSOCIATION (480) 563-9708 SCOTTSDALE POLICE (480) 312-5000		

# Dad Poems

*We put a call out earlier this year asking kids to share why their dad or father figure was the very best.*

Thanks to all that submitted. Winners in each age group are featured below:

## **12 and Under Age Group**

Place 1) Avery Vaughn

Place 2) Avery Young

Place 3) Asher Spiro

## **13+ Age Group**

Place 1) Mia Ribeiro

Place 2) Anonymous



## **Poem for my #1 Dad**

Avery Vaughn  
Age: 10

I love my dad I think he's great,  
He sometimes lets me stay up late.  
When my mom goes out of town,  
That's where my dad's true love is found.  
He cooks, he washes, he takes us places.  
He makes me and my siblings have smiling faces.  
His homemade smoothies are very yummy, Maybe that's why  
he has a great big tummy!  
I think his jokes are really great,  
But when baseball is on, I have to wait.  
Our game of Chess may start late  
But I will be the one with the checkmate!  
He laughs about the family farts,  
But he truly has a great big heart.  
He tells me I am a good negotiator,  
This poem is finally done, so see ya later.

Avery Young  
Age: 9

My dad is the best dad in the world. He is very kind, loving, and thoughtful! He is also very special. He's special because he always tried to help out in Grayhawk events. He's also very special because he will take me on vacation to places such as California, Washington and much more! I love my dad very much. He also taught me how to ride my bike with no training wheels in our backyard during the pandemic. He will also take me to a bunch of fun stuff such as the water park, Universal Studios, and Disneyland! I always have a blast when I'm with my dad! He's definitely not a perfect dad like Bill Baer, but he's a super awesome one!



## Thank you Dad

*Mia Ribeiro*

*Age: 13*

You are my Protector,  
my shelter, my shield,  
Protecting me from evil,  
You are my Guide,  
Leading me through my dark times,  
Steering me towards the light,  
You are my Teacher,  
Correcting me when wrong,  
Smiling when i'm right,  
You are my Light,  
Enveloping me with your warmth,  
Showering me with your praise,  
You are my Comfort,  
My reassurance, my solace,  
Wiping my tears when I cried,  
You are my Supporter,  
Encouraging me to try my best,  
Reassuring me when I fail,  
You are my Hero,  
Reminding me to forgive others,  
Showing me how to be better,  
You are my Joy,  
My happiness,  
Helping to give me fond memories to look back on,  
But most of all you are my Father,  
The one who showed me love and joy,  
The one who showered me with cheer when I came  
home with an A+,  
The one who comforted me when I was bullied,  
The one who advised me when I was confused,  
The one who encouraged me to go the extra mile,  
To try hard, give my very best,  
The one who made me laugh and smile wherever we  
went,  
The one who understood me,  
The one who wakes up at 5 AM to support his family,  
To you, my father who is my:  
Protector, guider, teacher, light, comfort, supporter,  
hero, and my joy  
Thank you,  
Thank you for showing me how to be a better person,  
Thank you for putting so much time and effort into  
helping me when I needed it, Thank you for holding  
my hand, and catching me when I fell,  
Thank you for protecting me from those who wanted to  
harm me,  
Thank you for being there for me at my worst and best,  
But most of all  
Thank you for being the best man, the best FATHER  
I've ever known

## I'm Glad You Are My Dad!

*Asher Spiro*

*Age: 12*


I'm glad you my dad because  
You are the best dad there ever was  
You always are so silly  
And I love you for it, no really  
When I have a frown  
You always make that frown go upside down  
You are the best thing that ever happened to me You  
always make me laugh, it's a guarantee  
If anyone in our family is nervous  
You will always be there to help us  
If I am not feeling the best  
You will tell me to rest  
You are the nicest person ever  
And I will love you forever  
And this is why I am glad you are my dad!

## My Dad

*Anonymous*

*Age: 14*

There are many reasons why I appreciate my dad so much. He goes out of his way to make sure me and the rest of my family are happy and works very hard to be successful. Sometimes, even though I can find him annoying when he comes into my room without knocking and embarrasses me when I'm talking to my friends, he is still the best dad I could ever have. I don't know any other dad who could try as hard as he does to make my family happy. I don't know what I would do if I didn't have a dad like him who supporting me. During the times in my life when I was struggling, he was there to help me get back up and keep going. He's taken us to all sorts of places so we can live comfortably without having to worry about our future. If I were to think of one person who was very similar to me, it would be him, as we can agree on many different things, although we do have disagreements, but that is ok. I wish my dad nothing but the best, and I love him so much. Even though sometimes it doesn't seem like I always appreciate him, I truly do.



# Back-to-School Safety Checklist

As summer draws to a close and children start heading back to school, it's important to share tips with your kids to keep them safe and healthy throughout the school year.

## **WALKERS**

- Make sure the route your child takes is safe and that they are never walking alone.
- If there is a sidewalk available, remind them to use it. If there is no sidewalk, students should walk facing traffic.
- Walkers should look left-right-left before crossing any street and always use crosswalks if available.

## **BIKE RIDERS**

- Remind your child to ride on the right side of the road with traffic.
- Bike riders should always wear a helmet.
- Teach children to respect traffic lights and signs.
- Make sure your children know proper hand signals for turning or stopping.
- Have a planned route for your children and make sure they never ride alone.

## **BUS RIDERS**

- Have children stand 6 feet (or three giant steps) away from the curb while waiting for the bus.
- If your child has to cross the street in front of the bus, tell them to walk on the side of the road until they are 10 feet ahead of the bus and then cross. Your child and the bus driver should always be able to see each other.

## **DRIVING TO SCHOOL**

- Slow down in school zones and residential areas.
- Don't block the crosswalk when stopped at a red light or waiting to make a turn forcing pedestrians to go around you.
- Do not pass a bus when they are loading or unloading children.
- Make sure that everyone in your car is wearing a seatbelt.
- Have new teen drivers practice, often. Just because they have a license doesn't mean you have to stop driving with them.

## **BACKPACKS**

- Ask your children to use both straps when wearing their backpack to evenly distribute the weight on their shoulders.
- Don't overstuff a backpack. Periodically have students clean their backpacks out as they tend to collect items they don't need.

## **AFTER SCHOOL PLANS**

- Make sure your children know and understand their afterschool routine.
- Have snacks and activities planned so that your child isn't getting in to things that could potentially be dangerous.

Making an effort to carve out some time before school starts to go over all of the necessary safety tips and routines is the best way to ensure a successful start to the school year.



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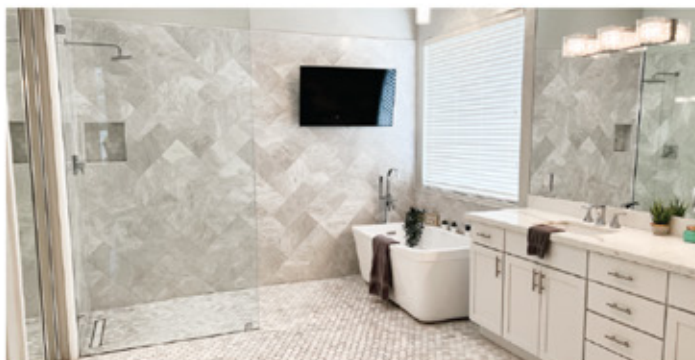
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# Monsoon Challenges for Trees

By: Schuyler Mares, DLC Resources Field Manager

The summer monsoon season can bring challenges to any landscape, and DLC Resources works hard year-round to prepare your Community to thrive, not just survive, the summer. Trees are typically the most valuable part of a Community's landscape, so special care is taken to maintain their health. Here are a few ways we work to mitigate common issues trees can face during the monsoon.

## PROPER TREE PRUNING

The most vital part of our monsoon preparation is structural pruning for trees. Many native trees grow quickly and develop a dense, heavy canopy that catches the wind and is easily toppled. But regular pruning can help thin the canopy, making it lighter and allowing wind to pass through branches. Then winds blow through, rather than pushing the tree over. This crown thinning is essential to protecting your trees as much as possible from wind damage.

Tree pruning below 12 ft. happens routinely throughout the year to lift canopies and keep them out of the way for vehicles and pedestrians. But at least once a year, our specialized Arbor Department comes through Grayhawk with equipment and skills allowing them to prune branches over 12 ft. It's important to note that not every large tree needs trimming every year. In 2022, DLC pruned 1,006 trees above contract height at Grayhawk. But your total Arbor inventory is 6,984 trees, many of which are small enough to be cared for by your on-site crew.

In addition, keeping trees healthy also gives them their best shot at surviving the Monsoon season. Our Arbor Department also uses GIS mapping to identify each tree in your community so we can be aware of the unique differences such as susceptibility to pests, disease or just general care needs.



*A specially trained Arbor crew trims trees above contract height.*

## ROOT-BOUND TREES

Trees that aren't old enough to be structurally pruned yet may face other issues. Trees less than two years old typically don't get broken branches during monsoons. They are more likely to lean or be blown over. This is usually a result of unestablished or defective root systems; either the tree has girdled roots (where the roots grow tightly around the trunk of the tree) or the tree is root-bound (nursery containers cause the roots to grow in a continuous circle).



*Tall, stately trees at Grayhawk.*



*An example of a root-bound tree.*

When we encounter a toppled young tree, it may be tempting to plant it right back in the ground. Root-bound trees may live if re-staked and may continue to show above ground growth. However, experience tells us that these trees will eventually fail since root-bound trees never establish good root growth. If root-bound trees are restaked instead of removed, there is significant risk that they will outgrow the stakes and fail again, this time as a larger tree. This can cause significant damage to whatever is in their path. We remove the tree entirely and recommend replanting in the future.

For more information on managing trees or preparing for the monsoon in your backyard, please visit <https://www.dlcresources.com/learning-center>.



## HEALTHY HINTS: Hydrating for Better Health

By Tina Uphoff, Grayhawk resident, Personal Trainer, Health Coach  
Yoga Teacher & Certified Yoga for Golfers Instructor

Given that August is one of the hottest months of the year, this month is focused on hydration. Heat can have a subtle effect on the body without knowing it. If you're out in the sun, it can take just 30 minutes or up to a few hours for the heat to cause dehydration, nausea, or trouble concentrating. Therefore, given the time of year it's important to put more focus on keeping yourself hydrated and safe.

In addition, since your body is mostly made up of water, staying hydrated is very important with or without an additional heat factor. Up to 60% of the human adult body is water. According to H.H. Mitchell, Journal of Biological Chemistry 158, <sup>1</sup> the percentage of water in our body varies as follows:

- Brain and Heart - 73%
- Lungs - 83%
- Skin - 64%
- Muscles and Kidneys - 79%
- Bones - 31%

These percentages help reinforce the need to hydrate to keep our overall body functioning at its best.

### What Does Water Do for You?

Water plays a vital role in our daily body functions such as:

- Regulating body temperature
- Forming saliva and assisting with digestion
- Allowing the body's cells to grow, reproduce and survive
- Supporting the brain to produce hormones and neurotransmitters
- Acting as a shock absorber for the brain and spinal cord
- Helping deliver oxygen all over the body
- Lubricating joints



### Other Key Benefits of Hydration

Here are key benefits of staying hydrated that can impact our day-to-day activities:

- **More Energy** – Improves circulation to increase the flow of oxygen to the brain
- **Weight Loss/Management** – Can provide a sense of fullness and boost metabolism
- **Decreased Joint Pain** – The cartilage in our joints contains approximately 80% water so staying hydrated can assist with the lubrication
- **Fewer Headaches** – Even a mild fluid loss can cause the brain to contract away from the skull, leading to headaches and migraines

### How Much Water Do You Need?

Basic rule of thumb is to drink 8 glasses of water each day. It's important to keep in mind that every person has different hydration requirements depending on their body size, health conditions, and medications they are taking. In addition, hydration requirements can vary on a day-to-day basis based on factors such as physical activity, exposure to hot/humid weather, and illness.

### Key Strategies for Increasing Water Intake

- Set a daily goal
- Start your day with a full glass of water
- Infuse water by adding a combination of fruit, vegetables and/or herbs – cucumber and lime is my favorite blend
- Drink a glass of water after each bathroom break
- Drink water before each meal
- Choose sparkling or mineral water over soda
- Limit coffee and caffeinated drinks – they dehydrate you
- Explore herbal tea – there are so many options for teas to explore

Have a healthy, hydrated summer,

**Tina**

Cell: 612.720.3596

Email: [tina@tinahealthcoach.com](mailto:tina@tinahealthcoach.com)

Source

<sup>1</sup> The Water in You : Water and the Human Body, Water Science School.  
Retrieved from <https://usga.gov/special-topic/water-science-school/science/water-you-water-and-human-body>





## Sip and Tell

By Sue Lukenbill, *Encore Resident*

Welcome to the month of August. If the summer has been unbearable (yes!), take solace in knowing that the end is in sight.

I have not gotten away quite as much this summer and am definitely ready for a break from the heat. We are taking a long weekend to get away to Northern California at the end of July where we will be joining a family reunion 66 adults and 29 kids ranging in age from 3 months to 79 years old. I am equal parts excited and terrified!

Restaurants often come and (sometimes quickly) go in North Scottsdale. I'm not sure what the magic formula is for success, but many breakfast joints seem to have found it. Maybe it's the lure of a casual brunch or the over-indulgent start to the day, but we seem to have plenty of choices when it comes to our first meal. This month, I will add another to the list.

Jennifer Sheets and I recently had breakfast at **Freshly Laid**, a quick-service restaurant that welcomes you to "wipe that egg off your face". The menu offers something for every breakfast lover- from brioche and bagel breakfast sandwiches to burritos, bowls to avocado toast and even a giant cinnamon roll. Whether you are looking for barbacoa, bacon, sausage, burgers or tofu, they have you covered. They serve a variety of coffee and tea as well as orange juice.

This place definitely has a vibrant personality and the menu is fun to read. I am usually definitive about what I want, but at Freshly Laid I could not make up my mind. I was going to order the *Avo Toast* as it's always one of my favorites. Theirs is made with roasted tomato, grilled asparagus, onions, local sprouts, fried farm fresh egg on a toasted brioche. Everything on the menu just looked so good! I landed on the *Wasn't Me* with a gluten free Everything Bagel with herby lemon cream cheese, a fried egg, sliced tomato, local sprouts and smashed avocado. I added sausage which shocked Jenn as she knows that I am a die-hard bacon girl. It was really good though!



Jennifer Sheets ordered the *Morning After*, a wrap with barbacoa, scrambled eggs, sweet potato hash, cheddar cheese, candied jalapeños and smashed avocado. She loved the spicy sweet combo and said she would definitely order it again. There were two other groups in the restaurant when we stopped in and both tables had the cinnamon roll. I think I will take that as a hint and order one next time I visit. I was also eyeing the sweet potato tots with maple marshmallow sauce. Yum!

**Freshly Laid** offers a grab-and-go option for those on the run, or a fun place to stop and grab a bite without too much fuss. A second location is slated to open soon in Arcadia. Until next month, stay cool and hydrated!

### **Freshly Laid**

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Grayhawk Community Patrol	480-502-5078
Talon Guardhouse	480-502-7685
Raptor Guardhouse	480-502-5078
After Hours Answering Service	602-234-9288

## UTILITIES

Southwest Gas	877-860-6020
City of Scottsdale Water	480-312-5650
City of Scottsdale Solid Waste	480-312-5600
APS	602-371-7171
Street Light Repair (SA/ ID prefix on pole)	602-371-7171

## CITY OF SCOTTSDALE

Non-Emergency Police Department	480-312-5000
Fire Department Main Phone	480-312-8000
Police or Fire Emergency	911

Parks and Recreation	480-312-2771
Street Light Repair (SS prefix on pole)	480-312-5483

## SCHOOLS

Grayhawk Elementary School	602-449-6600
Mountain Trail Middle School	602-449-4600
Pinnacle High School	602-449-4000
El Dorado Private School	480-502-6878

## LIBRARIES

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Grayhawk Golf Club	480-502-1800
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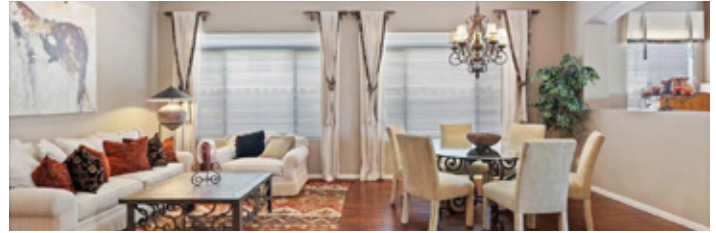


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