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Features



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Winter Recipes

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Grayhawk Community Association

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7940 E. Thompson Peak Pkwy. Suite 102 Scottsdale, AZ 85255

www.grayhawkcommunity.org

Phone (480) 563-9708

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Talon Guardhouse/Roving Patrol (480) 502-7685

Raptor Guardhouse (480) 502-5078

Hours of Operation Monday - Friday 8:00 am - 5:00 pm

GRAYHAWK STAFF



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Chantel Martin *Maintenance Assistant*



Jenn SheetsDirector of Communications jsheets@ccmcnet.com



Martha CastanedaMaintenance Assistant

Manager's Corner



At the November 14, 2023 Grayhawk Community Association (GCA) and October 2, 2023 Retreat Village Association (RVA) Board meetings, the Board of Directors of both associations approved the Budget/Finance Committee's recommended 2024 operating budgets. The approved budgets result in an \$7.40 per month increase (\$22.20 quarterly increase) in the GCA assessment and an \$11.00 per month increase (\$33.00 quarterly increase) in the RVA assessment, if you are a member of the Retreat Village. The neighborhood assessment for Pinnacle was approved with a \$7.00 per month increase (\$21.00 quarterly increase) in 2024 and the Retreat Village neighborhoods were all approved with varying increases in 2024. Both the GCA and the RVA Board of Directors approved the funding level for each association's capital

reserve fund to the recommended funding level in the GCA and RVA updated reserve studies.

Your monthly GCA assessment is used to pay for a wide range of services that affect all of you including the landscape maintenance throughout the community, the GCA office staff, 24-hour community patrol, maintenance of the community and neighborhood amenities such as ramadas and playground areas, and community events and activities.

The GCA's operating budget for 2024 includes the following notable changes:

- Patrol Service The patrol service expense reflects a \$1.00 per hour increase in the wage rate for the patrol officers with Garda World Security Services that was previously approved by the GCA Board of Directors as part of the 5-year contract renewal approved in 2020.
- Landscape Maintenance The landscape maintenance expense reflects a 3% increase in the landscape maintenance contract that was previously approved by the GCA Board of Directors.
- Landscape Repairs and Replacements increased 39%
- 2023 Audit and Tax Returns increased 17%.
- Reserve Account funding increased 9% to recommended 2024 reserve study levels.

The Board of Directors of both the GCA and the RVA continue to adhere to their responsibility as fiduciaries of these non-profit corporations and expend the Association's funds as prudently as possible. The Budget/Finance Committee and both the GCA and the RVA Board of Directors are to be commended for continuing to display fiscal responsibility with your assessment funds.

On another note, please join your Grayhawk neighbors by participating in some or all of the holiday programs scheduled in December. These include the Holiday Jolly Christmas Mixer, Evening Breakfast with Santa and Celebrate Hanukkah. Also, please remember to stop by the Cocoa Hut in Montevina.

Have a safe and happy holiday season.

Stacey Harvey

Executive Director, Grayhawk

GRAYHAWK ADVERTISING

The Grayhawk Community Association (GCA) offers advertising as a service to our community and does not support or endorse the products, persons or services advertised in the Flight. GCA shall not be held liable or responsible for any misleading or incorrect advertising.

Community Meetings

BOARD MEETINGS – DECEMBER 2023

Board meetings are open to residents and we encourage you to attend. Your involvement does make a difference!

Grayhawk Board of Directors

Monday, Dec. 4 at 5:30 p.m. Call the GCA Office at 480-563-9708 for more information. grayhawk_board@grayhawkcommunity.org

Grayhawk Board of Directors Executive Session Meeting

Monday, Dec. 4 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

Retreat Village Board of Directors

Monday, Dec. 4 following the GCA Board meeting. Call the GCA Office at 480-563-9708 for more information.

retreat_board@grayhawkcommunity.org

Retreat Village Board of Directors Executive Session Meeting

Monday, Dec. 4 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

COMMITTEE MEETINGS

Communications Committee

Call Jennifer Sheets at 480-563-9708 for more information.

Event Planning Committee

Call Kristen Hammond at 480-563-9708 for more information.

Landscape Committee

Call Ashley Scott at 480-563-9708 for more information.

Operational Review Committee

Call Stacey Harvey at 480-563-9708 for more information.

Architectural Review Committee

Tuesday, Dec. 5 and 19 at 4:30 p.m. Call Ashley Scott at 480-563-9708 for more information.

OTHER ASSOCIATIONS

Avian Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

Cachet at Grayhawk Condominium Association Meeting

Call FirstService Residential at 480-551-4300 for details.

Crown Point Board Meeting

Call Ashley Scott at 480-563-9708 for details.

Edge Condominium Association Board Meeting

Visit www.theedgegrayhawk.com or call 480-584-4647 for details.

Encore Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

Tesoro Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

Venu Condominium Association Board Meeting

Call Vision Community Management at 480-759-4945

Village at Grayhawk Condominium Association Board Meeting

Call FirstService Residential at 480-551-4300 for details.

Vintage Condominium Association Board Meeting

Call Associated Property Management at 480-941-1077 for details.

2023-2024 Grayhawk Community Association

David Van Omen
President

Paul Alessio Vice President

Derek Moore Treasurer

Richard Zielinski Secretary

Randy Brown
Director

Arlene Smith
Director

Don Morse
Director

2023-2024 Retreat Village Association

Michael Loya President

Don Morse Vice President

Richard Fowler
Treasurer

Ireasurer

Jim Ball Secretary

John Williams

Director

VISION

Grayhawk: a Sonoran Desert home to vibrant southwestern living with an uncommon commitment to community.

MISSION STATEMENT

Grayhawk Community Association strives to enhance quality of life and community strength through inclusion, participation and pragmatic stewardship of human, financial and environmental assets.

Grayhawk Master Association Board of Directors Meeting – November 6, 2023

Development Committee

Paul Alessio discussed the DMB Open House scheduled for Wednesday, November 15 at Grayhawk Community Association. A representative from DMB will be present with information regarding the revised plans for Scottsdale One, a pending development just south of Legacy Drive on Scottsdale Road. AXON has withdrawn its plan of a Google style campus near the 101. Also, the city of Scottsdale will be installing a bridge from the baseball field parking lot to the proposed dog park on Thompson Peak Pkwy and Hayden Rd as part of a traffic control plan to reduce traffic entering off Hayden Rd.

Operational Review Committee

Don Morse reported that the street reconstruction project in Retreat went smoothly however, there are several punch items that still need to be addressed. Management, RVA board members, L. Keeley Construction and Michael Frank with Frank Civil Consulting met last week to discuss minor remediations that may need to take place. A laser level truck will be on-site in the coming weeks to assess the roads and more information about the scope of the remediation will be available after an assessment.

A sample lighting enhancement was completed at the monument on the Northeast corner of Hayden and Thompson Peak. While the landscape lighting turned out excellent, the lighting on the signage is overpowering. Modifications have been requested and another review will take place after modifications.

Landscape Committee

Arlene Smith reported that the committee met on October 18 and discussed several contracts to be discussed later in the agenda.

The extreme heat this summer and lack of cooler overnight temperatures caused many Saguaros to decline, resulting in collapsing. DLC is not recommending replacing them at this time.

DLC's contract expires December 31, 2023, they have proposed Addendum #7 to their original contract with a five year extension. The proposed pricing increase for 2024 is 3%, 2025 is 2% and the remaining years to be based upon CPI and mutual agreement. The board discussed the contract and made a motion to extend the contract by two years since pricing beyond that timeframe is unknown as of now. Motion to extend DLC Resources landscape management contract through 2025 with a 3% increase in 2024 (\$71,334.00 monthly) and 2% increase in 2025 (\$72,761.00 monthly). Seconded and Motion Passes.

Community Enhancement Committee

Richard Zielinski reported that the committee met on October 24 and reviewed several proposals.

Crown Point Community Enhancement Project - Crown Point has historically submitted a community enhancement project annually for consideration. For 2023, Crown Point requested the addition of a shade cover to the pool equipment to help extend the useful life of equipment by protecting it from the elements. Request is for \$6,400.

The committee discussed the validity of the request and determined it was a reasonable request of community enhancement funds. Motion to approve the request for \$6,400 to be funded by the GCA community enhancement fund, seconded and Motion Passes.

74th Street and 74th Way Enhancement Proposal - The landscape committee identified an area for landscape enhancement. The location at 74th Street and 74th Way has experienced significant plant loss over the years and the Landscape Committee is planning to utilize this area for a template for a proposed larger scale plant infusion for the community in 2024.

The committee discussed the validity of the request and determined it was a reasonable request of community enhancement funds. Motion made to approve the proposal from DLC Resources for \$9,458.50 for landscape enhancements at 74th Street and 74th Way. Seconded, Motion Passes.

Tot Lot Turf Reduction - Management requested a proposal from DLC to reduce turf in key areas around tot lots and pocket parks throughout the Park. Maintenance discovered deterioration of playground equipment and other areas due to overspray from turf watering. DLC provided a proposal for \$53,964.13 for eight (8) locations to have turf reduction curbing.

The committee discussed the proposal and requested additional information from DLC regarding the need for the project to make a more informed decision. No action taken.

Curbing and Erosion Repairs - Over the years, there has been significant curbing and erosion damage due to rain runoff within the community. DLC provided a proposal to address curbing and erosion issues along the greenbelt as well as damage by the culvert box on 74th Street and 74th Way.

The committee discussed the validity of the request and determined it was a reasonable request of community enhancement funds. Motion to approve the proposal from DLC Resources for \$13,803.40 for curbing and erosion repairs. Seconded, Motion Passes.

Monterrey Turf Reduction - The monument at Monterey Park has experienced damage to the stucco due to turf overspray. Management requested a proposal for turf reduction and additional plant installation around the monument prior to stucco and painting repairs being made.

The committee discussed the validity of the request and determined it was a reasonable request of community enhancement funds. Motion to approve the proposal from DLC Resources for \$6,058.98 for turf reduction and plant replacements at the Monterey Park monument. Seconded, Motion Passes.

Digital Guard Reports - Historically, patrol officers at Grayhawk have completed a handwritten log for each shift worked. This generates approximately 20 pages of handwritten reports daily. Guardaworld presented information to the Operations Committee regarding an electronic reporting system, Tracktik, that is utilized

at other sites which allows for electronic creation and distribution of patrol reports, incident reports and maintenance logs as well as QR codes to be scanned while on patrol. The electronic reports will greatly improve efficiency for patrol and management and the QR codes will assist in ensuring proper patrol procedures and routes are in place.

The committee discussed the validity of the request and determined it was a reasonable request of community enhancement funds. Motion to approve the proposal from Guardaworld for \$5,400 annually to be funded by the GCA Community Enhancement Fund through 2024 and then to be absorbed by the operating budget going forward. Seconded, and Motion Passes.

Event Planning Committee

Jennifer Sheets reported that the committee met this month and discussed the rest of the 2023 events and 1st quarter 2024 events. Pumpkin Patch was a lot of fun and over 350 people registered for the popular event. The previous Lifestyle Director, Kristen Hammond, is no longer with Grayhawk and the search for her replacement is underway.

Communications Committee

Jennifer Sheets reported that the committee met this month and discussed the boards decision at the October meeting to change the print frequency of The Flight to quarterly. Updated pricing was obtained and to print The Flight bimonthly with some concessions, as well as prepare a monthly digital version came to an annual cost of \$26,760 which is less than the proposed cost to print quarterly at the October meeting. Motion to print The Flight on a bimonthly basis with electronic print every month in 2024. Seconded and Motion Passes.

Architectural Review Committee

Paul Alessio reported that since the last Board meeting, the committee met on October 5 (seven submittals) and October 19 (twelve submittals). The committee is continuing to see a wide range of categories for submittals.

Executive Committee

David Van Omen reported that the committee met on October 30 and discussed the cell tower leases, 2023 Audit/Tax Engagement Letters, Bridge monument paint colors, and upcoming developments in the area.

An architectural proposal to redesign all 26 mailboxes and nine (9) mailboxes throughout Grayhawk was discussed. The proposal was submitted by Studio KZ, designer of the recent guardhouse project, and is an estimated expense of between 1.2 million to 1.6 million. The design was shared with the board to review and consider. No action needed at this time.

Budget/Finance Committee

Derek Moore reported that the committee did not meet.

New Business

Management has been contacted by both Verizon and AT&T regarding terms to renew their cell tower leases early. The current lease for Verizon is \$ \$7,056.72 per year through 2025 with no additional renewal terms. Previous renewal terms were at a 110% escalator per term. The renewal offer is \$7,762.39 per year effective September 1, 2025 with a 10% escalator every 5 years for 4 additional renewal terms. The current lease for AT&T is \$ \$661.25 per month through 2025 with no additional renewal terms. Previous renewal terms were at a 15% escalator per term. The renewal offer is \$629.00 per month effective November 27, 2030 with an 8% escalator every 5 years for 5 additional renewal terms.

The board requested to review the information in December. Motion to approve a board "After Holiday" party on Thursday, January 18, 2024.

Sample paint was placed on the north side of the bridge on Thompson Peak Parkway for the board review. One logo was painted Tudor Brown with white and the other was painted Mesa Tan. Motion to approve logos on all bridges to be painted Tudor Brown with white. Seconded and Motion Passes.

Arizona state statutes require that the GCA must have an audit/ annual report of the association prepared within 180 days of the end of the fiscal year. In 2014, the association audit and tax return contract was awarded to Mansperger Patterson and McMullin (MPM). Since MPM's proposal reflects a slight increase in cost from last year's proposal. Fees for the audit and other services other than the preparation of the tax returns will not exceed \$8,225 and \$275 for the preparation of the tax returns. The past audits prepared by MPM have been extremely thorough and comprehensive, and the Budget/Finance Committee has been very impressed with MPM's audit and recommendations. The board discussed the increase in pricing and asked management to obtain competitive bids to be reviewed in December. No action taken.

Treasurer's Report

Derek Moore reported that financials for the month of September were in line with budgeted amounts.

Management Report

Stacey Harvey reported that the office has been very busy with phone calls and foot traffic. Patrol did an excellent job during the street project as well as on Halloween with the increased foot traffic.

In & Around Grayhawk

Holly Jolly Christmas Mixer

Saturday, Dec. 2 from 6 p.m. to 8 p.m. Federal Grill Restaurant, 7000 E Mayo Blvd.

Join your neighbors for a festive evening of holiday cheer and merriment. For just \$35 per person, savor delectable appetizers and a welcome cocktail while mingling with friends. A cash bar will be available for those who wish to indulge. Get ready to discover who's been naughty and who's been nice this year at the Federal Grill! This event is age 21+ with a maximum of 50 guests. Secure your spot early! The restaurant does require a head count in advance, so please register on grayhawkcommunity.org by Monday, Nov. 27.



SCAN TO REGISTER FOR ALL CURRENT GRAYHAWK EVENTS



Sunday, Dec. 3 from 4 p.m. to 6 p.m. Hilton Cavasson, 7965 E Cavasson Blvd.

Get ready for a magical evening with Santa Claus at his new home away from the North Pole – the Hilton Cavasson! Enjoy a delightful evening holiday breakfast in your coziest jammies an event filled with reindeer games and kids' crafts while we await a visit from Santa himself. We will hold your child's gift ahead of time for it to be delivered and presented by Santa Claus during the event. Full details of our Santa partnership with the North Pole will be emailed to parents in advance. Cost is \$15 for adults and \$12 for children ages 5 and up. Breakfast will be served and a cash bar will be available. Register on grayhawkcommunity.org by Monday, Nov. 27 to secure your spot. Parents should drop off a wrapped gift at the GCA office for Santa to give your child by no later than Nov. 27. Clearly mark your child's first name, last name and age on the gift.

Celebrate Hanukkah

Wednesday, Dec. 13 from 6 p.m. to 8 p.m. Talon Room, GCA Office

Embrace the spirit of Hanukkah with us as we gather on Wednesday, December 13 from 6pm – 8pm in Talon Room, located at The Offices at Grayhawk! Join the joyous festivities replete with delectable kosher catering, lively conversations, crafts for the kids and a heartwarming community blessing. Residents of all denominations are welcome to partake in this festive day with neighbors. \$5/per person. Don't forget to RSVP by Friday, December 9 at GrayhawkCommunity.org.

Ladies Bunco Night

Wednesday, Dec.27 from 6 p.m. to 8 p.m.

Talon Room, GCA Office

Join neighbors for a night of food, drinks and Bunco! Never played before? Don't worry! It's an easy dice game. All you need to know is how to roll dice and count! We'll do a quick lesson before we get started. Space is limited. Register on grayhawkcommunity.org and bring exact cash to the office by Dec. 18 to hold your spot. Your \$5 will go into the pot for cash prizes at the end of the nights.





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As the Grayhawk Community Association Board of Directors moves toward more sustainable and cost-effective communications, we want to make residents aware of the best ways to stay connected to your community:

- The Grayhawk Flight: The Grayhawk Flight magazine will be printed every other month in 2024, but will still be published and shared monthly on a digital platform. You will find a digital copy of the Flight on grayhawkcommunity.org or linked in the weekly eblast.
- The Grayhawk Buzz: The weekly eblast is sent each Monday with event reminders and important Association business. The Buzz is one of the best ways to make sure you don't miss anything important! In addition, Retreat Village residents can sign up to receive the Retreat email, sent periodically with important reminders for those that live in the Retreat. Email Jennifer Sheets at jsheets@ ccmcnet.com to sign up.
- **The Grayhawk website:** You can find everything from how to pay your assessments to your governing documents on grayhawkcommunity.org. The website is where residents can go to find information on home modifications, email the GCA or RVA Board of Directors or register for events. Residents will also find information on parking, trash, landscaping, room rentals, amenities and area businesses on the website.
- **Social Media:** Residents can follow Grayhawk on Facebook at facebook.com/GrayhawkAZ, on Instagram at @ GrayhawkAZ or on YouTube at youtube.com/azgrayhawk. Social media is a great way to stay up-to-date on events and area activities.



Holiday Lights and Feeding Arizona's Hungry

Montevina Shares the Spirit of Giving

This holiday season marks the 22nd year that the residents of Grayhawk's Montevina neighborhood have been spreading holiday cheer with their over-the-top lights, music and goodwill. Hundreds of cars pass through each week every December to enjoy the spectacle on Rose Garden Lane, as life-sized snowmen, manger scenes and reindeer delight children young and old.

Santa's Cocoa Hut, which sits near the entrance, is definitely the highlight. Visitors are handed hot cocoa and cookies by Montevina resident volunteers in exchange for non-perishable food items or cash donations for St. Mary's Food Bank.

The neighborhood has raised thousands and pounds of food and a ton of money over the years, helping to feed our Valley neighbors who are living with hunger. In 2022, Montevina neighbors collected \$25,765, bringing their Cocoa Hut all time total to \$119,857.

So this December, make sure to stop shopping, baking and wrapping long enough to drive (or walk) over to Montevina and bask in the holiday glow. The Cocoa Hut will be open from December 1-December 25 seven days a week from 6 p.m. to 9 p.m.









Hunger in Arizona

According to St. Mary's Food Bank, 1 in 4 Arizonans grow up in poverty with food insecurity. Nearly 30% of our neighbors are considered working poor, living on wages that barely cover housing and other basic necessities.

With the support of generous donors and the help of over 700 partner agencies, St. Mary's Food Bank distributed 102,227, 360 pounds of food last year throughout most of Arizona.

A big thanks to Pinnacle High School National Honor Society students for helping us keep our neighborhood clean!





2024 Budget Assessment Update

By Derek Moore, Grayhawk Community Association Treasurer

How has inflation over the last couple years impacted us as residents?

The cumulative effects have meant increases in maintaining the community up the level we as residents expect. For 2024 you'll notice a 10% rise in the amount all of us pay into the Grayhawk Master Community Association (GCA). While none of us wants to see increases, by now you are familiar with the higher inflation impact over the last few years.

The problem with inflation is that even when the rate of change slows, it is still compounding on a higher base from the leftover embedded increases.

Things like materials, labor, and services have all undergone multiyear increases.

Individual neighborhoods and the Retreat Village Association (RVA) will also see increases.

Information will be going out shortly (if not already by the time you read this) to residents.

Operating vs Reserve Budget

Part of maintaining a strong community is having the proper amount in reserve to cover future replacement and maintenance costs. We are required to hold ample reserves for these things. It is a multiyear process where monies are applied towards eventual costs. We have regular reserve studies conducted by independent 3rd parties that evaluate when and how much things will cost.

At the same time, the costs of normal operations have also increased.

Simply, our community requires funding now and for the future.



What About Areas to Reduce Costs?

Part of the budgeting process involves a thorough review of where, if any, savings can be made.

Various committees and the board have already identified areas where adjustments can reduce costs. Because Grayhawk was already operating lean, and we residents expect a certain level of service, substantial reductions are challenging. A high priority is placed on keeping Grayhawk in a strong financial position.

As part of the long-term planning the volunteer committees in our community will continue to explore ways to keep value high with an eye on budgets.

Many long-term Grayhawk residents know that prior to the last couple of years, assessments saw very small increases commensurate with a much lower period of subdued inflation.

We thank all the resident volunteers and members of CCMC who worked many hours during this busy budgeting season.



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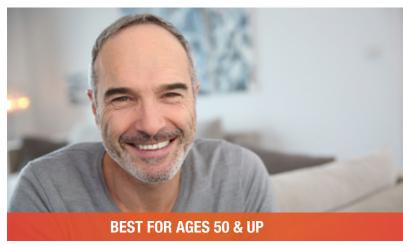




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Whether you just moved in or you've been here for years, make sure you follow the steps below to stay up to date with everything happening in the community.







VISIT OUR WEBSITE Visit grayhawkcommunity.org to find the community governing documents, ways to pay your assessments, community standards information, the event calendar and more.



FOLLOW US SOCIAL MEDIA

On our official Facebook Page and Instagram, you can find information about community events, reminders about things happening in the community, and share photos with us!



GrayhawkAZ



GrayhawkAZ O







Event Planning Committee members Lou Ender and Jill Achacoso join neighbors once a month to help conceptualize and plan the many events and programs that take place in Grayhawk. The committee, one of eight in Grayhawk, is comprised of residents with various backgrounds and demographics. They stay busy planning so you can stay busy having fun!

Today, Lou and Jill share a couple of their favorite fall/winter recipes...sweet, savory and delicious!

CURRIED FRUIT COMPOTE

Lou Ender

INGREDIENTS

- 1 (1 lb.) can peach halves, drained
- 1 (1 lb.) can pear halves, drained
- 1 (1 lb.) can apricot halves, drained
- 1 (1 lb.) can pineapple chunks, drained
- 1 (1 lb.) can dark sweet cherries, drained (omit if desired)
- 2 tbsp. butter
- 1/4 c. brown sugar
- 1 tsp. curry powder

DIRECTIONS

- Cut peach and pear halves in half.
- Place all fruit except cherries in 2-quart casserole.
- Melt butter, blend in sugar and curry.
- Spoon over fruit.
- Bake at 325 degrees for 15 minutes.
- Add cherries and mix.
- Cook 15 more minutes.
- Serve warm with meat.



CARL'S APPLE PIE

INGREDIENTS

PIE FILLING

- 7 cups sliced Granny Smith apples
- 1/2 cup sugar
- 4 tsp all-purpose flour
- 1/8 tsp salt
- 1/8 tsp ground cinnamon
- 1/8 tsp ground nutmeg
- butter cut into small squares
- milk

CRUST

- 2 cups flour
- 1/2 cup canola oil
- 1/2 tsp vanilla
- 1 tsp salt
- 4 tbsp water

DIRECTIONS

FOR PIE FILLING:

• In a small mason jar combine and shake the sugar, flour, salt, cinnamon and nutmeg; set aside. In a large bowl add the sliced apples followed by the sugar mixture. Stir to coat.

FOR CRUST:

• In a medium bowl combine and mix the flour, oil, vanilla, salt and water. Roll into 2 same-sized balls and wrap in Saran Wrap. Place in fridge to chill.

PREPARING THE PIE:

- Roll out one ball of crust between 2 pieces of wax paper; sprinkle flour generously on the paper first. Line a 9 inch pie plate with bottom crust. Fill with apple mixture and place butter pieces on top. Roll out remaining ball of crust and place over filling. Trim, seal and shape pastry over edge of the pie plate with your fingers. Poke holes in upper crust for the pie to vent; Carl's signature marking is the letter A for apple.
- Brush milk over upper crust to make it brown better.
- Bake at 450° for 10 minutes. Then bake at 350° for 30 minutes longer or until crust is golden brown and filling is bubbly. Cool on a wire rack.
- Slice and serve with vanilla ice cream; Carl's favorite pairing for his pie is Haagen Dazs vanilla bean.



Thanks to our sponsors David Van Omen with Keller Williams AZ Realty, Jeremy Mueller-State Farm Insurance Agent, DLC Resources and GardaWorld for making the 2023 Pumpkin Patch Spooktacular!

















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Meet Grayhawk Elementary School's Student Council

By Christin Monaco, 5th Grade Teacher and Student Council Rep

Student Council is an excellent way for students to get more involved while giving back to their school and community. StuCo is comprised of four 6th grade officers as well as two class representatives from each of the 4th, 5th and 6th grade classes, totaling 16 students who serve on it this school year. Together, the group brainstorms, plans and executes many GHES initiatives such as the annual #Socktober Sock Drive and Spring Giving Food Drive.

In the 2022-2023 school year StuCo kept very busy. We collected and donated over 1,700 pairs of socks to the Vituity Cares Foundation and 1,500 pounds of food to the Paradise Valley Community Food Bank. Along with the PTO, we hosted two Schoolyard Beautification mornings to help clean up the Grayhawk school grounds as well as the neighborhood park.









We partnered with the American Heart Association to bring awareness to the students and community on the importance of heart health and raised \$12,372 for the organization. During the holiday season, we collected and provided gifts to our sister school, Echo Mountain, to ensure all students there in need would receive a gift. This opportunity, in particular, creates a personal and meaningful life-session to all Grayhawk Elementary students about the true meaning of the season.

StuCo continually researches different ways to create a positive impact on both the school and local community while ensuring to include fellow students who like to share new ideas from themes for spirit days to various organizations we can partner with and more.

All students in 4th through 6th grade are encouraged to run for Student Council. Officer candidates campaign and give speeches for the student body before voting in the election, and teachers hold individual class elections for representatives. StuCo members are held to a high standard and are expected to participate in all activities, all while being positive role models and keeping up with their studies.

We really try to teach these leaders to be outstanding members of not only the school but also to the community and hope this trait carries on throughout their lives. For more information and to see what initiatives we have coming up in the 2023-2024 school year, visit grayhawkpto.com/stuco.

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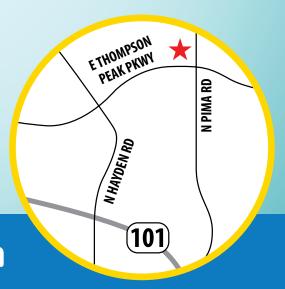
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HEALTHY EATS

Tasty and healthy cuisine to nourish your body and soul

By Tina Uphoff, Grayhawk resident, Certified Fitness Trainer, Health Coach & Yoga Teacher

'Tis the season to be jolly and savor the sweetness of the holidays! But who says indulgence can't go hand in hand with health? Say goodbye to the sugar-laden confections and embrace a season of balanced indulgence

with chocolate bombs and protein bites. These little power-packed gems not only satisfy your sweet cravings but also provide the energy boost you need to keep up with the festive spirit. As an added bonus, they can be prepared ahead and placed in the freezer for 1-2 months ahead to pull out as needed. Feel free to contact me at: tina@tinahealthcoach.com or my cell (612.720.3596).





Chocolate Bombs

Makes 18 bombs

INGREDIENTS

- 1 cup Raw Cashews
- 1/4 cup Cacao Powder
- 1/4 cup Raw Honey
- 1/8 cup Hemp Seeds
- 1/8 cup Chia Seeds
- 1/8 cup Unsweetened Shredded Coconut
- 2 TB Coconut Oil, gently melted
- 1 small pinch Vanilla Bean
- 1 pinch Sea Salt
- Optional boosters: 1 tsp spirulina or maca powder

INSTRUCTIONS

- 1. Process all dry ingredients in a food processor until finely ground. Add honey and oil and process again.
- 2. Roll into balls by the teaspoonful. Keep in a glass container with a tightfitting lid in your fridge for a week or in your freezer for a month.



Carrot Cake Protein Balls

Makes 20 protein balls

INGREDIENTS

- 1 cup Shredded Carrot
- 1 cup Almonds
- 1/2 cup Raisons
- 1/2 cup Pitted Dates
- 1/4 cup Walnuts
- 2 TB Pumpkin Puree (canned pumpkin)
- 1/4 cup Ground Flax Seeds
- 1 scoop (1/8 cup) Vanilla Protein Powder
- 1 1/4 tsp Pumpkin Pie Spice
- 1/4 tsp Nutmeg
- 1/4 tsp Cinnamon
- 1TB Raw Honey

INSTRUCTIONS

- 1. Put all ingredients in a food processor and blend until smooth.
- 2. Roll into bite sized balls.
- 3. Refrigerate for up to 1 week.



Lemon Coconut Protein Balls

Makes 24 protein balls

INGREDIENTS

- 1 cup Vanilla Protein Powder
- 1 cup Raw Almonds
- 1 cup Medjool Dates, pitted
- 1/2 cup Lemon Juice
- 1/3 cup Unsweetened Shredded Coconut for rolling

INSTRUCTIONS

- 1. Mix all ingredients together in a food processor and roll into balls
- 2. Roll in coconut.
- 3. Refrigerate.



ARIZONA HELPING HANDS

A group of Grayhawk residents stopped in to the Talon room to help decorate bags for the Arizona Helping Hands Birthday Dream program. You can read more about the program at thefosteralliance.org.

Grayhawk volunteers enjoyed an appreciation breakfast provided by DLC Resources













Important Contact Numbers

Grayhawk Onsite Office Capital Consultants Management Corp. Grayhawk Community Patrol Talon Guardhouse Raptor Guardhouse After Hours Answering Service	480-563-9708 480-921-7500 480-502-5078 480-502-7685 480-502-5078 602-234-9288	UTILITIES Southwest Gas City of Scottsdale Water City of Scottsdale Solid Waste APS Street Light Repair (SA/ ID prefix on pole)	877-860-6020 480-312-5650 480-312-5600 602-371-7171 602-371-7171
Appaloosa Library Arabian Library Mustang Library Grayhawk Golf Club Boys and Girls Club, Thunderbirds	480-312-7323 480-312-6250 480-312-6050 480-502-1800 480-538-9547	CITY OF SCOTTSDALE Non-Emergency Police Department Fire Department Main Phone Police or Fire Emergency Parks and Recreation Street Light Repair (SS prefix on pole)	480-312-5000 480-312-8000 911 480-312-2771 480-312-5483
Motor Vehicle Division US Post Office, Kachina Branch Poison Control Southwest Wildlife	602-255-0072 480-513-2935 602-253-3334 480-471-9109	SCHOOLS Grayhawk Elementary School Mountain Trail Middle School Pinnacle High School El Dorado Private School	602-449-6600 602-449-4600 602-449-4000 480-502-6878

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