# Grayhawk Flight

June 2023

### Inside:

Dog Park Planned for City of Scottsdale's Thompson Peak Park



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Grayhawk Community Association

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7940 E. Thompson Peak Pkwy. Suite 102 Scottsdale, AZ 85255

www.grayhawkcommunity.org

Phone (480) 563-9708

Fax (480) 563-9709

Talon Guardhouse/Roving Patrol (480) 502-7685

> Raptor Guardhouse (480) 502-5078

> Hours of Operation Monday - Friday 8:00 am - 5:00 pm

**INSIDE SCOOP** 

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**GRAYHAWK STAFF** 



**Stacey Harvey** *Executive Director* sharvey@ccmcnet.com



Nian Quinn Administrative Coordinator nquinn@ccmcnet.com



Ashley Scott Community Manager ascott@ccmcnet.com



**Richard Dearo** Facilities Director rdearo@ccmcnet.com



**Cierra Austin** Assistant Community Manager caustin@ccmcnet.com



**Chantel Martin** Maintenance Assistant



Jenn Sheets Director of Communications jsheets@ccmcnet.com



Martha Castaneda Maintenance Assistant



Kristen Hammond Lifestyle Director khammon@ccmcnet.com



## Manager's Corner



This month I thought I would update you on the numerous projects and issues that the on-site staff for the Grayhawk Community Association (GCA) and Retreat Village Association (RVA) has been working on for the past couple months and will be working on in the upcoming months. While some of our events and activities might slow down a little during the summer months, our projects continue to keep us very busy.

The on-site crew for Grayhawk's landscape contractor, DLC Resources, has finished the seasonal pruning throughout the community for this year. You may have noticed the DLC Resources tree crew as they continue with the annual tree trimming project in which we crown thin

900-1,000 trees each year. DLC Resources will also be working several erosion repair projects this summer as well as removing overgrowth and plant debris from the Deer

Valley Channel in accordance with the City of Scottsdale guidelines. Grayhawk committee members have been very active working on current projects and completing

their directives from the Board-approved Strategic Plan Goals set toward the end of 2021. The next Strategic Planning Session is scheduled to be held this fall and I am sure it will result with several

The management team has been working on many tasks including making homeowner contact new directives. for accounts with delinquencies, fielding and processing architectural requests and responding to

Work on the GCA and RVA 2022 audits is nearing completion by the GCA's auditing firm of various homeowner concerns.

Year two of the three GCA and RVA Reserve Study Update is in progress with Association Mansperger Patterson and McMullin. Reserves. This will be provided to the Budget Finance committee for review during the 2024 budget

The ARC committee has completed the revision of new paint schemes for all twenty two preparation period.

The wall and fence painting project in the Windsong, Coventry Park and Coventry at Grayhawk neighborhoods within the community.

neighborhoods is nearing completion and the GCA's painting contractor, Advanced Painting, will begin Phase 2 of the stucco delamination project in the Coventry at Grayhawk neighborhood. The common area walls and view fencing in the Los Vientos, Firenze and Serenity neighborhoods will

The RVA Board engaged Frank Civil Consulting to provide a street analysis of the community also be painted later this year. and maintenance plan for the full replacement of Grayhawk Dr which is anticipated later this fall.

Homeowners will be notified of the schedule for this project in future months. Finally, the RVA Board has been working closely on the new guardhouse project over the last year and are extremely proud of the results. This project has increased the stack height of vehicles from five to fourteen at the guest entrances significantly alleviating the back up on Thompson Peak

Parkway.

Stacey Harvey

Grayhawk, Executive Director

### **GRAYHAWK ADVERTISING**

The Grayhawk Community Association (GCA) offers advertising as a service to our community and does not support or endorse the products, persons or services advertised in the Flight. GCA shall not be held liable or responsible for any misleading or incorrect advertising.

### **BOARD MEETINGS – JUNE 2023**

Board meetings are open to residents and we encourage you to attend. Your involvement does make a difference!

### **Grayhawk Board of Directors**

Monday, June 5 at 5:30 p.m. Call the GCA Office at 480-563-9708 for more information. grayhawk\_board@grayhawkcommunity.org

### Grayhawk Board of Directors Executive Session Meeting

Monday, June 5 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

### **Retreat Village Board of Directors**

Monday, June 5 following the GCA Board meeting. Call the GCA Office at 480-563-9708 for more information. retreat\_board@grayhawkcommunity.org

### Retreat Village Board of Directors Executive Session Meeting

Monday, June 5 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

### **COMMITTEE MEETINGS**

### **Communications** Committee

Call Jennifer Sheets at 480-563-9708 for more information.

### **Event Planning Committee**

Call Kristen Hammond at 480-563-9708 for more information.

### Landscape Committee

Call Ashley Scott at 480-563-9708 for more information.

### **Operational Review Committee**

Call Stacey Harvey at 480-563-9708 for more information.

### **Architectural Review Committee**

Tuesday, June 6 and 20 at 4:30 p.m. Call Ashley Scott at 480-563-9708 for more information.

### **OTHER ASSOCIATIONS**

### Avian Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

### Cachet at Grayhawk Condominium Association Meeting

Call FirstService Residential at 480-551-4300 for details.

### **Crown Point Board Meeting**

Call Ashley Scott at 480-563-9708 for details.

### Edge Condominium Association Board Meeting

Visit www.theedgegrayhawk.com or call 480-584-4647 for details.

### Encore Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

### Tesoro Condominium Association Board Meeting

Call Associated Property Management 480-941-1077 for details.

### Venu Condominium Association Board Meeting

Call Vision Community Management at 480-759-4945

### Village at Grayhawk Condominium Association Board Meeting

Call FirstService Residential at 480-551-4300 for details.

### Vintage Condominium Association Board Meeting

Call Associated Property Management at 480-941-1077 for details.

### **Community Meetings**

### 2023-2024 Grayhawk Community Association

David Van Omen President

> **Paul Alessio** Vice President

Derek Moore Treasurer

Richard Zielinski Secretary

Randy Brown Director

Arlene Smith Director

Don Morse Director

### 2023-2024 Retreat Village Association

Michael Loya President

**Don Morse** Vice President

Richard Fowler Treasurer

> Jim Ball Secretary

John Williams Director

### VISION

Grayhawk: a Sonoran Desert home to vibrant southwestern living with an uncommon commitment to community.

### **MISSION STATEMENT**

Grayhawk Community Association strives to enhance quality of life and community strength through inclusion, participation and pragmatic stewardship of human, financial and environmental assets.

### **Board Briefs**

### Grayhawk Master Association Board of Directors Meeting – May 1, 2023

### **Homeowner Forum**

A homeowner inquired about the status of the common area wall painting. Stacey Harvey presented information about the painting and stucco project. Advanced Painting is currently working in the second phase of the project with some minor punch items to complete in the first phase remaining. Management has been working on finalizing and distributing an RFP for stucco and paint. Bids are due in May and will be presented to the Operations Committee for review at the end of the month.

### **Development Committee**

Paul Alessio reported DMB Development is researching the possibility of a change to a mixed-use project on the Southeast side of Legacy Blvd. and Scottsdale Rd. Plans are not currently into the city.

Jim Ball discussed the City of Scottsdale planned Dog Park on Thompson Peak Pkwy. and Scottsdale Rd. The City of Scottsdale hosted an informational meeting in April and discussed complications due to the power lines, bond funding planned for 2024/2025 and that updates are posted on the City of Scottsdale's website.

### **Operational Review Committee**

Don Morse reported that there is currently one open position with patrol.

The committee discussed concerns with speeding along Grayhawk Drive and options to mitigate. New vendors have been approached for a speed survey along Grayhawk Drive and Management has investigated options to encourage speed calming.

An informational campaign is being discussed for homeowners who have golf course facing homes to address the need for stem wall repairs adjacent to the golf course. This is a commonly overlooked repair as many homeowners are under the impression the golf course is responsible for the golf course side of the wall on the perimeter.

### Landscape Committee

Arlene Smith reported that the Landscape Committee met for a community drive on April 19 to see projects currently underway and possible projects for the future. The landscape committee approved DLC to go forward with a hard transition of the winter rye grass to summer Bermuda grass. In recent years, the transition has been done slowly leaving an extended amount of time that there are brown spots in the grass. The hard transition kills the rye grass quickly and allows Bermuda grass to grow without competition.

Plant it Forward for Spring 2023 concluded last week with approximately 50 succulent and cacti donations that will be planted within the community.

The landscape committee recommends the board approve a proposal from DLC for six culverts to be cleaned in the GCA. The recommendation comes from GCA's annual culvert inspection; any culvert that is more than 50% full is recommended for cleaning. Motion to approve the proposal from DLC for \$13,042.67 to clean six culverts to be funded from the operation budget. Motion seconded and Passes.

### **Community Enhancement Committee**

Richard Zielinski reported that the committee met to review the requests made by all eight Grayhawk condominium associations as part of the Condominium Community Enhancement Project. The Community Enhancement Committee is recommending the board approve the following requests to be funded at \$18,500 per project for a total of \$148,000 to be funded from the Community Enhancement Fund:

### CACHET

Cachet Community Room repurposing and upgrading to utilize the space for rentals, board meetings, and organized community activities. (Request is for \$18,500 of estimated total project cost of \$55,000 with the remaining amount to come from Cachet's Reserve account.)

### EDGE

Upgrade and enhance the current sound system which reaches the great room, patio and main pool area. (\$18,500 of estimated total project cost of \$29,920.58 with the remaining amount to come from Edge's Reserve account).

### VENU

Enhancing existing gravel areas around the community. Granite replenishment was not a budgeted line item in the reserve budget but will be going forward. (Request is for \$18,500 which is the total project cost and maximum funding level)

### VILLAGE AT GRAYHAWK

Upgrade the drip irrigation system around 4 buildings. This is a continuation of the 2021 and 2022 Enhancement programs a total of 12 different buildings drip irrigation was upgraded through the program previously (Request is for \$18,500 which is the total project cost and maximum funding level).

### ENCORE

Xeriscape Conversions; looking at converting multiple grass areas to xeriscape. (Request is for \$18,500 of estimated project cost of \$19,437.91)

#### TESORO

Multiple Projects; Upgrade the drip irrigation system around two buildings (\$11,906.89), the addition of cameras with license plate readers to each of the vehicle entry gates, replacing existing cameras, computer and software with new technology to improve coverage and usability of the camera system (\$12,304.10). (Request is for \$18,500.00 of estimated total project cost of \$24,210.99 with the remaining amount to come from Tesoro's Reserve account).

#### VINTAGE

Renovation of gym and bathroom facilities (Request is for \$18,500 of estimated total project cost of \$18,834.90).

#### AVIAN

Multiple Projects: Salt-water conversion for two community pools, transitioning four grass areas to xeriscape. (Request is for \$18,500 of estimated total project cost of \$18,500).

Motion to award \$18,500 to each Grayhawk condominium community, respectively, for a total funding amount of \$148,000 from the Community Enhancement Fund. Motion Seconded, Passes.

#### **Event Planning Committee**

Kristen Hammond reported on current community events including the Annual Egg Hunt and Family BBQ & Movie Night in the Park which are signature Grayhawk events. Both had great turnouts and fun was had by all.

Future events coming up this month include Grayhawk Single Sippers, End of School Year Kona Ice Blast and a Babysitting Safety Certification Class.

#### **Communications Committee**

Jennifer Sheets reported that the committee met and discussed summer printing and distribution timeframe of the Flight. A June issue will be distributed however July and August will be combined into one issue. There were also conversations regarding increasing revenue through alternative methods, including digital advertising.

The website update is almost completed and Jennifer is coordinating the roll out in conjunction with CivicRec, new system for event registration.

#### Architectural Review Committee

Paul Alessio reported the committee reviewed 16 submittals on April 6 and 15 submittals on April 20. The committee is continuing to review a wide variety of submittals.

#### **Budget/Finance Committee**

Derek Moore reported that the committee did not meet.

#### **Executive Committee**

Stacey Harvey discussed the Executive Committee meeting on April 24. Topics of conversation included staff updates, the Grayhawk Golf Course sale, Guardhouse updates and the Grayhawk Flight.

Progress on the board's Strategic Goals Action Plan were also discussed.

#### **Condo Board Presidents Meeting**

Stacey Harvey reported that the committee met and discussed speed deterrents, community garage sales, defibrillators at community facilities and Assistant Manager contact information.

#### **New Business**

The board reviewed the proposed committee members for all active committees as recommended by the committee chairs. Motion to approve all active committee members as presented by each respective committee and add John Williams to the Budget Finance Committee. Seconded and Motion Passes.

DLC Resources presented a proposal for \$21,750 to perform clearing of NAOS along Scottsdale Rd. between Grayhawk Dr. and Deer Valley Rd. There has been evidence of possible vagrant activity in the dense vegetation along this area creating a potential concern. Motion to approve the proposal from DLC Resources for \$21,750 for NAOS clearing to be funded from Community Enhancement. Seconded and Motion Passes.

#### **Treasurer's Report**

Derek Moore reported that the GCA budget is in good shape so far in 2023 with income \$2,800 over budget and expenses \$44,000 under budget.

#### **Management Report**

Stacey Harvey reported that the board approved monument paint refresh is nearing completion in the first phase.

The second and final Board-approved replacement mule was delivered and is being fitted with safety equipment such as emergency lights and mirrors.

Updates regarding the Guardhouse project were provided and include landscape construction starting, stucco on courtyard walls, steel fin and wall caps were installed, punch-list scheduled for this month.

### In & Around Grayhawk

### **Child and Babysitting Safety Certification Class**

Friday, June 2 at 10:00 a.m.

### Talon Room, GCA Office, 7940 E. Thompson Peak Pkwy. Ste. 102

This popular class covers infant/child safety and basic care techniques for present or would-be babysitters. Topics cover everything from pediatric CPR and first aid to basic child safety and diaper changing. Certification cards are issued upon successful completion of the course. Certification is valid for two years! Participants must be at least 10 years old and up to 17 years old to participate. Price is \$50 and includes a pizza lunch, take home workbook and their Red Cross Babysitters Certificate. Register at grayhawkcommunity.org by Thursday, May 18. The \$50 payment (exact cash) is due to the GCA Office by May 18. We must have at least 8 participants to hold this class. Non-Grayhawk residents are welcome to register, so bring friends and spread the word!

### Free Family Movie: Disney and Pixar's Elemental

Saturday, June 17 at 11 a.m.

### Harkins 101, 7000 East Mayo Blvd, Phoenix

#### https://www.youtube.com/watch?v=hXzcyx9V0xw

This movie is rated PG. Indoor movie time is here! Register ahead of time to Join Grayhawk Community at Harkins Movie Theater at Scottsdale 101 for our very own private showing of Disney and Pixar's latest mash up, Elemental. Friday, June 9th is the last day to register for one of the 60 seats in our own private theater. Grayhawk is paying for tickets, just bring money for your favorite drinks and snacks. Please arrive early if you want to purchase your own drinks and snacks from the concession stand.

### Lou Malnati's Pizzeria

Tuesday, June 20 from 5:30 p.m. to 8:30 p.m. 17787 N. Scottsdale Road, Scottsdale

### BONUS –Register by June 1 and receive a frozen pizza to take home with you. Supply is limited!

Our favorite Lou Malnati's "Pizza By Me" experience RETURNS to Grayhawk! Back by popular demand, residents will be welcomed by Chicagoland hospitality by keeping our glasses full with house beer and wine selections, partake in a full tour of the kitchen, and indulge in family style appetizers, salad and dessert. The Chef will walk us through making our own personal pizzas. Cost is \$70 per person. Other beverages and food will be available for purchase. For those who have attended in the past, the menu will be identical, but the friendship, camaraderie and great stories always make the event fun. Register by no later than June 12 at grayhawkcommunity.org.

### The Children's Learning and Play Festival: Munchkins and Mini Me's (and their parents)

### Saturday, June 24 at 9 a.m.

Meet up with other moms, dads, and their munchkins at the GCA Office for a quick coffee and coloring, then head out off-property to The Children's Learning and Play Festival at 10 a.m. The Play Festival features a full day of children's authors, illustrators, music, live performances, rides and STEAM activities geared to bring toddlers, children and young adults together. The entire event is free. Coffee and coloring will be provided at the Grayhawk Offices to start your morning. All who are attending the office meet up will also be sent a link to register for free admission for the Play Festival. This is a great way to meet other local parents and enjoy neighborly family time. Register on grayhawkcommunity.org by Monday, June 19.

### Ladies Bunco

### Tuesday, June 27 at 6 p.m.

### GCA Office - Raptor Room, 7940 E. Thompson Peak Pkwy. Ste. 102

Join neighbors for a night of food, drinks and Bunco! Never played before? Don't worry! It's an easy dice game- all you need to know is how to roll dice and count! We'll do a quick lesson before we get started. All you need to do is register on grayhawkcommunity.org and bring and pay \$5 exact cash to the office by June 16. Your \$5 will go into the pot for cash prizes at the end of the night. Spots are limited, so register early!

### – In & Around Grayhawk

### **AZ Helping Hands Volunteer Day**

Wednesday, June 28 from 1pm to 3pm. Meet at 12:15 p.m. GCA Office, Carpool/Caravan to AZHH Warehouse

Join neighbors to volunteer at Arizona Helping Hands from 1pm – 3pm. Adult volunteers and child volunteers ages 8 and up with adults are welcome. Volunteers will be helping sort new items in the warehouse, and will shop the warehouse for Birthday Dreams Bag items. Registration is required via the link below. AZHH runs a structured volunteer program and offers a limited number of spots. This is a great opportunity to give back to local Arizona families. Children must be able to independently follow instruction from AZHH staff and are welcome. Be sure to check out the Birthday Dreams video.

AZ HH Sign Up: https://www.signupgenius.com/go/10C0945A8AB29A5FCC25-azhelping

AZHH Birthday Dreams promo Video: https://youtu.be/uf3cUu5cQGI

### **Coming Soon**

### **Rainbows and Sunshine Sharpie Alcohol Art** TALON ROOM, \$15 PER STUDENT

Summer is here and it's time to schedule some indoor fun in the Talon Room. Register with your age group for a casual art gathering and snacks. The class will supply each attendee with (2) 8X10 canvases, a colorful array of Sharpie markers and all of the tools you need to complete this casual art project. This art class is for anyone, and is focused on friendship over a specific skill. Anyone can make cool art! If you are an advanced art student or have a specific idea in mind, you are welcome to bring your own larger canvas and a picture you wish to recreate. The class is scheduled to last about 1 hour. Parents are always encouraged to sign up for their children's classes along with them. If you are creating your own art, please register for yourself, as well as your little one. This helps us know quantities of supplies so we are ready for the class. Register on grrayhawkcommunity.org by Friday, June 23. Class Size maximum of 20 students in each session.



### Adult Artisans – Friday, July 7 at 6 p.m.

What fun would art be without wine, so BYOB bottle of your favorite wine to share with the group and a larger canvas should you wish to design something big. Must be 21 to attend the Adult session. (2) 8X10 Canvasses plus sharpies and all tools will be supplied to each student. Cost is \$15 per adult plus a bottle of wine to share.

### Mini Me – Saturday, July 8 at 9 a.m.

If you enjoy lap time art with your little one, this is the class for you! Join other moms and dads for this fun art class. \$15 per student/parent combo if you are sharing supplies.

### Kids Ages 6 to 12 – Saturday, July 8 at 11 a.m.

Kids are invited to gather for art and snacks and lots of Rainbows. \$15 per student.

### Teens 13 and up – Saturday, July 8 at 1 p.m.

Teens are invited to beat the heat with art, music and snacks. Cost is \$15 Per Student and \$15 per adult if your teens still let you hang out.

### **RESIDENT VOLUNTEERS NEEDED!**

We do need a few volunteers to help with Saturday morning classes with the kiddos. Email Kristen at Khammond@ccmcnet.com

### In & Around Grayhawk

### Happy Hour

#### Sunday, July 16 from 4:30 p.m. to 6 p.m. Thompson105 Restaurant, 10501 E. McDowell Mountain Ranch Rd https://thompson105.com/menus

Looking to check out a new locals "hot spot" and meet other Grayhawk residents? 2023 Open Table Restaurant Winner Thompson105 will tempt you into forgetting about the summer heat with Hand Crafted Cocktails, Italian Woodfired Grill and happy hour pricing, with the McDowell Mountains providing the perfect backdrop. Cost is \$5. Space is limited. Register on grayhawkcommunity.org by July 6 to reserve your spot. For anyone who wishes to stay after Happy Hour for a full dinner, please call ahead and secure your dining table at (480) 612-9400.

### Free Living Trust Seminar: Learn The Latest Strategies To Protect Your Estate. Tues. July 25 from 10 a.m. to 11 a.m.

Talon Room, GCA Office

### 7940 E. Thompson Peak Pkwy. Ste. 102



Planning Is Essential – Do You Have A Plan? Have you considered what would happen to your loved ones in the event of your disability or death? Everyone should attend this seminar – Even if you have a Will or a Trust. Learn why a Will is not enough. Why many people with Living Trusts will end up in probate. Learn how to avoid it. Learn how to appoint someone to make healthcare and financial decisions for you when you are unable to do so. If you do not, a court may decide for you. A good estate plan coordinates what happens to your home, savings, investments, businesses and retirement accounts. Come learn how to put a plan into action to help protect your legacy, your family and your future. Guests will have an opportunity for questions after the seminar with Attorney Richard M. Dwornik. **Presented by: Dwornik Law Firm.** Register at grayhawkcommunity.org by July 17.

### HealthCare. Better Together.

### George Paik, MD | Interventional Cardiologist

Dr. George Paik is a board-certified interventional cardiologist with extensive experience and training in stenting. He has been performing emergency stenting for acute myocardial infarction (MI) for over 27 years and focuses on decreasing the risks of severe coronary artery disease. Dr. Paik has dedicated his career to providing evidence-based medicine that is both ethical and compassionate and finds great satisfaction in practicing medicine when he can make a critical difference in a patient's outcome.

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- Mitral valvular disease



### Call 855-923-1710 to schedule an appointment

or visit BiltmoreCardiology.com

### – In & Around Grayhawk

### **Color Wars Party Bingo**

Friday, July 28 6 p.m. to 8 p.m. Talon Room, GCA Office

### \$15 covers all bingo cards and prizes

Don't stay on the couch this summer. Join us for Party Bingo – Family Style! Sign up as a single, with a friend or as a whole family. Pick your favorite color and come dressed up in theme. Feather boas, silly socks, hats and giant sunglasses are all encouraged. Music, snacks and prizes for Best Dressed and Bingos! All Admission funds go towards prizes. If we get enough attendance, a second session will be announced. Register to secure your Friday Night Fun! Adults are welcome to BYOB. Register on grayhawkcommunity.org by Friday, July 21. \$15 Admission per person covers bingo cards, snacks and prizes for one person. All ages welcome. Last Round of Bingo will be called at 7:50pm.

### PAINTING? We Need to Know!

The Architectural Review Committee recently completed the revision of new paint schemes for all twentytwo neighborhoods within the community. Homeowners now have new palettes to choose from and many have already begun the process to repaint their homes.

While the community has preapproved color schemes, a submittal Form must be reviewed by GCA staff prior to completing your paint job. This allows us to ensure that you are staying within your neighborhood color palette and that the Association has record of your paint color.



If you are wanting to paint a color

that is not pre-approved, your submittal will need to be reviewed by the Architectural Review Committee. The committee meets on the first and third Tuesday of every month to review submittals. Submittals must be received by noon on the Friday prior to the meeting to be placed on the agenda for that meeting.

You can find the approved paint colors and form by visiting grayhawkcommunity.org and navigating to Resident Resources/Design Review. If you have any questions, please reach out to Cierra Austin at caustin@ccmcnet.com or 480-563-9708.



\*Subject to Availability. Terms & Conditions apply. Visit www.hilton.com for full details.

### STAY CONNECTED!

/GrayhawkAZ





### Long-Awaited Dog Park Coming to Grayhawk

The City of Scottsdale presented plans for a \$4.6 million dog park at Thompson Peak Park at a public outreach meeting held at the McDowell Mountain Ranch Aquatic Center on April 24.

The project will build a three-and-a-half-acre dog park consisting of separate fenced and gated areas. The park will be designed and constructed in a manner similar to the off-leash area at Chaparral Park and provide pet owners a safe place to exercise their dogs. The project will include a footbridge to connect the off-leash area to existing park amenities and additional parking.

This project is an element of the Phase II amenities contained within the Thompson Peak Park conceptual master plan, was identified in the Community Services Master Plan (June 2015) and funding was approved by voters as part of the 2019 Bond Election.

Following community outreach, the project will be reviewed by the Parks and Recreation Commission and Design Review Board. The construction contract is expected to be presented to City Council in spring of 2024, with construction beginning in June or July of 2024. The City anticipates the project to be complete by summer of 2025.

### **Dog Park Specifics**

The dog park would be open from sunrise until 10:30 p.m. daily. Maintenance will be performed on a regular schedule, a minimum of two days a week.

### Dog park rules will include:

- Owners or custodians of a dog are responsible and legally liable for the acts and conduct of the dog at all times when the dog is in a city park
- Dog behavior can be unpredictable particularly around other dogs and strangers
- The city does not supervise use of the dog park and anyone using the area does so at his/her own risk





- No more than two dogs per visitor
- An adult must accompany youth under the age of 16.
- Bag and dispose of your pet's waste using canisters provided.
- Aggressive or anti-social behaving dogs must be removed from the park immediately
- All dog attacks should be immediately reported to the Maricopa County Animal Care & Control
- Female dogs in heat are not permitted in the exercise area.
- All dogs must be currently licensed and vaccinated. Puppies under the age of four months are not allowed in the park until they have had their license and vaccinations
- Dogs should be under voice control
- Please fill any hole your dog digs.
- No food or alcoholic beverages allowed in the exercise area.
- Owners or custodians of a dog must restrain and control the dog at all times with a leash to external site of not more than 6 feet in length when outside of the dog exercise area. (Scottsdale Revised Code, Ch. 20, Sec. 20-32)

For more information, visit Scottsdaleaz.gov and search "Thompson Peak dog park".



### HealthCare. Better Together.

### **Abrazo Digestive Specialists**

At Abrazo Digestive Specialists, our board-certified gastroenterologists are dedicated to providing exceptional healthcare services for all your digestive health needs. We offer a compassionate and personalized approach to care, using some of the latest medical techniques and technology to diagnose and treat a wide range of digestive disorders. Our services include routine screenings, advanced treatments and patient-centered programs. We stand ready to support you throughout your journey to optimal digestive health.





Call 888-761-8043 to make an appointment or visit AbrazoDigestive.com Thanks to David Van Omen and Andrew Bloom of Keller Williams NorthEast Valley, Jeremy Mueller with State Farm and DLC Resources for sponsoring the 2023 Family BBQ and Movie Night.



















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101



### **HEALTHY EATS** Tasty and healthy cuisine to nourish your body and soul

By Tina Uphoff, Grayhawk resident, Certified Fitness Trainer, Health Coach & Yoga Teacher

Summer is the perfect time for a fresh salad. Therefore, I will be doing a summer salad series for the hottest months in Arizona (June through September). I just started making this new

**Summer Garden Salad** when I had some friends visiting. We all really enjoyed it so I am sharing the recipe this month. I have included some efficiency hacks and variations. Feel free to contact me at: tina@tinahealthcoach.com or my cell (612.720.3596).

### Summer Garden Salad

Makes 4 servings.

### **INGREDIENTS**:

- 1 large sweet potato
- 1 T. olive oil
- 1 tsp. chili powder
- 1/2 tsp. salt
- 3 cups broccoli
- Olive oil cooking spray
- 1/2 cup of uncooked quinoa
- 1 cup water
- 1 can chickpeas, drained
- 4 cups (5 oz. package) arugula
- 1 English cucumber, sliced
- 4 T. roasted unsalted sunflower seeds

### Dressing

- 1 /2 cup olive oil
- 2 T. raw apple cider vinegar
- 1 tsp. Dijon mustard
- 1 tsp. low-sodium, gluten-free tamari
- 1/4 tsp. dried garlic powder

### **INSTRUCTIONS:**

- 1. Prepare sweet potatoes & broccoli
  - a. Cut the sweet potato into small cubes (approx. 1/4" x 1/4").
    Note: There is no need to peel the sweet potato, unless desired.
  - b. Place in plastic container (with cover) or bag.
  - c. Add chili powder and salt.
  - d. Shake container/bag until the sweet potatoes are evenly coated with seasoning.
  - e. Cut broccoli into small florets.
  - f. Place the sweet potatoes and broccoli on non-stick cooking pans or spray the pans with cooking spray.
  - g. Spray the broccoli with cooking spray or drizzle with olive oil.
  - h. Bake the sweet potatoes and broccoli at 350 degrees for 20 minutes or until potatoes are soft.



2. Prepare quinoa

- a. Add quinoa and water to either a pan or steamer.
- b. Prepare as instructed on the quinoa package.
- 3. Mix the sweet potatoes, broccoli, quinoa, and chickpeas in a medium sized bowl.
- 4. Prepare dressing
  - a. Whisk ingredients in a small bowl until fully combined.
  - b. Dressing can be stored at room temperature.
- 5. Assemble salad
  - a. Place 1/4 of the arugula on a plate.
  - b. Add 1/4 of the mixture of sweet potatoes, broccoli, quinoa and chickpeas.
  - c. Place slices of cucumber on the side of the salad.
  - d. Sprinkle with sunflower seeds.
  - e. Top with dressing.

### **EFFICIENCY HACKS**

- Prepare the sweet potatoes and quinoa in advance and store in the refrigerator. You can prepare days/weeks in advance and store in the freezer. I like to prepare larger quantities and store in the appropriate size for salads and pull out a portion when needed.
- If you are preparing salad for 2 people, make up salads as leftovers for the next day so they are ready to go by simply adding dressing.

### VARIATIONS

- Swap out the arugula for other greens (e.g., mixed greens, spinach)
- For a more grain heavy salad, double the quinoa.
- Add feta or goat cheese for additional flavor.
- Top with salmon or chicken for a protein boost.

### **Important Contact Numbers**

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Appaloosa Library Arabian Library Mustang Library	480-312-7323 480-312-6250 480-312-6050
Grayhawk Golf Club	480-502-1800
Boys and Girls Club, Thunderbirds	480-538-9547
Motor Vehicle Division	602-255-0072
US Post Office, Kachina Branch	480-513-2935
Poison Control	602-253-3334
Southwest Wildlife	480-471-9109

### UTILITIES

Southwest Gas	877-860-6020
City of Scottsdale Water	480-312-5650
City of Scottsdale Solid Waste	480-312-5600
APS	602-371-7171
Street Light Repair (SA/ ID prefix on pole)	602-371-7171
CITY OF SCOTTSDALE	
Non-Emergency Police Department	480-312-5000
Fire Department Main Phone	480-312-8000
Police or Fire Emergency	911
Parks and Recreation	480-312-2771
Street Light Repair (SS prefix on pole)	480-312-5483
SCHOOLS	
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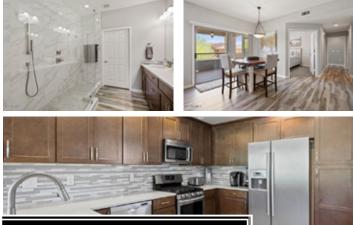


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