



Grayhawk Flight

March 2022

Inside:

***2022 GCA and RVA
Board Candidates***

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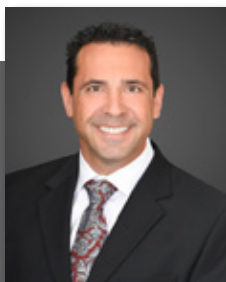


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David Van Omen
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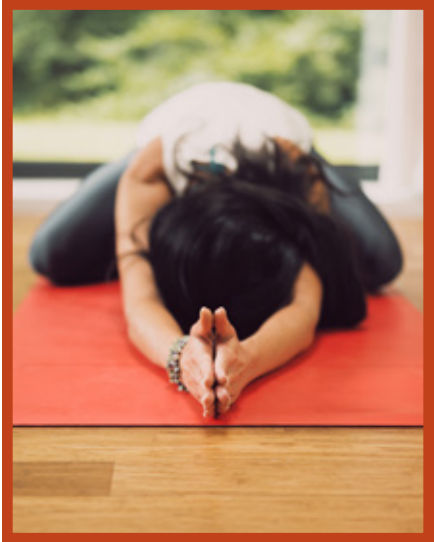


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Features



11 Board Candidates

16 Healthy Hints

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Grayhawk Community Association

Professionally Managed By

7940 E. Thompson Peak Pkwy.
Suite 102
Scottsdale, AZ 85255
www.grayhawkcommunity.org

Phone
(480) 563-9708

Fax
(480) 563-9709

Talon Guardhouse/Roving Patrol
(480) 502-7685

Raptor Guardhouse
(480) 502-5078

Hours of Operation
Monday - Friday
8:00 am - 5:00 pm

GRAYHAWK STAFF



Stacey Harvey
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caustin@ccmcnet.com



Richard Dearo
Maintenance Supervisor
rdearo@ccmcnet.com



Chantel Martin
Maintenance Assistant



Martha Castaneda
Maintenance Assistant

Manager's Corner



It's that time of year again! Spring is here and so are many outdoor activities and attractions. It is a beautiful time to of year to visit the Phoenix Botanical Gardens or Boyce Thompson Arboretum while all the native vegetation is in bloom. Head out for a hike to the Sonoran Nature Preserve or just complete some long postponed projects around the yard.

The Grayhawk Community Association (GCA) and Retreat Village Association (RVA) Annual Meetings will be held this month on March 22. These meetings will be held at the Fairway House at the Grayhawk Golf Club beginning with the Grayhawk Community Association Annual Meeting at 6:00 p.m. and the Retreat Village Association Annual Meeting immediately following at approximately 7:00 p.m.

At these meetings, a new Board of Directors will be elected for both associations with the GCA filling three of the seven positions on the GCA Board and the RVA filling two of the five positions on the RVA Board. Please plan to attend this important meeting(s) where we will celebrate the previous year's accomplishments. We will also inform homeowners of what is planned for Grayhawk and the surrounding area in the upcoming year.

Whether you attend the Annual Meeting(s) or not, we strongly encourage all Grayhawk homeowners to vote in the Board of Director election(s). In February, you were emailed a ballot(s) for voting along with a link to the Meet the Candidates video which provides candidate's responses to select questions in an effort to give the homeowners additional information when making their voting decision.

The GCA Board candidates are incumbents David Van Omen and Richard Zielinski. Also running this year is Randall Brown. The RVA Board candidates are James Ball and Richard Fowler. Please read the candidate questionnaires/bios contained in this issue of the Grayhawk Flight to learn more about each candidate and their vision for the future of Grayhawk.

During the past several years, the GCA Board of Directors and the on-site staff have worked hard to "get out the vote" and the voter turnout has increased significantly over the past years in both the GCA and RVA elections. This year we added the option to vote electronically using a third-party representative. This is a safe and efficient method to increase participation while saving both time and money. Please take an active role in your community and do your part by voting in the Board of Director election(s). Grayhawk will be a better community with your involvement in the election process.

Stacey Harvey

Grayhawk Community Manager

GRAYHAWK ADVERTISING

The Grayhawk Community Association (GCA) offers advertising as a service to our community and does not support or endorse the products, persons or services advertised in the Flight. GCA shall not be held liable or responsible for any misleading or incorrect advertising.

BOARD MEETINGS – MARCH 2022

Board meetings are open to residents and we encourage you to attend. Your involvement does make a difference!

Grayhawk Board of Directors

Monday, March 7 at 5:30 p.m.
Call the GCA Office at 480-563-9708 for more information.
grayhawk_board@grayhawkcommunity.org

Grayhawk Board of Directors Executive Session Meeting

Monday, March 7 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

Retreat Village Board of Directors

Monday, March 7 following the GCA Board meeting. Call the GCA Office at 480-563-9708 for more information.
retreat_board@grayhawkcommunity.org

Retreat Village Board of Directors Executive Session Meeting

Monday, March 7 at 5 p.m. The Board of Directors will be meeting in Executive Session pursuant to A.R.S. Section 33-1804 (A)(3).

COMMITTEE MEETINGS

Communications Committee

Call Jennifer Sheets at 480-563-9708 for more information.

Event Planning Committee

Call Sarah Van Duyne at 480-563-9708 for more information.

Landscape Committee

Call Stacey Harvey at 480-563-9708 for more information.

Operational Review Committee

Call Stacey Harvey at 480-563-9708 for more information.

Architectural Review Committee

Tuesday, March 1 and 15 at 4:30 p.m.
Call Ashley Scott at 480-563-9708 for more information.



OTHER ASSOCIATIONS

Avian Condominium Association Board Meeting

Call Associated Property Management
480-941-1077 for details.

Cachet at Grayhawk Condominium Association Meeting

Call FirstService Residential at
480-551-4300 for details.

Crown Point Board Meeting

Call Ashley Scott at 480-563-9708
for details.

Edge Condominium Association Board Meeting

Visit www.theedgegrayhawk.com or call
480-584-4647 for details.

Encore Condominium Association Board Meeting

March 10 at 6 p.m. via Zoom. Call Amcor
Property Professionals at 480-948-5860
for details.

Tesoro Condominium Association Board Meeting

Call Kinney Management at 480-820-3451
for details.

Venu Condominium Association Board Meeting

Call Vision Community Management at
480-759-4945

Village at Grayhawk Condominium Association Board Meeting

Call FirstService Residential at 480-551-
4300 for details.

Vintage Condominium Association Board Meeting

Call Associated Property Management at
480-941-1077 for details.

Grayhawk Community Association Board Members

David Van Omen
President

Paul Alessio
Vice President

Richard Zielinski
Secretary

Jeanette Griswold
Treasurer

Lou Ender
Director

Derek Moore
Director

Don Morse
Director

Retreat Village Association Board Members

Arlene Smith
President

Michael Loya
Vice President

Marcia Thompson
Secretary

Don Morse
Treasurer

Steve Berk
Director

VISION

Grayhawk: a Sonoran Desert home to vibrant southwestern living with an uncommon commitment to community.

MISSION STATEMENT

Grayhawk Community Association strives to enhance quality of life and community strength through inclusion, participation and pragmatic stewardship of human, financial and environmental assets.

Grayhawk Master Association Board of Directors Meeting – February 7, 2022

Homeowner Forum

Herb Linn requested more supplemental documents be provided for Board meetings. Stacey Harvey noted that the presentation previously used during meetings will be available via screen share for this meeting.

Pat Seago asked if there was any further development regarding the extension of Haulapai Dr. The Board is not aware of any new developments in that project.

Development Committee

David Van Omen reported that the committee did not meet.

He reported that there are currently five properties for sale in Grayhawk, with three of those being condominiums.

Operational Review Committee

Richard Zielinski reported that the community patrol is still down two staff members.

There was recently damage to one of the mailboxes, costing the Association approximately \$700 in repairs.

The committee will be starting to work on creating a bidding process for small vendors. The committee is also discussing Retreat street paving and has determined they will move forward with that project once the Retreat is further along in the guardhouse remodel project.

Cachet requested some gate changes, which the committee determined should be moved to the Community Enhancement Committee for review.

Long time committee member Dick Sconyers is moving and will be missed.

Landscape Committee

Arlene Smith reported that DLC has applied pre-emergent throughout the community.

There was a water line break in Renaissance recently. A saguaro was recently lost near Discount Tire.

Crown Point Norte NAOS Fire Mitigation was completed. Seasonal pruning continues on Grayhawk Dr. in the Raptor Retreat. Electrical repair was completed on an irrigation controller.

Community Enhancement Committee

Stacey Harvey reported that the committee did not meet. They will be meeting in March to review submittals for the Condo Community Enhancement Project.

Event Planning Committee

Lou Ender reported that there were six people in attendance for Mimi's Art Class. There are two upcoming Food Truck Nights featuring East Coast Joe's lobster truck.

There are currently 30 people signed up for the Tubac Bus Trip. There are only 40 people signed up for the Daddy Daughter Dance, the committee is hoping more will be signed up closer to the event date.

Communications Committee

Jennifer Sheets reported that there are three items that CompuNet is waiting on for the audio visual install. The last item is scheduled to be delivered mid-March.

A postcard is available for review for the guardhouse remodel project. The postcard will feature a QR code and web address for residents to visit the website for up-to-date information.

Architectural Review Committee

Paul Alessio reported that there were 11 submittals for the January 11 meeting and eight for the January 18 meeting. Grayhawk Elementary School presented at the January 11 meeting regarding the outdoor classroom they are building. They will be presenting to the Board at the March meeting.

Budget/Finance Committee

Jeanette Griswold reported that the committee met and identified projects to complete by March 2024. Those projects included:

- Reviewing the collection policy
- Creating a bad debit policy
- Updating the investment policy
- Reducing the RVA Community Enhancement Fund subsidy
- A quarterly review of the Community Enhancement Fund projects

Executive Committee

David Van Omen reported that the committee reviewed candidate submittals for the upcoming elections. They also discussed Condo Community Enhancement Fund project deadlines. There was also a Condo Board Presidents roundtable on January 12. Topics included best practices for maintenance, pool resurfacing and upcoming Annual Meeting information.

New Business

A motion was made and approved to accept a DLC Resources proposal for the 2022 spring planting including the installation of 700 5-gallon plants, 50 1-gallon plants, and 2 24" box trees throughout the GCA for \$24,745.00. This is a budgeted item in the operating account. The motion is pending review of the contract by the GCA lawyer.

A motion was made and approved to accept the Advance Painting proposal to paint common area walls in Coventry at Grayhawk, Coventry at the Park, Windsong and Avian at a cost of \$97,584.82 pending review of the contract by the GCA lawyer. This expense would be funded through the GCA reserve fund.

A motion was made and approved to accept the DLC Resources proposal for \$18,872.35 to upgrade 22 controllers from 2G/3G modems to 4G modems, pending review of the contract by the GCA lawyer. It is anticipated that the existing modems will lose their connectivity between now and the end of the year. This expense would be funded through the GCA reserve fund.

A motion was made and approved to accept the Ghaster Painting and Coatings proposal for the painting of 64 steel poles at 8 playgrounds at a cost of \$27,750.00, pending review of the contract by the GCA lawyer. In addition to painting each pole will be excavated and any rust below grade treated with MacroProxy 646 Epoxy Primer. This expense would be funded through the GCA reserve fund.

A motion was made and approved to spend \$25,400 to update 11 monuments (nine which were already approved and two additional monuments), pending a change in the proposal

to reflect a change order versus a total cost. The approval is also pending review of the contract by the GCA lawyer. Funding for the original nine monuments was previously approved by the Board of Directors, but is now subject to an increase in labor and material cost.

Treasurer's Report

Jeanette Griswold reported that there was an operating loss, mainly due to landscaping costs. Collection expenses also outweighed collection revenue, which is why the Budget/Finance committee will be working to create a bad debt policy.

There was \$236,555 in community enhancement income, bringing the total for 2021 to \$1,436, 000. There is currently just under \$3.7 million in the Community Enhancement Fund.

Management Report

Stacey Harvey reported that the holiday lights have all been removed in common area. Video and photos were taken of the holiday lights this year thanks to a referral from Michael Loya.

Park Pro is working to replacing pedestrian gate keypads in a number of locations in the community.



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www.BrowndanJensen.com

Curbside Bicycles Pop-up Shop

Sun., March 6

Grayhawk Event Greenbelt at 78th Way and 78th Pl.

Bike drop off at 9 a.m.

(pick up time may vary depending on amount of bikes dropped off)

It is the time of year where we are grateful for living in beautiful Arizona where we can enjoy outdoor activities year round, like riding a bike along the community trails! It's important to get a regular tune-up so that your bike does not fail you during your ride. Grayhawk is teaming up with Backyard Bicycles to offer affordable and convenient bicycle repair pop-up shops around the community. Curbside Bicycles was started during COVID-19 to bring mobile bike shops directly to neighborhoods. No more schlepping your bike across town and waiting for days to get it back! Curbside Bicycles is offering an exclusive discount to Grayhawk residents, which includes a comprehensive tune-up for only \$60 per bike with a same day turnaround. Just contact Ian to at info@curbsidebicycles.com or 920-574-5585 so that he knows how many bikes to expect. Find more information at www.curbsidebicycles.com.



Grayhawk Shredding Event

Sat., March 12 from 9 a.m. to 11 a.m.

The Offices at Grayhawk, 7940 E. Thompson Peak Pkwy.

Join us this month at the offices with Shred-it Document Destruction Services and clean house while safely social distancing. This will be a drive up, unload and take off service. Each registered vehicle will be allowed up to two bankers box sized boxes. Documents will be shredded on site once the trash receptacle is full and placed inside the truck. You must be registered to participate as space in the truck is limited. Register on www.grayhawkcommunity.org if you plan to attend. Other necessary information will be e-mailed to all registrants closer to the event date. This is a free service for Grayhawk residents. We are asking for donations for our non-profit partner, Arizona Helping Hands. Specific items they are in need of are: baby diapers, and baby wipes. Thank you to our sponsor, Cashman Partners- Russ Lyon Sotheby's group, for making this event possible!

New Resident Orientation

Weds., March 16 from 5:30 p.m. to 6:30 p.m.

Virtual via Zoom, Zoom link will be emailed two days prior to orientation

Join us virtually to learn a little more about your community and all it has to offer. Just for joining you will be entered into a raffle for a \$50 Amazon gift card, and if you answer one of our trivia questions at the end of the presentation correct you will be able to win additional prizes! Register at www.grayhawkcommunity.org by Mon., March 14.

floo-id YOGA in the Park

Sat., March 19 from 9 a.m. to 10 a.m.

Grayhawk Greenbelt at 78th Way & 78th Pl, Park at 7940 E. Thompson Peak Pkwy.

floo-id YOGA is a locally owned boutique yoga studio right off the 101 and Scottsdale Road, located in the same plaza as Whole Foods. They offer a wide variety of classes to accommodate all ages and skill levels to help you become a better version of yourself and has proven to aid in a healthier, physically fit and less stressful lifestyle. floo-id has been kind enough to host a class at no cost just for Grayhawk residents! This is a great way to clear your mind and social distance while exercising. Just bring your mat, a can-do attitude, and your body will do the rest. The class will take place in the narrow beginning section of the greenbelt that starts at the tunnel under the Thompson Peak Pkwy and Hayden intersection. Walk down, ride bikes over, or park in the Offices at Grayhawk Parking Lot and head down to the greenbelt from there. Please register online prior to class at www.grayhawkcommunity.org to help us coordinate with the instructors!

GCA and RVA Annual Meeting

Tues., March 22 at 6 p.m.

Fairway House - Grayhawk Golf Club, 8620 E. Thompson Peak Pkwy.

Join your fellow Grayhawk homeowners for a night of celebrating the amazing community that you live in. Elect new Board members, look back on the past year and, more importantly, look forward to what's in store in the future. There will also be tons of great raffle prizes! Doors open at 5:30 p.m. for light refreshments. Please call 480-563-9708 if you have any questions regarding the Annual Meetings.

Grayhawk Single Sippers Club

Weds., March 23 at 5 p.m.

Quill Creek Café, Grayhawk Golf Club

If you are a single looking for casual conversation, a friend, or just to meet some other singles in your neighborhood, then this event is for you! Come grab yourself a light bite to eat and a drink on the patio at Quill Creek Cafe and meet some new people. This is a great way to broaden your circle of friends and to try something new. We must give the restaurant our final count of attendees by Friday, March 18. Please RSVP online at www.grayhawkcommunity.org.

Food Truck Night - East Coast Joes Lobster Truck

Thurs., March 24 from 5 p.m. to 7 p.m.

Grayhawk Greenbelt at 78th Way & 78th Pl, Park at 7940 E. Thompson Peak Pkwy.

Hey Lobster lovers- Leave the cooking to the professionals and pick up dinner for the whole family from East Coast Joes. Walk, bike, or drive down to the greenbelt to pick up some fresh Maine Style Lobster Rolls, Garlic Shrimp fries, and Hushpuppies! We didn't forget about dessert, they also have various kinds of house made Tiramisu. There will be no parking on the street, please park in the offices at Grayhawk parking lot located at 7940 E. Thompson Peak Pkwy. And take the sidewalk path to the greenbelt. Then feel free to bring chairs or a blanket to enjoy your goodies under shade trees in the greenbelt or while walking the path with family and friends. Pre-orders will be required so they bring enough fresh food. To preorder: click this link and choose your items: <https://forms.gle/6rUsJ4SMzdVxhbtX8>. Email Sarah at svanduyne@ccmcnet.com with any questions.

Grayhawk Community Garage Sale

Sat., March 26 from 7 a.m. to 11:30 a.m.

GCA Office Parking Lot, 7940 E. Thompson Peak Pkwy.

Grab some boxes, finish your spring cleaning, and then join us for the annual spring Community Garage Sale. Park residents will be marked on a printed sale map and on Google maps for \$5, and Retreat Village/Condo residents can rent a table and space at the Grayhawk Community Association parking lot for \$10 for your first table. Every table after that will be \$7. We will advertise for you, but please also post the sale on your private Facebook accounts and the Next Door App to get more attention. A Goodwill donation truck will be in the GCA parking lot from 10 am -12 pm to take any unsold/ unwanted items. We will be partnering with Goodwill for a Donation Drive that will benefit the Grayhawk Elementary School, Sponsored by Cashman Partners- Russ Lyon Sotheby's group. RSVP to save your spot in the sale by registering online www.grayhawkcommunity.org by Wednesday, March 23. We WILL NOT be accepting additions to the sale past this date. If you are interested in being a customer instead of selling items, make sure to get out there early, the big items go fast!

Rattlesnake Solutions Educational Class

Presented by: Rattlesnake Solutions

Weds., March 30 from 5:30 p.m. to 7 p.m.

GCA Office - Talon Room

"There is a RATTLESNAKE on the trail in front of me!! WHAT DO I DO?"

"I have a RATTLESNAKE in my yard!! Now what do I do?"

"Will RATTLESNAKES chase me??"

If you have ever asked yourself any of these questions, join us and get your answers! Jill Rials of Rattlesnake Solutions will be leading us in a fun night of Fact vs Fiction on rattlesnakes and other wildlife of Arizona. She will be talking about the many myths that surround these animals, touching on some of the different kinds of snakes/reptiles you could find in your area, and what to do when you encounter one, both on the trail and at your home. In this class you will get to meet some of her friendly creatures like a Gopher and King snake and a tortoise, and also Gila Monsters and Rattlesnakes in boxes to look at. This is a great opportunity if you have ever thought you would like to know a little more about these misunderstood creatures! Register online: www.grayhawkcommunity.org, space is sure to fill up fast!



Easter Egg Hunt

Sat., April 16 - Check in begins at 9:30 a.m.; Event from 10 a.m. to 12 p.m.

Grayhawk Greenbelt at 78th Place/78th Way

Dig out the baskets and Easter attire and join us for the Grayhawk Easter Egg Hunt. Kids will enjoy games and music from DJ Eric, bounce houses, face painting and balloon twisting, Kona Ice and other sweet treats, crafts, and so much more! The Easter Bunny will even make an appearance and take time for photos. Check-in starts at 9:30 a.m. "Hunt" times will be staggered for our three age groups. Details will be explained in an email prior to the event. Don't miss one of the most popular events of the year! Register at www.grayhawkcommunity.org. Cost to participate is \$10 per child and free for adults. There will not be any walk-up registrations allowed at this event and space is limited. Registration deadline is Mon., April 11. Thanks to DLC Resources, John Doering realtor with My Home Group and creator of Scottsdale Living, Amber Enright owner of The Therapy Doctor PLLC, Kathy Craig skin care consultant with Rodan + Fields, Kelly Saindon with BISHOLOGY, and Jena Ritchie- doTerra Wellness Advocate and International Leader for sponsoring this memorable event.



Earth Day Art in the Park

Sat., April 23 from 10 a.m. to 11:30 a.m.

Greenbelt at 78th Pl. and 78th Way

Get out and enjoy earth day with your neighbors while doing something great for the environment. Join us to decorate a flower pot and plant beautiful flowers. All supplies are included and cold waters will also be available. Register at www.grayhawkcommunity.org by Weds., April 20.

Adopt-a-Road Clean up

Sat., April 23 from 8 a.m. to 10 a.m.

Meet at the GCA Office, 7940 E. Thompson Peak Pkwy. #102

CALLING ALL VOLUNTEERS!! In an effort to keep our community beautiful, we are looking for volunteers to help us on this clean-up day. The City of Scottsdale will provide all volunteers with gloves, trash bags, safety vests and cold waters. We will not be in the road so all litter pick up will be on the property beyond the curb. We will meet in the GCA office at 8 a.m., go over some quick instruction, and then will start walking the trails along Hayden Road north of Thompson Peak Parkway. The walk will be approximately 1 mile each direction, a little over two miles in total after both sides of the road are cleaned. All volunteers 17 years of age and under must come with a guardian. This is a great way to complete community service hours for school. We are only able to accommodate the first 15 volunteers who register. All others will be encouraged to sign up for the next chosen date in the fall. Please register at www.grayhawkcommunity.org by April 20.

Ladies Bunco

Weds., April 27 at 6 p.m.

Talon Retreat - Peregrine Pool

Join neighbors for a night of food, drinks and Bunco! Never played before? Don't worry! It's an easy dice game- all you need to know is how to roll dice and count! We'll do a quick lesson before we get started. All you need to do is bring yourself and pay \$5 exact cash to the office by 5 pm on Friday, April 22. Your \$5 will go into the pot for cash prizes at the end of the night. Register at www.grayhawkcommunity.org by Fri., April 22 to save your seat. Spots are limited, so register early! Appetizers and wine will be provided by our sponsors: Kathy Craig, skin care consultant with Rodan + Fields, and Kelley Carter, Realtor with KELLEYSFINEHOMES@ My Home Group.

Family BBQ and Movie Night

Fri., April 29 at 5:30 p.m.

Grayhawk Neighborhood Park

On 76th St. between El Dorado Private School and Grayhawk Elementary School

Bring the whole family to enjoy a night full of fun including live music, bounce houses, crazy rides and more! Enjoy free hotdogs, chips, drinks, s'mores, and a movie on a giant 50' screen, complete with popcorn to top off the festivities. Don't forget to bring chairs or blankets to sit back, relax and enjoy the beautiful spring weather. This event is free, but registration is required by Mon., April 25 at www.grayhawkcommunity.org. Please register to help us make sure we purchase the appropriate amount of food and drinks. Thanks to David Van Omen and Andrew Bloom of Keller Williams NorthEast Valley, Kathy Craig- Skin Care Consultant with Rodan + Fields, and DLC Resources for sponsoring yet another fantastic community event.

Grayhawk Community Association 2022 Board of Director Candidates

Randall Brown

Full-time Pinnacle resident for 24 Years

Have you served on any committees or Boards of the Grayhawk Community?

Yes

If yes, please list which one(s) below:

- Architectural Review Committee- current
- Operational Review Committee- current

Have you served on any committees or Boards of any other associations or organizations in the past?

Yes

If yes, please list which one(s) below:

Southbridge Condominium Owners Association- VP, Director, current (this is a large Business Condo in Downtown Scottsdale made up of owners of Offices, Shops, and Restaurants)

How many Grayhawk Community Association Board Meetings have you attended in the past two years? (0, 1-4, or 5+)

5+

What specific projects would you like to see the Board address in the coming year?

A comprehensive evaluation of current and planned: Budgets, Service Contracts, Policies and Procedures, and other Common matters to address and be prepared for the impact of economic, political, climate and geographic changes which are occurring to and within the community.

What do you think the Board's / Community's top three priorities should be?

1. Covenant enforcement
2. Long range planning and proactive planning for the physical aging of the Community
3. Evaluation of how Community Enhancement Funds are utilized to ensure the distributions are leveraged to benefit current Grayhawk residents and properties.

How will your life skills and work experience help contribute to the Board/ Community achieving these priorities?

As a long time Business Professional (now retired), where I focused primarily on operational aspects of hospitality and leisure, construction, and finance, I will bring diverse knowledge to the Board and Community.



Why should we vote for you?

As an original resident of Grayhawk, I bring the long-term pride of ownership, long-term knowledge of the area, as well as the unyielding quest for quality, all of which will support the priorities of the Board.

I have enjoyed working with the Grayhawk Association Staff and Board members while on Committees over the years and believe I can be an asset to an already excellent Board of Directors.

David Van Omen

Full-time Coventry at Grayhawk resident for 24 Years

Have you served on any committees or Boards of the Grayhawk Community?

Yes

If yes, please list which one(s) below:

I am currently the President of the Grayhawk Community Association Board of Directors and have served on the Board of Directors for the past 10 years in addition to several other terms over the years. I am currently Chairman of the Development Committee and Executive Committee.

Have you served on any committees or Boards of any other associations or organizations in the past?

Yes

If yes, please list which one(s) below:

Committees at Pinnacle Peak Country Club

How many Grayhawk Community Association Board Meetings have you attended in the past two years? (0, 1-4, or 5+)

5+

What specific projects would you like to see the Board address in the coming year?

We have a large quantity of funds in our Enhancement Fund. I would like that those funds be put to the very best use to make sure the Grayhawk community maintains its appeal to prospective homeowners.

What do you think the Board's / Community's top three priorities should be?

1. Community Enhancement Fund spending.
2. Continue to enhance the new website/Portal so that it will attract residents and non-residents.
3. Continue with the guardhouse renovation project.
4. Complete the Audio/Visual capabilities in the meeting room so that residents will have a great experience for those that choose to attend virtually.



Grayhawk Community Association 2020 Board of Director Candidates

How will your life skills and work experience help contribute to the Board/ Community achieving these priorities?

I have served on the Grayhawk Board and various committees since about 2002. Being a Realtor that specializes in the Grayhawk community allows me to give great incite on many of the Board's monthly decisions.

Why should we vote for you?

My wife Debi and I built our home in Grayhawk in 1997. We love this community and don't ever plan on leaving. We raised our two boys here and have many great friends who live in the community. I want to see Grayhawk maintain its position in the city as THE destination community to live in.

Richard Zielinski

Full-time Pinnacle resident for 22 years

Have you served on any committees or Boards of the Grayhawk Community?

Yes



If yes, please list which one(s) below:

- Current Secretary of the Grayhawk Community Association Board of Directors
- Chairman of the Grayhawk Operational Review Committee
- Member of the Grayhawk Community Enhancement Committee

Have you served on any committees or Boards of any other associations or organizations in the past?

Yes

If yes, please list which one(s) below:

Having been a U.S. Army veteran, I am a past member of the American Legion. Having been a school administrator, I served on many school and school district committees. I was in charge of administrating a REMS Grant through the US Department of Education, which also consisted of committee meetings with Scottsdale and Phoenix police and fire departments, Homeland Security, and other school districts. The grant dealt with assessing and initiating safety programs in PVUSD.

How many Grayhawk Community Association Board Meetings have you attended in the past two years? (0, 1-4, or 5+)

5+

What specific projects would you like to see the Board address in the coming year?

My wife and I have been very happy with the positive evolution of our Grayhawk community. I wish to assist in growing the enthusiasm about programs/events offered. I would work with the residents to continue the quality of life offered and maintain the communication with all who live in Grayhawk.

What do you think the Board's / Community's top three priorities should be?

1. Safety of all residents.
2. Keeping cost of maintenance and programs within allocated budget.
3. Offering help to any resident in need of assistance. Possibly develop a program where volunteers could assist with rides to doctor's office, grocery store, etc.

How will your life skills and work experience help contribute to the Board/Community achieving these priorities?

Having been an educator for thirty-three years, primarily as a high school administrator, I have had to work within a budget, be creative and work with young students and adults alike. I have worked with many school districts, as well as state and federal agencies which beneficial to all. I have been successful and I believe I have grown as a person. I believe I have made a positive impact on those with whom I have come in contact and afforded me an opportunity to know, first hand, the workings of government and how to complete tasks.

Why should we vote for you?

I am a person who will work well with others, but I am also a person who will stand by a belief. I will see projects through to fruition. I will research items brought before the board, seek input from and communicate with residents of the community, and make decisions which will hopefully benefit all.

Retreat Village Association 2022 Board of Director Candidates

Jim Ball

Full time Crown Point resident for 25 years

Have you served on any committees or Boards of the Grayhawk Community?

Yes

If yes, please list which one(s) below:

I have served on the Election Committee for the last seven years and currently am the board secretary for the Crown Point Association.

Have you served on any committees or Boards of any other associations or organizations in the past?

No

If yes, please list which one(s) below:

How many Grayhawk Community Association Board Meetings have you attended in the past two years? (0, 1-4, or 5+)

1-4

What specific projects would you like to see the Board address in the coming year?

We have a mature community that has been well maintained and I would like to contribute to the continued high quality environment in which we live.

What do you think the Board's / Community's top three priorities should be?

1. Fiscal responsibility
2. Maintain a proactive approach both with association maintained elements as well as surrounding development
3. Renewed interaction with city of Scottsdale representatives

How will your life skills and work experience help contribute to the Board/Community achieving these priorities?

I spent 40 years in sales interacting with various demographics with both large and small retail operations. Since retirement I have been very active with the city planning and zoning commission observing and learning processes within our city.

Why should we vote for you?

As an original owner I have a deep invested interest in this community and I have the time and availability to participate fully.



Richard Fowler

Full-time Renaissance resident for 18 years

Have you served on any committees or Boards of the Grayhawk Community?

No

If yes, please list which one(s) below:

Retreat Village Association Board of Directors since 2014
Grayhawk Architectural Review Committee

Have you served on any committees or Boards of any other associations or organizations in the past?

Yes

If yes, please list which one(s) below:

- Mountain View Homeowners Association

How many Grayhawk Community Association Board Meetings have you attended in the past two years? (0, 1-4, or 5+)

1-4

How will your life skills and work experience help contribute to the Board/Community achieving these priorities?

After graduating from the University of Arizona in 1971, I commenced active duty with the US Air Force at Williams Air Base near Mesa. Over the next seven years, I flew as a fighter pilot and an instructor pilot, and was subsequently hired by American Airlines to fly domestic and international routes. I also earned an MBA, served as a training and engineering consultant to various industrial concerns and performed the duties of an HOA Board President at my last community in central Phoenix. Also, after retiring in 2010, I completed a twelve year stint as a volunteer and member of the Planning Board for the Phoenix Film Festival."

Why should we vote for you?

In 2004, my wife, Sherry and I purchased a new home in Grayhawk's Renaissance Community (the last of 21 houses that we have occupied over the past 51 years.) Simply put, we have no intention of leaving this exceptional community and every desire of keeping it that way. With my varied and professional experience, I sincerely believe that I could contribute to the well-being and continuing enhancement of the Grayhawk family.





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March 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 ARC Mtg. 4:30 p.m. GCA Office	2	3	4	5
6 Bike Pop-Up Shop 9 a.m. 78th Way and 78th Pl.	7 GCA and RVA Board Mtg. 5:30 p.m. Talon Room	8	9	10	11	12 Shredding Event 9 a.m. 7940 E. Thompson Peak Pkwy.
13	14	15 ARC Mtg. 4:30 p.m. GCA Office	16 New Resident Orientation 5:30 p.m. Via Zoom	17	18	19 Yoga in the Park 9 a.m. Grayhawk Greebelt
20	21	22 GCA and RVA Annual Mtg. 6 p.m. Fairway House	23 Single Sippers 5:30 p.m. Quill Creek Café	24 Food Truck Night 5 p.m. 78th Pl. and 78th Way	25	26 Garage Sale 7 a.m.
27	28	29	30 Rattlesnake Solutions 5:30 p.m. Talon Room	31	WHO TO CALL ROVING PATROL (480) 502-7685 GRAYHAWK ASSOCIATION (480) 563-9708 SCOTTSDALE POLICE (480) 312-5000	



HEALTHY HINTS: Yoga – Primary Benefits & Misconceptions

By Tina Uphoff, Grayhawk resident, Certified Personal Trainer, Group Fitness Instructor, Yoga Instructor, Yoga for Golfers Instructor & Health Coach

Yoga has become one of my most efficient and effective workouts over the years for improving my overall strength and fitness level. Since then, I have become more mindful, and I have cultivated a greater sense of calm in today's busy world. I recently finalized two yoga certifications including my 200-hour yoga teacher trainer and a yoga certification specific to golfers. I'm a firm believer in the benefits of doing yoga and am passionate about sharing the practice with others. However, there are many barriers to starting to practice yoga, so I have highlighted some key benefits and misconceptions of yoga, as well as common types of yoga to get you started.



Benefits of Yoga

As cited by Johns Hopkins Medicine¹ yoga can:

1. Improve strength, balance, and flexibility
2. Help with back pain relief
3. Ease arthritis symptoms
4. Benefit heart health
5. Relax you to help you sleep better
6. Increase energy and improve your mood
7. Help manage stress

Misconceptions of Yoga

1. **Yoga belongs to one religion** – Yoga incorporates the body, mind and soul and is not tied to any one religion.
2. **Yoga is only body postures** – Yoga is more comprehensive and is based on certain principles that start with body, but also incorporates mindfulness and looking within yourself.
3. **You need to be flexible to do yoga** – Yoga includes various poses to help with flexibility, especially as our bodies become more rigid with age. Yoga should be a combination of strength, balance, flexibility, and concentration.
4. **Yoga is only for young people** – Yoga is for all ages and bodies. As people age, it's more and more important to work on strength, balance, and flexibility. Yoga is a perfect activity to improve in those specific areas.
5. **Yoga is time consuming** – Yoga is an extremely flexible practice. Just like any other type of health/fitness routine, it can be done as little as 10-15 minutes. Like any fitness routine, you should increase your time dedicated to continue to see further benefits.

Common Types of Yoga

There are a lot of different types of yoga. The ones below are typical yoga classes you may find in your community.

1. **Hatha Yoga** – This is the most popular form of yoga with a focus on body awareness, breathing, and meditation.
2. **Vinyasa Yoga** – This yoga practices ties breath to movement in a series of sequences.
3. **Yin Yoga** – Yin is a passive yoga practice in which you hold poses for 3-5 minutes to work into the deeper layers of the body.
4. **Ashtanga Yoga** – This yoga is the most demanding physically and has a set sequence of postures to improve strength and flexibility.
5. **Restorative Yoga** – This is a restful practice that holds yoga poses for a longer duration using various props such as a yoga block, blanket, and pillow. The intent is to get into a very relaxed state to release tension from the mind and body.

It's exciting to see that yoga is becoming more and more popular. Due to the primary benefits, there are more sports teams and professional athletes that are incorporating yoga into their regular fitness regimen. Having lived with an avid golfer and starting to golf myself, I am seeing the benefits of yoga first-hand. I plan to expand further on golf and yoga in an upcoming article to share some of these learnings.

It's early in the year and now is a great time to try something new. If you want further guidance on finding a yoga style that's right for you, please feel free to contact me. I'm passionate about the many benefits of yoga and want to assist in breaking down any barriers to getting started.

Have a healthy start to the year,

Tina

Cell: 612.720.3596 Email: tina@tinahealthcoach.com





Source ¹ – 9 Benefits of Yoga, Johns Hopkins Medicine.

Retrieved from <https://www.hopkinsmedicine.org/health/wellness-and-prevention/9-benefits-of-yoga>



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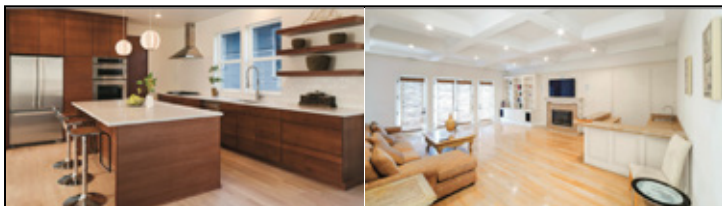


Identity Theft Awareness

By Scottsdale Police Department

What Can I Do to Protect Myself and My Family from Identity Theft?

- Request a copy of your free Credit Report yearly at annualcreditreport.com to check for inconsistencies.
- Shred any and all documents with personal information. Visit Shred It | POSA (myposa.org) for monthly Shred Events in Scottsdale.
- Even if you have an accountant, you should be looking at your various finances regularly.
- Never give out your social security number, date of birth, or any credit card numbers unless you know exactly who you are talking too.
- Never click on a link if you don't know where it came from, this is how scammers get remote access to your computer.
- Before getting rid of an old computer, cell phone or tablet, make sure to delete your personal data.
- Remember, public Wi-Fi is NOT secure, use your cellular data.
- Never use the same password for multiple accounts.
- Make sure children are not creating usernames in games with their full names and/or birthdates.
- File those tax returns as soon as possible before someone else does
- Make sure to open all mail: Many companies send letters to verify if an account was opened intentionally or not.
- Consider signing up for credit alerts, monitoring or even a credit freeze if you have no intention of making any large purchases or loans in the upcoming future.



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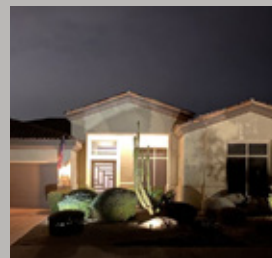
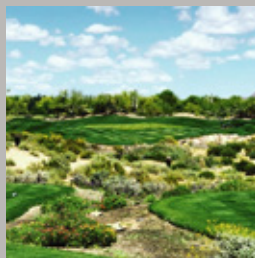
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As a resident of Grayhawk, I know the unique appeal of the neighborhood. As a Scottsdale, AZ native with over 20 years of real estate experience, I take great pride in the relationships formed and the community I serve.

Feel free to stop by and say hi as you see us at some of your favorite local Grayhawk spots!

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Plant It Forward

The Grayhawk Landscape Committee works alongside DLC Resources, the community landscape vendor, to envision and manage the common area landscaping. Over the past two years they have come up against a number of challenges, including but not limited to rising plant cost and supply chain issues, making common area landscaping improvements difficult.

Not knowing when these challenges may subside, the committee members and DLC representatives put their heads together and came up with a plan to replace and add plant life, all while engaging YOU- the Grayhawk resident. The program is called Plant It Forward, and it could potentially offer some huge benefits to the Association.

The idea is simple: Grayhawk homeowners can propagate plants in their own yards and donate them to the Association for DLC to use throughout the community during the spring planting season. Agave, prickly pear cactus, fire stick...all examples of desert plants that

an owner can easily remove pieces of to be grown throughout the community!

The program will kick off this month, with DLC setting up donation stations throughout Grayhawk where you can drop off your plants. From there, DLC will identify areas in need of additional plant life and, viola! Free, accessible desert landscaping for your community. Donations can be dropped off in a box Monday, March 28 and Tuesday, March 29 by 1 p.m. at any of the following locations.

- Monterey Park Tot Lot- E. Whistling Wind Way and N. 74th Way
- Windsong Mailbox- E. White Tail Way and N. 76th Way
- Peregrine Pool (for Retreat Village residents only)- E. Angel Spirit Way and N. 82nd Way
- Los Vientos Pool (for Retreat Village residents only)- E. Windwood Ln. and N. 81st Pl.

If you aren't sure how to go about propagating a plant, you're in luck! Landscape Committee Chairperson Arlene Smith and resident plant guru Victoria Kauzlarich (author of "Our Desert, Our Home" each month in The Grayhawk Flight) created a "how to" video walking viewers through the easy steps of propagating various desert plants. To view the video, simply visit the Grayhawk YouTube channel at [YouTube.com/AZGrayhawk](https://www.youtube.com/AZGrayhawk).

The Landscape Committee and DLC Resources hope that this program will grow year after year and that every spring, residents will get outside to enjoy the warm March sun on their face as they Plant It Forward.

If you aren't sure what type of plants you can donate, or have any other questions about this program, feel free to call the GCA Office at 480-563-9708.



Still Sweet and Salty

By Lori Bosch and daughter,
Stephanie, Cachet at Grayhawk

Writing this recipe column for the past six years has been a joy! So it's a little sad for me to share that this is going to be our last column. I don't think that I ever mentioned that I am obsessed with pickleball! Recently my pickleball partner and I started a pickleball apparel and accessory business called **jojo+lo** and it's taking off quickly. Now that I'm helping to design pickleball graphic tees, writing a blog for **jojo+lo**, attending tournaments all over the country, and posting on social media etc., I don't have as much time to cook or write anymore!

I thought it would be nice to wrap this up, where it all began. It was actually Steph who came up with the name *Still Sweet and Salty* for an Instagram page where she shared her favorite healthy recipes. When we started writing this column we thought it was the perfect name because we love making savory foods and also sweet treats.

This month I am sharing Steph's protein truffle recipe and they are so ridiculously easy to make that I'm not even sure if it qualifies as a recipe! They are also delicious, sweet, full of nutrients, and perfect for anyone on the go. Kids and teens love them for breakfast, lunch or snacks. I know I love to have them on



STEPH'S FIVE-MINUTE PROTEIN TRUFFLES

Prep time: 10 minutes

Servings: 10-12 balls

Ingredients:

- ¼ cup vanilla protein powder
- 1 cup quick oats
- 2 tablespoons honey
- ½ cup peanut butter (or any nut butter)
- Optional: chopped nuts or finely chopped dried fruit cherries, raisins, apricots, etc.
- Toppings:
- unsweetened flake coconut, cocoa, chopped nuts

Instructions:

1. In a large mixing bowl, combine oatmeal and protein powder.
2. Stir in peanut butter and honey and mix well.
3. Refrigerate bowl for 30 minutes to firm it up.
4. Scoop with spoon and form small balls in hand.
5. Keep chilled until eaten.

hand during pickleball tournaments for a quick boost of energy. You can add your favorite chopped nuts for some crunch, and dried chopped cherries or raisins to add a burst of flavor. We rolled ours with unsweetened flaked coconut and cocoa.

We want to thank you for your requests, feedback, kind emails, and the recipes and stories you have shared with us over the years. We have truly enjoyed our interactions with all of you. Please don't hesitate to jot down my email address, boschl@me.com and contact me if you ever have a need for one of the 56 recipe columns we wrote, or if you ever have any questions regarding anything you are cooking. Special thanks to my sweet daughter Steph ~ who is getting married this month! We have made so many fun memories cooking our treasured recipes together and I know we have many more fun and times ahead in the kitchen.

We want to leave you with one last thought...always, always, always cook what you love with those you love for everyone you love. A home-cooked meal is food for the heart and soul and it doesn't have to be perfect ~ it should just bring everyone together. Oh, and if you haven't tried pickleball yet--give it a try, it's a blast!



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Sip and Tell

By Sue Lukenbill, Encore Resident

You might remember from reading my March articles over the years, that March is one of my favorite months because of all of the St. Patty celebrations.

'Tis a great month to celebrate my Irish heritage. So, it is "*Faith and Begorrah*" which is the Irish equivalent of an American saying, "by golly" or "by gosh." So, hello March!

We look forward to March Madness and hopefully spring training (which seems iffy right now). Grayhawk also has a number of great spring events. Mark your calendar for Garage Sale on March 26, and don't forget about our Grayhawk Annual Meeting where we elect new members to the Board of Directors, being held March 22 at 5 p.m. in the Fairway House at the Grayhawk Golf Club.

This month Jennifer Sheets and I decided to visit **The Buzz**, a fun eatery in Kierland Commons. This fun counter-serve eatery opened in 2021. They serve breakfast fare, sandwiches, salads and coffee both inside and on their patio. The décor is very cute and it seems to be a great place for people watching.

The concept for **The Buzz Eatery & Treats** was developed with a wide demographic in mind — from those that are on-the-go to those looking to relax in a social setting with friends old and new. Whether working in or near the complex, shoppers stopping in for a retail therapy break, or those living in one of the multiple new vertical condos and apartments surrounding Kierland Commons, everyone can find something they love at **The Buzz Eatery & Treats**. At the **Buzz Eatery** you can order off of the menu, or grab food already prepackaged and ready for you to pick up any time of the day.

The menu choices include breakfast (served all day) including baked goods, Beeritos and the Stinger sandwich on croissant, as well as salads, sandwiches and bowls. They also feature a kids menu as well as wine, cocktails, coffee, tea, and an indulgent array of



homemade popsicles including "Adult Pops" which contain a "buzz" of alcohol. Their grab-and-go options include sandwiches, salads, protein balls, yogurt parfaits and more.

When Jennifer and I visited, I couldn't decide between a sandwich or the avocado toast, but ultimately ordered the **BEELT**. The sandwich featured Nueske's bacon, green leaf lettuce, fresh sliced tomatoes, Abby's mayo served sourdough bread. I chose chips as my side and had a diet coke. I can honestly say it might've been some of the best cooked bacon I've had! Jenn ordered the **Cobb Salad** with sliced smoked turkey, chopped Nueske's bacon, crisp romaine lettuce, sliced tomatoes and hardboiled egg served with their house made Ranch dressing. She had a black iced tea with her lunch and loved her salad. She has even mentioned it multiple times since we ate there. It must *bee* on her mind.

I'd encourage you to take advantage of the beautiful spring weather by grabbing a table on their street-side patio and enjoying a fresh lunch.

Enjoy the month of March and Happy St. Patrick's Day.

The Buzz Eatery & Treats

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Grayhawk Community Patrol	480-502-5078
Talon Guardhouse	480-502-7685
Raptor Guardhouse	480-502-5078
After Hours Answering Service	602-234-9288

UTILITIES

Southwest Gas	877-860-6020
City of Scottsdale Water	480-312-5650
City of Scottsdale Solid Waste	480-312-5600
APS	602-371-7171
Street Light Repair (SA/ ID prefix on pole)	602-371-7171

CITY OF SCOTTSDALE

Non-Emergency Police Department	480-312-5000
Fire Department Main Phone	480-312-8000
Police or Fire Emergency	911
Parks and Recreation	480-312-2771
Street Light Repair (SS prefix on pole)	480-312-5483

SCHOOLS

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Mountain Trail Middle School	602-449-4600
Pinnacle High School	602-449-4000
El Dorado Private School	480-502-6878

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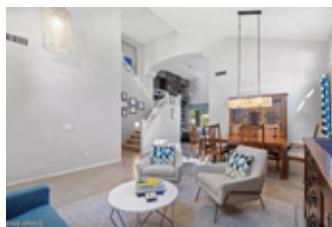
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Boys and Girls Club, Thunderbirds	480-538-9547
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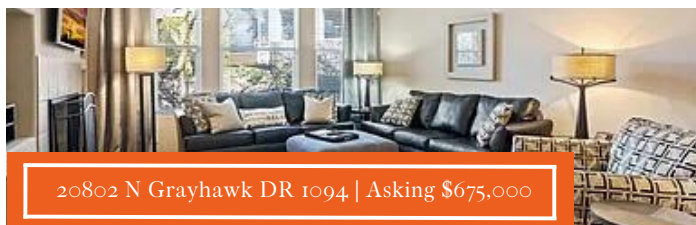
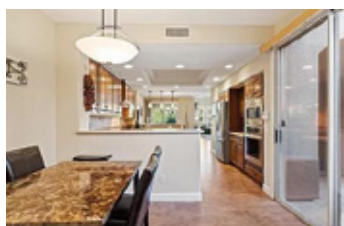


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